

# Are you interested in making a **real impact** in your community through **SERVICE?**

*community • impact • promote health • serve*

We're looking for **Calvert community members** to join us in finding out how to best promote **healthy practices** for our **youth and young adult populations.**



CALVERT COUNTY  
**HEALTH**  
DEPARTMENT

You can help **important health messages reach Calvert youth** in **innovative and important ways** by **reviewing health flyers and informational materials.**  
**We will meet once for two hours** at the Calvert Health Department in Prince Frederick.

For more information or to volunteer, contact Betsy Bridgett, RN at (410) 535-5400 EXT 351 or [Betsy.Bridgett@maryland.gov](mailto:Betsy.Bridgett@maryland.gov)