

PREVENT T2

A PROVEN PROGRAM TO PREVENT OR DELAY TYPE 2 DIABETES

Prevent T2 is a year-long, CDC recognized program that helps individuals lower their risk of developing Type 2 Diabetes

UPCOMING START DATES

Thursday, October 22, 2026 10:00 - 11:00AM
Calvert Internal Medicine Group, Prince Frederick

This program is covered by most insurances with no out-of-pocket costs. If you do not have insurance, you may be eligible to receive assistance for services at no or low cost to you.

How do I know if I qualify?

- Have a pre-diabetic diagnosis
- Have elevated blood sugar
- Take our risk assessment test (use QR code or weblink):

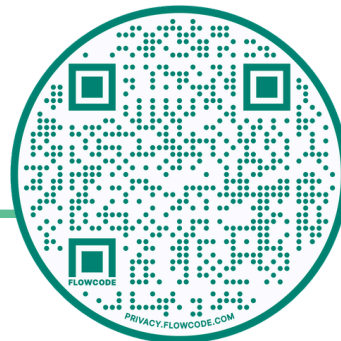
REGISTRATION REQUIRED

WAYS TO REGISTER:

Call 410-535-5400, X 514

Use QR CODE

visit www.calverthealth.org



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