### **Calvert County**

### Local Drug and Alcohol Abuse Council

2016-2018 Strategic Plan

Updated by: Doris McDonald Local Addictions Authority Calvert County

July 2017

**History:** The Calvert County Local Drug and Alcohol Abuse Council was established pursuant to Subtitle 10 of Title 8 of the Health-General Article. This legislation required each county to have a local alcohol and drug abuse council and to develop a local plan that includes the plans, strategies and priorities of the county in meeting identified needs of both the general public and the criminal justice system for alcohol and drug abuse evaluation, prevention and treatment services.

*Our Vision*: A safe and drug free Calvert County supportive of recovery.

**<u>Our Mission</u>**: To provide a comprehensive and collaborative continuum of care that promotes the health, resilience, and quality of life of our community members.

Accomplishing the goals and objectives is contingent upon receiving adequate funding.

#### **Guiding Principles:**

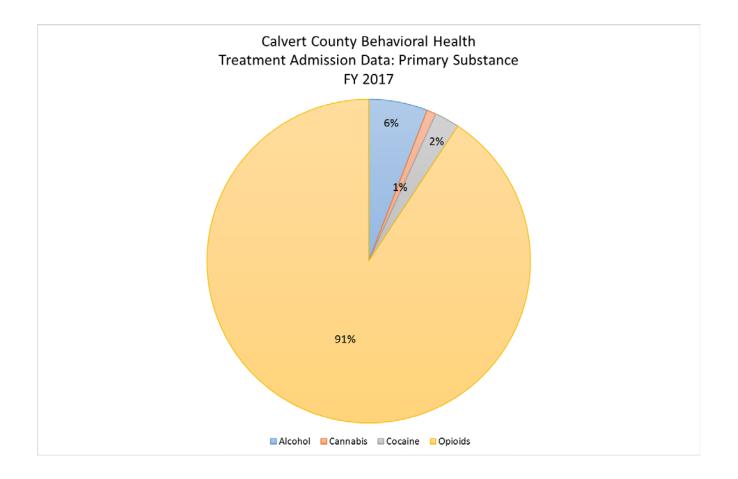
- 1. All goals and objectives incorporate evidence supported practices, are outcome driven and expect accountability.
- 2. Stakeholders are engaged in all goal areas.
- 3. Behavioral Health is inclusive of Substance Abuse and Mental Health.
- 4. All goals will consider the needs of special populations (e.g., homeless, young families, criminal justice).

#### Data Driven Analysis of Jurisdictional Needs:

- YRBS 2014
- Law Enforcement Data
- County/State Overdose Data
- Datalink
- Maryland Statewide Epidemiological Outcomes Workgroup(SEOW)
- Maryland Young Adult Survey on Alcohol (MYASA)
- MSPF 2 Needs Assessment
- Number of Medication Assisted Treatment clients for Calvert County
- Funding vs. need for detoxification, residential treatment, sober housing
- Kresge Grant outcomes data
- Maryland DHMH Overdose statistics
- Opioid Misuse Prevention Program NeedsAssessment
- (Hope to be able to use Beacon Health Options Data and Risk Needs Responsivity Simulation Tool data soon)

#### **Priorities:**

- 1. Prevention and Wellness
- 2. Overdose Prevention
- 3. Development of a Full and Collaborative Continuum of C



Goal 1: Reduce the potential negative consequences of the abuse/misuse of alcohol and other drugs and encourage the wellness of county residents through promotion, prevention and early intervention services and activities.

# Objective 1 Use a comprehensive prevention approach, including the application of universal, selective, indicated and environmental strategies, to reduce alcohol, tobacco and other drug related consumption and consequences.

#### Action Steps 1. Increase prevention program offerings.

Work to reduce youth access to and use of alcohol and other drugs through alliance with social service organizations, including DSS, behavioral health treatment providers, criminal/juvenile justice agencies, law enforcement and civic groups.
 Provide opportunities to educate the community on alcohol and other drugs through media campaigns, presentations and trainings.
 Conduct community forums/focus groups regarding alcohol and other drug abuse issues.

5. Continue the efforts of the Prescription Drug Abuse Abatement Council (PDAAC).

#### Key Person/Agencies Responsible

Calvert County Health Department, Calvert County Behavioral Health – Prevention, Calvert Alliance Against Substance Abuse, Inc. (CAASA), PDAAC, DSS, Maryland Strategic Prevention Framework (MSPF), Healthy Howard

#### **Outcomes/Performance Measure**

See Appendix A.

Progress 600,000 impressions on multimedia drug and alcohol awareness campaigns, including Geo Mapping, billboards (Prince Frederick and Dunkirk), radio ads, television, social media and direct mail distribution.

Over 800 Facebook followers on the Act Now Calvert Page with an average of 170 weekly impressions. Page content includes prevention, treatment, resource, recovery support and community event information.

Approximately 300 Calvert County 8<sup>th</sup> grade students were given OMPP presentations in partnership with Calvert County High School student health and social groups.

Approximately 200 students interacted during National Prevention Week.

Approximately 100 teenage participants interacted during Jr. Sheriff Camp '17

MSPF 2

# Objective 2 Maintain and enhance formal mechanism through which prevention agencies, providers and other groups coordinate actions.

Action Steps 1. Sub-committee to meet on best resource guide to use. (MDSCL selected)
 2. Explore additional ways to promote and coordinate prevention and provider organizations

3. Consolidate all information that can easily be updated on the Maryland Community Services Locator.

4. CMH and other agencies will provide a link to MDSCL on websites

#### Key Person/Agencies Responsible

Calvert County Core Services, LAA, CAASA, CMH Partners in Accountable Care Collaboration and Transitions (PACCT), Act Now Calvert

#### **Outcomes/Performance Measures**

Responses to MDSCL Responses to Unite Calvert Information Sharing Survey

Progress A collaborative partnership formed with Calvert Memorial Hospital and Calvert County Behavioral Health Prevention Services to update, revise, and better link community resources Goal 2: Decrease the number of overdose deaths in Calvert County through education, prevention, intervention and treatment methods.

### Objective 1 Educate the community as well as medical and behavioral health providers about overdose and opportunities for effective intervention.

- Action Steps
   1. Continue implementation of the Opioid Misuse Prevention Program (OMPP) grant
   2. Continue implementation of the Overdose Education and Naloxone Program (OENP) grant
  - 3. Continue to support community as well as targeted educational campaigns

4. Develop further outreach to area doctors and expand education on Prescription Drug Monitoring Program

5. Implement additional Naloxone training

#### Key Person/Agencies Responsible

PDAAC, CAASA, CCHD, CCBH, Unite Calvert, Maryland State Police, Calvert County Sheriff's Department, Calvert Core Service Agency, College of Southern Maryland, Local Addictions Authority (LAA), Calvert Memorial Hospital, Calvert County Public School System, Calvert County Detention Center

#### **Outcomes/Performance Measures**

OMPP outcome data OENP outcome data Maryland DHMH Overdose statistics

### Progress OENP Grant reports approximately 641 community members trained and certified for Naloxone usage

Calvert Memorial Hospital to begun to implement opioid free ED – 40% reduction in opioid administration

Calvert County has implemented an Overdose Fatality Review Team and reviewed 9 cases

Over 150 inmates in the Calvert County Detention Center trained on naloxone and given kits at release

Two CCBH staff to go to a Train the Trainer workshop, along with one Calvert County Sheriff's Office deputy and one co-chair of the Twin Beach Opioid Awareness Committee

Objective 2	Implement effective, evidence based treatment interventions and enhance access to treatment
Action Steps	<ol> <li>Expand and enhance MAT capacity (Vivitrol, buprenorphine, methadone)</li> <li>Encourage participation in the Prescription Drug Monitoring Program (PDMP)</li> <li>Increase outreach efforts to have people sign up for health insurance</li> <li>Target efforts to improve accessibility to buprenorphine and methadone treatment for pregnant women</li> <li>Address barriers to transportation</li> </ol>
Key Person/A	gencies Responsible
	CCHD – Medical Assistance Transportation, Healthy Beginnings, Healthy Howard, CAASA, CCBH, Calvert Core Service Agency, College of Southern Maryland, Local Addictions Authority (LAA), Calvert Memorial Hospital
Outcomes/Pe	rformance Measures
	GOCCP – MAT Grant Program outcomes
	GOCCP – RSAT/MAT Grant Program outcomes
	# of County residents funded for MAT Capacity of County to treat MAT patients
	cupacity of county to frede with patients
Progress	Bayside Recovery, an OTP, opened in December 2015 with capacity to treat with methadone and buprenorphine
	CCBH has 1 buprenorphine doctor - currently has a waiver up to 250 capacity for emergencies, permanent in October; and 2 nurse practitioners
	Carol Porto Treatment Center has 2 buprenorphine doctors – 100 cap limit per doctor with cap space available under both
Objective 3	Reduce the number of prescription drugs in the county by continuing to provide opportunities for the community to safely dispose of their unused and/or expired medications throughout the year.
Action Stone	1. Continue to hold Drug Take Backdove
Action Steps	<ol> <li>Continue to hold Drug Take Back days</li> <li>Maintain locations for county residents to dispose of medications safely.</li> </ol>
	3. Calvert Memorial Hospital plans to implement Opioid Free Emergency Department
Koy Porson/A	gencies Responsible
Rey Person/A	PDAAC, CAASA, CCHD, CCBH, Maryland State Police, Calvert County Sheriff's
	Department, Coalition of Calvert County Pharmacists, Comcast, CMH, LAA
Outcomes/Pe	rformance Measures
	Amount of discarded/unused medication collected.
Progress	Medication received: over 800 lbs. by Sheriff's Office, over 465 lbs. by State Police Cards distributed to all pharmacies on how to dispose of medications
	<b>8</b>   P a g

## Objective 4 Enhance outreach to high-risk individuals and communities. Provide education, referral and interventions where appropriate.

Action Steps 1. Continue to enhance education and treatment interventions for pregnant women.
 2. Continue to enhance education and early identification of problems in County schools. Find ways to expand on efforts begun by implementation of the Kresgegrant.
 3. Continue implementation of Governor's Office on Crime Control and Prevention grants related to Vivitrol.
 4. Continue implementation of Project Phoenix grant to reduce number of behavioral.

4. Continue implementation of Project Phoenix grant to reduce number of behavioral health readmissions to Calvert Memorial Hospital

#### Key Person/Agencies Responsible

CCHD – Healthy Beginnings, CCBH, LAA, CSA, individual providers, Calvert County Detention Center, Adult Treatment Court, District Court, Circuit Court, Parole and Probation, Calvert Memorial Hospital, PACCT, Calvert County Public School System, Calvert County Family Network

#### **Outcomes/Performance Measures**

Kresge Foundation grant outcome measures GOCCP MAT outcome measures GOCCP RSAT-MAT outcome measures Project Phoenix grant outcome measures

#### Progress

19 inmates received injections in jail 97 community injections administered by CCBH 15 community referrals have begun Vivitrol

#### FY 16:

FY 17:

26 inmates received injections in jail 101 community injections administered by CCBH 14 community referrals have begun Vivitrol

Project Phoenix grant has exceeded expected outcomes with 4470 Case Manager contacts through the end of April 2017

# Goal 3: Improve access and quality of services throughout the continuum of care.

Objective 1	Increase the number of behavioral health providers in Calvert County who are accredited.
Action Steps	1. Workgroups held on accreditation by BHA, Beacon.
•	2. All providers to be accredited by December 2017
Key Person/A	gencies Responsible
	LAA, CSA, individual providers, BHA, Beacon
Outcomes/Pe	rformance Measures
	Successful accreditation
Progress	CCBH was CARF accredited in September 2017
	Living Waters was CARF accredited in November 2016
	Project Chesapeake was CARF accredited in June 2017
	Carol Porto Treatment Center has the CARF survey on October 23 & 24 2017
	Bayside Recovery was JCAHO accredited in December 2016
Objective 2	Continue to enhance and expand services to provide an integrated continuum of evidence based, person centered treatment services.
Action Steps	1. Expand MAT capacity
	<ol> <li>Continue to use the Sequential Intercept Mapping Tool and other tools to identify service gaps</li> </ol>
	3. Develop jail re-entry program
	<ol> <li>Expand Adult Treatment Court</li> <li>Continue to expand integrated behavioral health services in Calvert CountyPublic</li> </ol>
	Schools
	<ol><li>Continue to provide funding as appropriate for inpatient and residential referrals at all levels of care and maintain contracts withproviders</li></ol>
	<ol> <li>Encourage local providers to accept MA</li> <li>Expand and enhance hospital-based services for Calvert residents withbehavioral health issues</li> </ol>
Key Person/A	gencies Responsible
,,	CCBH, LAA, CSA, individual providers, Calvert County Detention Center, Adult Treatment

CCBH, LAA, CSA, individual providers, Calvert County Detention Center, Adult Treatment Court, District Court, Circuit Court, Parole and Probation, Calvert Memorial Hospital, Project Phoenix staff, PACCT, SMCN, Calvert County Family Network

Outcomes/Pe	erformance Measures
	# of residents funded into residential treatment
	# of residents funded for buprenorphine treatment
	# of Adult Treatment Court participants and # who graduate
Progress	See Goal 2, Objective 2 for MAT expansion
	FY 15 Total: 45 unduplicated physician visits for buprenorphine
	FY 16 Total: 77 unduplicated physician visits for buprenorphine
	FY 17 Total: 42 unduplicated physician visits for buprenorphine
	Organization and development of LDAAC ad hoc workgroup to implement SIM and Stepping Up Initiative – Calvert County Action Plan
	BOCC signed Stepping Up Resolution January 2016
	CCDC, CCBH and Calvert County Family Network hosted a training on LSCMI
	for re-entry
	Received a CHRC grant for rational re-entry
	Adult Treatment Court capacity has increased to 80 with 6 to graduate in January 2018
	Crisis Intervention Teams still being considered
	SMCN has hired a regional behavioral health liaison
	Beginning Fall 2017, all Calvert County public schools have a co-occurring trained Behavioral Health Clinician on site.
	In FY 15: 60 unduplicated referrals for residential treatment
	FY 16: 102 unduplicated referrals for residential treatment
	FY 17: 64 unduplicated referrals for residential treatment
Objective 3	Expand and enhance the current system of recovery support services available
	to County residents
Action Steps	1. Plan a complete system of recovery services
·	<ol> <li>Recruit recovery support providers/volunteers/peers to increase spectrum ofcare</li> <li>Increase enrollment in MDRN</li> </ol>
Key Person/A	gencies Responsible
	CCBH, LAA, CSA, individual providers, Calvert County Detention Center, Adult Treatment
	Court, District Court, Circuit Court, Parole and Probation
Outcomes/Pe	erformance Measures
-	# of Wellness, Recovery Action Plans (WRAP) completed
	# of MDRN enrollees
	# of activities held at Barstow Recovery Support Center
	# of attendees at recovery events
Progress	Recovery Fest 2015, 2016, 2017 Recovery Event at Serenity Farms

Opened a structured recovery support center at CCBH. FY 16: 1058 Peer Encounters, 701 Unique/Original Peer Encounters, 2266 Recovery Support Outreach FY 17: 1876 Peer Encounters, 651 Unique Peer Encounters, and 1368 Recovery Support Outreach

FY 16: MDRN enrollees – 34, enrollment into State Care Coordination – 144 FY 17: MDRN enrollees – 18, enrollment into State Care Coordination - 96

### **APPENDIX A**

See attached.

### Calvert County Substance Abuse Prevention and Treatment Matrix 2017 (updated May 2017)

Prevention Education/	Law Enforcement/	Treatment	Recovery
Outreach	EMS, Fire and Rescue		
Activity name: "Let's Talk" Series Activity: Workshops focusing on topics of addiction, treatment and recovery. Agencies: CAASA, Calvert County Health Department, Prescription Drug Abuse Abatement Council, and Twin Beaches Opioid Misuse Committee	Activity Name: Adult Drug Court Activity: Adult treatment drug court for 100 adults Agencies: Calvert County Adult Drug Court; Calvert County Circuit Court; Calvert County State's Attorney, and Calvert County Health Department	Activity Name: Treatment and Support Group Resource List Activity: Provide a comprehensive resource list containing all treatment and support group resources in Calvert County. The list is updated twice a year and is distributed to local agencies, schools, doctors' offices, etc. Agencies: CAASA	Activity name: Let's Talk Series Activity: Workshops focusing on topics dealing with addiction and recovery. Agencies: CAASA, Calvert County Health Department, Prescription Drug Abuse Abatement Council
Activity name: Drug Awareness Activity: Sponsor drug awareness presentations and forums. Agencies: CAASA, Prescription Drug Abuse Abatement Council and Twin Beaches Opioid Misuse Committee	Activity Name: Resource Packets Activity: Distribute treatment and support group information to families of an overdose patient. Agencies: Sheriff's Office, Maryland State Police, Barrack "U", and local EMS, Fire and Rescue Squads.	Activity Name: Treatment Resource Card Activity: Pocket sized cards detailing 24/7 treatment info numbers and appropriate websites distributed to local law enforcement, community agencies, and doctors' offices. Agencies: CAASA	Activity name: Recovery Support Services Activity: Outreach Provides recovery support information and education to the general community, those in the process of recovery along with their family members and friends. Attends outreach events sponsored by the Calvert County Health Department, Calvert Alliance Against Substance Abuse, parent support groups, churches, the Wellness Center at CMH and Calvert County Health Department's Act Now Calvert Coalition. Agencies: Calvert County Health Department

Prevention Education/	Law Enforcement/	Treatment	Recovery
Outreach	EMS, Fire and Rescue		
Activity Name:	Activity Name: DARE	Activity name: Behavioral	Activity name: Recovery
Parent/Community Outreach	Activity: Provide D.A.R.E.	Health Treatment Services	Support Services
Activity: Host information	education to 6 <sup>th</sup> grade	Activity: Outpatient	Activity: RecoveryFest
tables at middle and high	students in the local public	treatment for behavioral	Calvert County's Behavioral
school open house events;	schools and for 5 <sup>th</sup> grade	health issues (substance use	Health Administration
freshman orientations, and	students in local private	disorders, mental health	sponsors the RecoveryFest
senior award programs;	schools.	disorders or co-occurring	every September in
provide prevention resource		disorders) for all ages.	recognition of National
packets to CCPS Student	Pilot afterschool D.A.R.E.	Includes Outpatient Mental	Recovery Month. This free
Services Office; host	program started at Mutual	Health Clinic, Intensive	family event promotes
information tables at Calvert	And Plum Point Elementary	Outpatient Treatment, and	prevention, treatment and
County Fair and community	for 5 <sup>th</sup> grade students.	Early Intervention.	recovery by recognizing the
health fairs throughout the		Agencies: Calvert County	gains made by those who
year.	Agencies: Calvert County	Health Department	have overcome mental and
Distribute overdose awareness	Sheriff's Office and CAASA	Contact: Dr. Sam Bauman	substance use disorders.
information cards at school			Agencies: Calvert County
sporting events.			Health Department
Distribute information pocket			
cards to parents at school			
events and parks & recreation			
events			
Host student athlete and			
parent assemblies at the high			
schools			
Agencies: CAASA, Calvert			
Memorial Hospital, Calvert			
County Health Department's			
Act Now Calvert Coalition			

Prevention Education/	Law Enforcement/	Treatment	Recovery
Outreach	EMS, Fire and Rescue		
Outreach Activity name: Prescription Drug Abuse Prevention Activity: Sponsor two Prescription Drug Take Back days per year. Held at the county's community centers, Sheriff's Office and MSP, Barrack "U" Agencies: CAASA, Calvert County Sheriff's Office, Maryland State Police, Barrack "U", and Calvert County Parks and Recreation Activity Name: Prescription Drop Box Promotion Activity: Provide drop-box reminder cards to local pharmacies, doctors and dentists and distribute through sobriety checkpoints. Agencies: CAASA Activity Name: Opioid overdose awareness and prevention Activity: Display opioid overdose awareness posters in all county parks and showing to the "Chasing the Dragon" Documentary at Flagship Cinemas with Q & A with FBI representative Agencies: CAASA, Calvert County Health Department Act Now Coalition and Calvert County Division of Parks of Recreation.	EMS, Fire and Rescue Activity name: Sobriety Checkpoints Activity: Conduct sobriety checkpoints on local roadways to educate residents to the dangers of impaired driving. Agencies: Calvert County Sheriff's Office and Maryland State Police	Activity name: School-based Behavioral Health, supported by a grant from the Kresge Foundation Activity: 2015-2016 School Year - Pilot program that expands upon our school- based mental health counseling service, which exists in all county public schools, by integrating substance use and mental health counseling. In three schools, licensed therapists employed by the health department offer integrated behavioral health counseling to meet the needs of middle and high school students. One therapist is at Calvert High full-time, one therapist is at Mill Creek Middle for 20 hours a week, and one therapist is at Southern Middle for 20 hours a week. Students can self-refer, or be referred to this program by parents, teachers, administrators, other school staff, the health department, or other community agencies. 2016-2017 School Year – The program expanded to all middle and high schools. Additional funding grant received from CAASA. Agencies: Calvert County Health Department, Calvert County Public Schools and CAASA	Activity name: Recovery Support Services Activity: Wellness Recovery Action Planning The Wellness Recovery Action Plan (WRAP) is an evidence based program used world- wide by people who are dealing with all kinds of health and life challenges to include mental health issues, substance use disorders, trauma and medical conditions such as diabetes, weight gain and pain management. Facilitators provide peer support and are trained to lead groups that meet the criteria of WRAP along with keeping the program recovery focused. The program is available to the community at no charge. Currently, there are WRAP groups in the local detention center, the Southern Maryland Community Network and in two of the county's sober houses, Sober Gals and Sober Gents. Agencies: Calvert County Health Department

Prevention Education/	Law Enforcement/	Treatment	Recovery
Outreach	EMS, Fire and Rescue		
Activity Name: Mini-grant Program Activity: \$4,000 in mini- grants funds are provided to local community groups and agencies to implement prevention strategies to their target audience. Agencies: CAASA	Activity Name: High School Drug Scans Activity: Execute drug scans with drug dogs inside the four high schools and student parking lots. Agencies: Calvert County Sheriff's Office	Activity name: Medication Assisted Treatment Activity: Buprenorphine and Vivitrol medication services available through Behavioral Health, either directly or with contracted providers in the county Agencies: Calvert County Health Department, contracted providers <u>Contact:</u> Dr. Sam Bauman	Activity name: Recovery Support Services Activity: Recovery Coaching Recovery coaches are certified through the Connecticut Community For Addiction Recovery (CCAR) and promote recovery by removing barriers and obstacles to recovery and serving as a personal guide and mentor for people seeking or already in recovery. This service is currently provided to community members at no charge. Agencies: Calvert County Health Department
Activity Name: Drug-free	Activity Name: Camp Junior	Activity name: Residential	Activity name: State Care
Workplace Trainings	Sheriff and Camp C.O.P.S.	Treatment Funding	Coordination Services
Activity: Hold drug-free	Activity: These camps are	Activity: Assessment of needs	Activity: Assist individuals by
workplace trainings for local	designed to mentor and	and evaluation for residential	educating them about the
businesses and provide local	teach children the discipline	funding available for county	supports and services offered
drug free workplace signs	required to live a healthy and	residents through Calvert	in the community at no or
Agencies: CAASA, Calvert	drug free lifestyle, foster	County Behavioral Health	low cost to increase their
County Health Department	positive relationships with	Agencies: Calvert County	overall well-being. Help the
and Calvert County Chamber of Commerce	the youth and instill confidence.	Health Department	individual in creating their
	Agencies: Calvert County	Contact: Dr. Sam Bauman	recovery plan. Communicate by telephone or in person
	Agencies. Calvert County Sheriff's Office and Maryland		meetings to offer support
	State Police, Barrack "U"		until the individual decides
	State Fonce, Barrack O		help is no longer needed.
			Agencies: Calvert County
			Health Department

Prevention Education/	Law Enforcement/	Treatment	Recovery
Outreach	EMS, Fire and Rescue		
	,	Activity name:Activity name:VivitrolProgramActivity:Identify and screeninmates at the Calvert CountyDetention Center to establishmedical qualifications (opioiddependency) to receiveVivitrol.Coordinate injectionwith Detention Center nurse.Setup Substance Abuse Intakeand request appropriateappointments with MentalHealth Services.Send lettersor place phone calls to clientwhen needed to ensurecompliance with treatment.Agencies:Calvert CountyHealth DepartmentActivity Name:OverdoseFatality Review TeamActivity:This multidisciplinaryteam funded by the OpioidMisuse Prevention Plan grant	Activity name: Maryland Recovery Net Services Activity: Identify and screen individuals with a substance use diagnosis for funding to obtain various services while being engaged in clinical or recovery support services. Funding can provide sober living housing, transportation passes, medical services, clothing, food, and toiletries. Communication is maintained for 6 months to ensure compliance is maintained. Agencies: Calvert County Health Department
impaired driving. <u>Agencies</u> : CAASA, Calvert County Public Schools, Calvert County Sheriff's Office, and Maryland State Police, Barrack "U"	group to tap into federal resources which are available for large/long term investigations <u>Agencies</u> : Calvert County Sheriff's Office	meets quarterly to review fatal overdose cases. The team identifies interventions, policies or procedures that could have prevented the death and makes recommendations for change accordingly. <u>Agencies:</u> Multiple agency participation; Coordinated by the Calvert County Health Department.	

Prevention Education/	Law Enforcement/	Treatment	Recovery
Outreach	EMS, Fire and Rescue		·
Activity Name: Speakers Bureau/Guest Speakers Activity: Provide a speakers list to CCPS health teachers to utilize when discussing alcohol and other drugs Partnership with the Calvert County Family Network to sponsor the "Teen Brain Training" presented by the Upside Down Organization. Agency: CAASA, Calvert County Family Network and CCPS	Activity Name: Sheriff's Office Open House Activity: A community event designed to foster a positive relationship with the youth and general public. Drug use is always the discussed. Tours of the Sheriff's Office, jail cells and support vehicles are part of the event. Agencies: Calvert County Sheriff's Office	Activity name: Naloxone Training Activity: There are two FY15 naloxone training initiatives. Each initiative offers free opioid overdose response education and naloxone kits to those who are at risk of experiencing and/or witnessing an opioid overdose. One initiative offers training to members of the public. The goal is to train 400 individuals in overdose response and equip them with naloxone during FY15. The target audiences are friends and family members of people who use drugs, people who are actively using or in treatment/recovery, and staff/volunteers who work with people who use drugs. The other initiative is a partnership with the Calvert County Detention Center to train inmates during incarceration and equip them with naloxone kits on release. The goal is to train 400 inmates through this initiative during FY15.	

Prevention Education/	Law Enforcement/	Treatment	Recovery
Outreach	EMS, Fire and Rescue		
Activity Name: Project	Activity Name: Overdose	Activity Name: Adult Crisis	
Graduation	Investigations	Intervention	
Activity: Alcohol-free and drug-	Activity: Drug Enforcement	Activity: Individuals with	
free event held on graduation	Unit Detectives/MSP	mental illness with or without	
night for the graduating seniors	Criminal Enforcement	co-occurring substance use	
from Calvert County's four	Division Detectives conduct	disorders from the five	
public high schools	follow-up investigations on	counties who are experiencing	
Agencies: CAASA, Calvert	all overdoses (fatal and non-	a short term psychiatric crises	
County Public Schools, Sheriff's	fatal) in an attempt to	and are eligible for the Public	
Office, and MSP, Barrack "U"	identify and arrest the	Mental Health system may be	
	source of heroin/pills. By	refereed to this program from	
	making an arrest it is	the Emergency Room. The	
	hopefully preventing	program connects individuals	
	additional overdoses from	to treatment, housing and	
	the same source.	benefits and cooperates with	
	Agencies: Calvert County	the partial hospital program at	
	Sheriff's Office and Maryland	CMH.	
	State Police, Barrack "U"	Agency: Southern MD	
		Community Network, Inc.	
Activity Name: Data Collection	Activity Name: Boy/Girl	Activity Name: School Based	
Activity: Use Youth Risk	Scout Tours	Mental Health and Substance	
Behavior Survey Data to	Activity: Provide local Boy	Abuse Funding	
determine targeted outreach to	and Girl Scout troops with	Activity: CAASA allocated	
youth population.	tour of the Sheriff's Office	\$12,000 to the Calvert County	
Agency: CAASA	Agencies: Sheriff's Office	Health Department to cover	
		the gap in funding for students	
		in need of behavioral health	
		services.	
		Agency: CAASA	
	Activity Name: Guest	Activity Name: Supported	
	Speakers	Employment Services	
	Activity: Officers speak	Activity: Program serves	
	throughout the county and in	individuals with mental health	
	the local schools on topics of	needs or co-occurring	
	alcohol and other drug use.	disorders to find employment	
	Agencies: Sheriff's Office	and coaching and follow along	
		services. Those eligible must	
		meet the priority population	
		of the State of MD Public	
		Mental Health System.	
		Agency: Southern MD	
		Community Net.	

Prevention Education/	Law Enforcement/	Treatment	Recovery
Outreach	EMS, Fire and Rescue		
Activity Name: Designated Driver Program Activity: Host Designated Driver sign-ups at Calvert Marine Museum concerts. Provide designated drivers with free water and sodas and an opportunity to win a \$50 Visa Gift Card; promote various other designated driver campaigns year round (December is Designated Driver Month, New Year's Eve, Super Bowl Sunday, St. Patrick's Day, July 4 <sup>th</sup> ); distribute alcohol free drink recipes; host a law enforcement DUI award ceremony and luncheon <u>Agencies:</u> CAASA	Activity Name: Community Partnerships Activity: Officers are members of the Prescription Drug Abuse Abatement Council; Calvert Alliance Against Substance Abuse, Inc.; D.A.R.E.; ACT Now Calvert, Calvert County Drug Court; Drug and Alcohol Abuse Council; and Tobacco Coalition Agencies: Calvert County Sheriff's Office and Maryland State Police	Activity Name: Psychiatric Rehabilitation Services Activity: This program serves individuals with severe psychiatric disorders or co- occurring disorders who are eligible for the Public Mental Health system. The program serves to link and connect individuals with services and also to formulate an individual recovery plan and works with that individual on goals related to recovery including improving skills for community based living, treatment compliance, medication monitoring and social skills. Agency: Southern Maryland	
Activity name: Youth Targeted Education Activity: Calvert County Middle School presentations in partnership with CCPS. Health Department personnel speak with students about prescription pain medications, the effects of abuse, as well as underage/binge drinking. Over 200 8 <sup>th</sup> grade students have attended the presentation. Agencies: Calvert County Health Department and CCPS <u>Agencies:</u> Calvert County Health Department's Act Now Calvert Coalition	Activity Name: School Liaison Program Activity: Five school liaison officers serve as mentors to students and attempt to lead them on the right path and away from drugs and alcohol. The officers divide their time between the middle and high schools. Agencies: Calvert County Sheriff's Office	Community Network, Inc. Activity Name: IHIP-C Activity: This grant based program serves children and youth under 18 years of age who are at risk of out of home placement due to their mental illness. Some youth in this program may have co- occurring substance use disorders. This program is home based focusing on family functioning and restoration of resiliency and community living skills. Agency: Southern Maryland Community Network, Inc.	

Prevention Education/	Law Enforcement/	Treatment	Recovery
Outreach	EMS, Fire and Rescue		
Activity name: Doctor, dentist and prescriber education Activity: Provide local doctors, dentists and pharmacists with information regarding the opioid abuse issue in Calvert County. Provide them with educational brochures and posters for the patients. Agencies: CAASA and Calvert County Health Department	Activity Name: Prescription Drop Box Program Activity: First Barrack in State of Maryland to offer a prescription drug drop off box. Used to properly and safely dispose of unwanted/unused prescription medications. Agencies: Maryland State Police		
Activity name: Prescriber Education Activity: The Calvert County Health Department sponsored a Prescriber Training in September 2016. The Scope of Pain training was provided by Boston University and covered safe and effective opioid prescribing practices, screening tools for determine patients risk of opioid misuse and how to counsel and refer patients to services if they are misusing their medications. The half day training offered 4.5 Continuing Medical Education Credits and 4.5 Continuing Nursing Education Credits. TRAING CANCELLED DUE TO LOW REGISTRATION. Agencies: Calvert County Health Department's Act Now Calvert Coalition	Activity Name: Prescription Drop Box Program Activity: Provide a 24/7 prescription drop off box at the Sheriff's Office. Was the first drop box established in the Southern Maryland Region. Agencies: Calvert County Sheriff's Office		

Prevention Education/	Law Enforcement/	Treatment	Recovery
Outreach	EMS, Fire and Rescue		
Activity name: Good Samaritan Law Awareness Campaign Activity: Promote the Good Samaritan Law through paid advertising and speaking engagements. A pocket card outlining the Good Samaritan Law with Opioid Overdose Response Information is being distributed at county treatment centers. These cards have also been given to law enforcement and EMS to distribute. The card is also distributed to each participant of the community based Naloxone training. Agencies: Calvert County Health Department's Act Now	Activity Name: NARCAN Program Activity: All road officers with the Calvert County Sheriff's Office and Maryland State Troopers in Calvert County have received training and been issued NARCAN to administer at the scenes of overdoses in an attempt to save lives. Agencies: Maryland State Police, Barrack "U", Calvert County Sheriff's Office		
Calvert Coalition <u>Activity name:</u> Overdose Prevention Marketing <u>Activity:</u> Educating the community on overdose prevention and response by distributing and publishing educational materials. These materials have been displayed at all 3 World Gym Locations, county agencies, treatment centers, social media and print media. <u>Agencies:</u> Calvert County Health Department's Act Now Calvert Coalition	Activity Name: SOLID (Sheriff's Office Helping Loved Ones in Distress) Activity: Designated members of the Sheriff's office visit the home of an overdose victim a day or two after the incident to share treatment and support group information with the person and/or their family. The objective is to provide information to those who survive an overdose in hopes that they will seek treatment. <u>Agencies:</u> Calvert County Sheriff's Office and CAASA		

Prevention Education/	Law Enforcement/	Treatment	Recovery
Outreach	EMS, Fire and Rescue		
Activity name: Guiding Good Choices Parenting Program at Calvert County Detention Center Activity: The Guiding Good Choices Parenting Program in an evidence based program that gives parents skills and strategies to reduce the likelihood that their children will abuse drugs and alcohol. This 5 week program is offered at no cost to inmates at the Detention Center.	Activity Name: Opioid Overdose and fatality data collection Activity: Gather local data on overdose and fatalities caused by opioid misuse and use data to target outreach. Agencies: Calvert County Sheriff's Office & CAASA Activity: Hired a Drug Intelligence Program Coordinator Agencies: Calvert County		
Agencies: Calvert County	Sheriff's Office		
Health Department			
Activity name: Training for	Activity Name: Calvert		
Intervention Procedures <u>Activity:</u> The Training for Intervention Procedures Program (TIPS) is a one-hour program for high school students that provides the skills and strategies necessary to safely and effectively navigate difficult situations with alcohol. <u>Agencies:</u> Calvert County Health Department	County Neighborhood Watch Program <u>Activity</u> : Participate in monthly Neighborhood Watch Meetings to share local crime and drug trends. <u>Agencies:</u> CAASA, Sheriff's Office and Maryland State Police, Barrack "U"		
Activity name: Partnership with Calvert County Public Schools Activity: Provide in-service trainings for middle and high school health teachers on resources and support for teaching substance abuse prevention material. Agencies: Calvert County Health Department	Activity Name: Neighborhood Watch Training Activity: Hold community- wide trainings twice a year or as requested. Agencies: CAASA, Calvert County Sheriff's Office		

Prevention Education/	Law Enforcement/	Treatment	Recovery
, Outreach	EMS, Fire and Rescue		'
Activity name: Calvert County			
Public Schools Health			
Curriculum and Red Ribbon			
Week activities.			
Activity: CCPS implements a			
systemic Health curriculum in			
grades K-12 which covers the			
topic of substance abuse			
prevention as well as many			
other health topics. Each			
school also promotes healthy			
living and substance abuse			
prevention during Red Ribbon			
Week by engaging students in			
activities that support these			
topics.			
Agencies: Calvert County			
Public Schools and CAASA			
Activity name: Calvert County			
Public Schools Department of			
Student Services			
Activity: CCPS hosts a "Middle			
School Summit" each year for			
selected middle school boys			
or girls to help students with			
the transition from middle			
school to high school. Topics			
include: decision making,			
transition, getting involved in			
school activities, substance			
abuse prevention, etc.			
Agencies: Calvert County			
Public Schools and CAASA			

OutreachEMS, Fire and RescueActivity name: General Community Outreach	Prevention Education/	Law Enforcement/	Treatment	Recovery
Activity name:       General         Community Outreach       Activity:         Provide substance abuse       prevention information at         prevention information at       events annually throughout         Calvert County.       Agencies:         Calvert County Health       Department and CAASA         Activity Name:       First         Responder Resource Packets       First		EMS, Fire and Rescue		
Activity:       Provide treatment         and support group info       packets to first responders to         be given to family or patient       when responding to an         overdose or drug related call.       Agencies:         Agencies:       CAASA	Activity name: General Community Outreach Activity: Provide substance abuse prevention information at events annually throughout Calvert County. Agencies: Calvert County Health Department and CAASA Activity Name: First Responder Resource Packets Activity: Provide treatment and support group info packets to first responders to be given to family or patient when responding to an overdose or drug related call.	EMS, Fire and Rescue		

Prevention Education/	Law Enforcement/	Treatment	Recovery
Outreach	EMS, Fire and Rescue		
Activity Name: Student			
Participation			
Activity: CAASA expanded			
their student membership on			
the Board of Directors from			
one student to one student			
from each high school.			
Agencies: CAASA and CCPS			
Activity Name: Targeted			
Overdose Outreach			
Activity: Use law			
enforcement overdose data to			
determine targeted outreach			
areas. Focus on high overdose			
areas and demographic			
showing the highest rate of			
overdoses.			
Agencies: CAASA & Calvert			
County Sheriff Office.			
Activity Name: TIPS/TAMS			
training			
Activity: The training program			
is made available to local			
alcohol retailers and			
restaurant personnel.			
Agency: Calvert County			
Health Department – Act Now			
Coalition			



Prepared by: Calvert Alliance Against Substance Abuse, Inc. Created March 2016 2nd update: May 2017