Calvert County
Local Drug and Alcohol Abuse Council

2016-2018 Strategic Plan

Updated by:
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Local Addictions Authority
Calvert County

July 2017
**History:** The Calvert County Local Drug and Alcohol Abuse Council was established pursuant to Subtitle 10 of Title 8 of the Health-General Article. This legislation required each county to have a local alcohol and drug abuse council and to develop a local plan that includes the plans, strategies and priorities of the county in meeting identified needs of both the general public and the criminal justice system for alcohol and drug abuse evaluation, prevention and treatment services.

**Our Vision:** A safe and drug free Calvert County supportive of recovery.

**Our Mission:** To provide a comprehensive and collaborative continuum of care that promotes the health, resilience, and quality of life of our community members.

> Accomplishing the goals and objectives is contingent upon receiving adequate funding.

**Guiding Principles:**

1. All goals and objectives incorporate evidence supported practices, are outcome driven and expect accountability.
2. Stakeholders are engaged in all goal areas.
3. Behavioral Health is inclusive of Substance Abuse and Mental Health.
4. All goals will consider the needs of special populations (e.g., homeless, young families, criminal justice).
Data Driven Analysis of Jurisdictional Needs:

- YRBS 2014
- Law Enforcement Data
- County/State Overdose Data
- Datalink
- Maryland Statewide Epidemiological Outcomes Workgroup (SEOW)
- Maryland Young Adult Survey on Alcohol (MYASA)
- MSPF 2 Needs Assessment
- Number of Medication Assisted Treatment clients for Calvert County
- Funding vs. need for detoxification, residential treatment, sober housing
- Kresge Grant outcomes data
- Maryland DHMH Overdose statistics
- Opioid Misuse Prevention Program Needs Assessment
- (Hope to be able to use Beacon Health Options Data and Risk Needs Responsivity Simulation Tool data soon)

Priorities:

1. Prevention and Wellness
2. Overdose Prevention
3. Development of a Full and Collaborative Continuum of Care
Calvert County Behavioral Health
Treatment Admission Data: Primary Substance
FY 2017

- Alcohol: 6%
- Cannabis: 2%
- Cocaine: 1%
- Opioids: 91%
Objective 1: Use a comprehensive prevention approach, including the application of universal, selective, indicated and environmental strategies, to reduce alcohol, tobacco and other drug related consumption and consequences.

Action Steps

1. Increase prevention program offerings.
2. Work to reduce youth access to and use of alcohol and other drugs through alliance with social service organizations, including DSS, behavioral health treatment providers, criminal/juvenile justice agencies, law enforcement and civic groups.
3. Provide opportunities to educate the community on alcohol and other drug through media campaigns, presentations and trainings.
4. Conduct community forums/focus groups regarding alcohol and other drug abuse issues.
5. Continue the efforts of the Prescription Drug Abuse Abatement Council (PDAAC).

Key Person/Agencies Responsible

Calvert County Health Department, Calvert County Behavioral Health – Prevention, Calvert Alliance Against Substance Abuse, Inc. (CAASA), PDAAC, DSS, Maryland Strategic Prevention Framework (MSPF), Healthy Howard

Outcomes/Performance Measure

See Appendix A.

Progress

- 600,000 impressions on multimedia drug and alcohol awareness campaigns, including Geo Mapping, billboards (Prince Frederick and Dunkirk), radio ads, television, social media and direct mail distribution.
- Over 800 Facebook followers on the Act Now Calvert Page with an average of 170 weekly impressions. Page content includes prevention, treatment, resource, recovery support and community event information.
- Approximately 300 Calvert County 8th grade students were given OMPP presentations in partnership with Calvert County High School student health and social groups.
- Approximately 200 students interacted during National Prevention Week.
- Approximately 100 teenage participants interacted during Jr. Sheriff Camp ‘17
Objective 2  Maintain and enhance formal mechanism through which prevention agencies, providers and other groups coordinate actions.

Action Steps
1. Sub-committee to meet on best resource guide to use. (MDSCL selected)
2. Explore additional ways to promote and coordinate prevention and provider organizations
3. Consolidate all information that can easily be updated on the Maryland Community Services Locator.
4. CMH and other agencies will provide a link to MDSCL on websites

Key Person/Agencies Responsible
Calvert County Core Services, LAA, CAASA, CMH Partners in Accountable Care Collaboration and Transitions (PACCT), Act Now Calvert

Outcomes/Performance Measures
Responses to MDSCL
Responses to Unite Calvert Information Sharing Survey

Progress  A collaborative partnership formed with Calvert Memorial Hospital and Calvert County Behavioral Health Prevention Services to update, revise, and better link community resources
Goal 2: Decrease the number of overdose deaths in Calvert County through education, prevention, intervention and treatment methods.

**Objective 1** Educate the community as well as medical and behavioral health providers about overdose and opportunities for effective intervention.

**Action Steps**
1. Continue implementation of the Opioid Misuse Prevention Program (OMPP) grant
2. Continue implementation of the Overdose Education and Naloxone Program (OENP) grant
3. Continue to support community as well as targeted educational campaigns
4. Develop further outreach to area doctors and expand education on Prescription Drug Monitoring Program
5. Implement additional Naloxone training

**Key Person/Agencies Responsible**
PDAAC, CAASA, CCHD, CCBH, Unite Calvert, Maryland State Police, Calvert County Sheriff’s Department, Calvert Core Service Agency, College of Southern Maryland, Local Addictions Authority (LAA), Calvert Memorial Hospital, Calvert County Public School System, Calvert County Detention Center

**Outcomes/Performance Measures**
OMPP outcome data
OENP outcome data
Maryland DHMH Overdose statistics

**Progress**

- **OENP Grant reports approximately 641 community members trained and certified for Naloxone usage**

- **Calvert Memorial Hospital to begun to implement opioid free ED – 40% reduction in opioid administration**

- **Calvert County has implemented an Overdose Fatality Review Team and reviewed 9 cases**

- **Over 150 inmates in the Calvert County Detention Center trained on naloxone and given kits at release**

- **Two CCBH staff to go to a Train the Trainer workshop, along with one Calvert County Sheriff’s Office deputy and one co-chair of the Twin Beach Opioid Awareness Committee**
Objective 2: Implement effective, evidence based treatment interventions and enhance access to treatment

Action Steps
1. Expand and enhance MAT capacity (Vivitrol, buprenorphine, methadone)
2. Encourage participation in the Prescription Drug Monitoring Program (PDMP)
3. Increase outreach efforts to have people sign up for health insurance
4. Target efforts to improve accessibility to buprenorphine and methadone treatment for pregnant women
5. Address barriers to transportation

Key Person/Agencies Responsible
CCHD – Medical Assistance Transportation, Healthy Beginnings, Healthy Howard, CAASA, CCBH, Calvert Core Service Agency, College of Southern Maryland, Local Addictions Authority (LAA), Calvert Memorial Hospital

Outcomes/Performance Measures
GOCCP – MAT Grant Program outcomes
GOCCP – RSAT/MAT Grant Program outcomes
# of County residents funded for MAT
Capacity of County to treat MAT patients

Progress
Bayside Recovery, an OTP, opened in December 2015 with capacity to treat with methadone and buprenorphine

CCBH has 1 buprenorphine doctor - currently has a waiver up to 250 capacity for emergencies, permanent in October; and 2 nurse practitioners

Carol Porto Treatment Center has 2 buprenorphine doctors – 100 cap limit per doctor with cap space available under both

Objective 3: Reduce the number of prescription drugs in the county by continuing to provide opportunities for the community to safely dispose of their unused and/or expired medications throughout the year.

Action Steps
1. Continue to hold Drug Take Back days
2. Maintain locations for county residents to dispose of medications safely.
3. Calvert Memorial Hospital plans to implement Opioid Free Emergency Department

Key Person/Agencies Responsible
PDAAC, CAASA, CCHD, CCBH, Maryland State Police, Calvert County Sheriff’s Department, Coalition of Calvert County Pharmacists, Comcast, CMH, LAA

Outcomes/Performance Measures
Amount of discarded/unused medication collected.

Progress
Medication received: over 800 lbs. by Sheriff’s Office, over 465 lbs. by State Police
Cards distributed to all pharmacies on how to dispose of medications
Objective 4  Enhance outreach to high-risk individuals and communities. Provide education, referral and interventions where appropriate.

**Action Steps**
1. Continue to enhance education and treatment interventions for pregnant women.
2. Continue to enhance education and early identification of problems in County schools. Find ways to expand on efforts begun by implementation of the Kresge grant.
3. Continue implementation of Governor’s Office on Crime Control and Prevention grants related to Vivitrol.
4. Continue implementation of Project Phoenix grant to reduce number of behavioral health readmissions to Calvert Memorial Hospital

**Key Person/Agencies Responsible**
CCHD – Healthy Beginnings, CCBH, LAA, CSA, individual providers, Calvert County Detention Center, Adult Treatment Court, District Court, Circuit Court, Parole and Probation, Calvert Memorial Hospital, PACCT, Calvert County Public School System, Calvert County Family Network

**Outcomes/Performance Measures**
- Kresge Foundation grant outcome measures
- GOCCP MAT outcome measures
- GOCCP RSAT-MAT outcome measures
- Project Phoenix grant outcome measures

**Progress**

**FY 17:**
- 19 inmates received injections in jail
- 97 community injections administered by CCBH
- 15 community referrals have begun Vivitrol

**FY 16:**
- 26 inmates received injections in jail
- 101 community injections administered by CCBH
- 14 community referrals have begun Vivitrol

Project Phoenix grant has exceeded expected outcomes with 4470 Case Manager contacts through the end of April 2017
## Objective 1
Increase the number of behavioral health providers in Calvert County who are accredited.

### Action Steps
1. Workgroups held on accreditation by BHA, Beacon.
2. All providers to be accredited by December 2017

### Key Person/Agencies Responsible
- LAA, CSA, individual providers, BHA, Beacon

### Outcomes/Performance Measures
- Successful accreditation

### Progress
- **CCBH was CARF accredited in September 2017**
- **Living Waters was CARF accredited in November 2016**
- **Project Chesapeake was CARF accredited in June 2017**
- **Carol Porto Treatment Center has the CARF survey on October 23 & 24 2017**
- **Bayside Recovery was JCAHO accredited in December 2016**

## Objective 2
Continue to enhance and expand services to provide an integrated continuum of evidence based, person centered treatment services.

### Action Steps
1. Expand MAT capacity
2. Continue to use the Sequential Intercept Mapping Tool and other tools to identify service gaps
3. Develop jail re-entry program
4. Expand Adult Treatment Court
5. Continue to expand integrated behavioral health services in Calvert County Public Schools
6. Continue to provide funding as appropriate for inpatient and residential referrals at all levels of care and maintain contracts with providers
7. Encourage local providers to accept MA
8. Expand and enhance hospital-based services for Calvert residents with behavioral health issues

### Key Person/Agencies Responsible
- CCBH, LAA, CSA, individual providers, Calvert County Detention Center, Adult Treatment Court, District Court, Circuit Court, Parole and Probation, Calvert Memorial Hospital, Project Phoenix staff, PACCT, SMCN, Calvert County Family Network
Outcomes/Performance Measures

# of residents funded into residential treatment
# of residents funded for buprenorphine treatment
# of Adult Treatment Court participants and # who graduate

Progress

See Goal 2, Objective 2 for MAT expansion
FY 15 Total: 45 unduplicated physician visits for buprenorphine
FY 16 Total: 77 unduplicated physician visits for buprenorphine
FY 17 Total: 42 unduplicated physician visits for buprenorphine

Organization and development of LDAAC ad hoc workgroup to implement SIM and Stepping Up Initiative – Calvert County Action Plan
BOCC signed Stepping Up Resolution January 2016
CCDC, CCBH and Calvert County Family Network hosted a training on LSCMI for re-entry
Received a CHRC grant for rational re-entry

Adult Treatment Court capacity has increased to 80 with 6 to graduate in January 2018
Crisis Intervention Teams still being considered
SMCN has hired a regional behavioral health liaison

Beginning Fall 2017, all Calvert County public schools have a co-occurring trained Behavioral Health Clinician on site.

In FY 15: 60 unduplicated referrals for residential treatment
FY 16: 102 unduplicated referrals for residential treatment
FY 17: 64 unduplicated referrals for residential treatment

Objective 3  Expand and enhance the current system of recovery support services available to County residents

Action Steps
1. Plan a complete system of recovery services
2. Recruit recovery support providers/volunteers/peers to increase spectrum of care
3. Increase enrollment in MDRN

Key Person/Agencies Responsible
CCBH, LAA, CSA, individual providers, Calvert County Detention Center, Adult Treatment Court, District Court, Circuit Court, Parole and Probation

Outcomes/Performance Measures

# of Wellness, Recovery Action Plans (WRAP) completed
# of MDRN enrollees
# of activities held at Barstow Recovery Support Center
# of attendees at recovery events

Progress
Recovery Fest 2015, 2016, 2017 Recovery Event at Serenity Farms
Opened a structured recovery support center at CCBH. FY 16: 1058 Peer Encounters, 701 Unique/Original Peer Encounters, 2266 Recovery Support Outreach
FY 17: 1876 Peer Encounters, 651 Unique Peer Encounters, and 1368 Recovery Support Outreach

FY 16: MDRN enrollees – 34, enrollment into State Care Coordination – 144
FY 17: MDRN enrollees – 18, enrollment into State Care Coordination - 96
APPENDIX A

See attached.
<table>
<thead>
<tr>
<th>Prevention Education/Outreach</th>
<th>Law Enforcement/EMS, Fire and Rescue</th>
<th>Treatment</th>
<th>Recovery</th>
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<tbody>
<tr>
<td><strong>Activity name:</strong> “Let’s Talk” Series</td>
<td><strong>Activity Name:</strong> Adult Drug Court</td>
<td><strong>Activity Name:</strong> Treatment and Support Group Resource List</td>
<td><strong>Activity name:</strong> Let’s Talk Series</td>
</tr>
<tr>
<td><strong>Activity:</strong> Workshops focusing on topics of addiction, treatment and recovery.</td>
<td><strong>Activity:</strong> Adult treatment drug court for 100 adults</td>
<td><strong>Activity:</strong> Provide a comprehensive resource list containing all treatment and support group resources in Calvert County. The list is updated twice a year and is distributed to local agencies, schools, doctors’ offices, etc.</td>
<td><strong>Activity:</strong> Workshops focusing on topics dealing with addiction and recovery.</td>
</tr>
<tr>
<td><strong>Agencies:</strong> CAASA, Calvert County Health Department, Prescription Drug Abuse Abatement Council, and Twin Beaches Opioid Misuse Committee</td>
<td><strong>Agencies:</strong> Calvert County Adult Drug Court; Calvert County Circuit Court; Calvert County State’s Attorney, and Calvert County Health Department</td>
<td><strong>Agencies:</strong> CAASA</td>
<td><strong>Agencies:</strong> CAASA, Calvert County Health Department, Prescription Drug Abuse Abatement Council</td>
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<td><strong>Activity name:</strong> Drug Awareness</td>
<td><strong>Activity Name:</strong> Resource Packets</td>
<td><strong>Activity Name:</strong> Treatment Resource Card</td>
<td><strong>Activity name:</strong> Recovery Support Services</td>
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<td><strong>Activity:</strong> Sponsor drug awareness presentations and forums.</td>
<td><strong>Activity:</strong> Distribute treatment and support group information to families of an overdose patient.</td>
<td><strong>Activity:</strong> Pocket sized cards detailing 24/7 treatment info numbers and appropriate websites distributed to local law enforcement, community agencies, and doctors’ offices.</td>
<td><strong>Activity:</strong> Outreach</td>
</tr>
<tr>
<td><strong>Agencies:</strong> CAASA, Prescription Drug Abuse Abatement Council and Twin Beaches Opioid Misuse Committee</td>
<td><strong>Agencies:</strong> Sheriff’s Office, Maryland State Police, Barrack “U”, and local EMS, Fire and Rescue Squads.</td>
<td><strong>Agencies:</strong> CAASA</td>
<td>Provides recovery support information and education to the general community, those in the process of recovery along with their family members and friends. Attends outreach events sponsored by the Calvert County Health Department, Calvert Alliance Against Substance Abuse, parent support groups, churches, the Wellness Center at CMH and Calvert County Health Department’s Act Now Calvert Coalition.</td>
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<td><strong>Agencies:</strong> CAASA</td>
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<td><strong>Agencies:</strong> CAASA, Calvert County Health Department</td>
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| **Activity Name:** Parent/Community Outreach  
**Activity:** Host information tables at middle and high school open house events; freshman orientations, and senior award programs; provide prevention resource packets to CCPS Student Services Office; host information tables at Calvert County Fair and community health fairs throughout the year. 
Distribute overdose awareness information cards at school sporting events. 
Distribute information pocket cards to parents at school events and parks & recreation events 
Host student athlete and parent assemblies at the high schools  
**Agencies:** CAASA, Calvert Memorial Hospital, Calvert County Health Department’s Act Now Calvert Coalition | | | |
| | **Activity Name:** DARE  
**Activity:** Provide D.A.R.E. education to 6th grade students in the local public schools and for 5th grade students in local private schools. 
Pilot afterschool D.A.R.E. program started at Mutual And Plum Point Elementary for 5th grade students.  
**Agencies:** Calvert County Sheriff’s Office and CAASA | **Activity name:** Behavioral Health Treatment Services  
**Activity:** Outpatient treatment for behavioral health issues (substance use disorders, mental health disorders or co-occurring disorders) for all ages. Includes Outpatient Mental Health Clinic, Intensive Outpatient Treatment, and Early Intervention.  
**Agencies:** Calvert County Health Department  
**Contact:** Dr. Sam Bauman | | |
| | | **Activity name:** Recovery Support Services  
**Activity:** RecoveryFest 
Calvert County’s Behavioral Health Administration sponsors the RecoveryFest every September in recognition of National Recovery Month. This free family event promotes prevention, treatment and recovery by recognizing the gains made by those who have overcome mental and substance use disorders.  
**Agencies:** Calvert County Health Department | | |
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| **Activity name**: Prescription Drug Abuse Prevention  
**Activity**: Sponsor two Prescription Drug Take Back days per year. Held at the county’s community centers, Sheriff’s Office and MSP, Barrack “U”  
**Agencies**: CAASA, Calvert County Sheriff’s Office, Maryland State Police, Barrack “U”, and Calvert County Parks and Recreation | **Activity name**: Sobriety Checkpoints  
**Activity**: Conduct sobriety checkpoints on local roadways to educate residents to the dangers of impaired driving.  
**Agencies**: Calvert County Sheriff’s Office and Maryland State Police | **Activity name**: School-based Behavioral Health, supported by a grant from the Kresge Foundation  
**Activity**: 2015-2016 School Year - Pilot program that expands upon our school-based mental health counseling service, which exists in all county public schools, by integrating substance use and mental health counseling. In three schools, licensed therapists employed by the health department offer integrated behavioral health counseling to meet the needs of middle and high school students. One therapist is at Calvert High full-time, one therapist is at Mill Creek Middle for 20 hours a week, and one therapist is at Southern Middle for 20 hours a week. Students can self-refer, or be referred to this program by parents, teachers, administrators, other school staff, the health department, or other community agencies.  
**2016-2017 School Year** – The program expanded to all middle and high schools. Additional funding grant received from CAASA.  
**Agencies**: Calvert County Health Department, Calvert County Public Schools and CAASA | **Activity name**: Recovery Support Services  
**Activity**: Wellness Recovery Action Planning  
The Wellness Recovery Action Plan (WRAP) is an evidence based program used worldwide by people who are dealing with all kinds of health and life challenges to include mental health issues, substance use disorders, trauma and medical conditions such as diabetes, weight gain and pain management. Facilitators provide peer support and are trained to lead groups that meet the criteria of WRAP along with keeping the program recovery focused. The program is available to the community at no charge. Currently, there are WRAP groups in the local detention center, the Southern Maryland Community Network and in two of the county’s sober houses, Sober Gals and Sober Gents.  
**Agencies**: Calvert County Health Department |

Activity Name: Prescription Drop Box Promotion  
**Activity**: Provide drop-box reminder cards to local pharmacies, doctors and dentists and distribute through sobriety checkpoints.  
**Agencies**: CAASA  

Activity Name: Opioid overdose awareness and prevention  
**Activity**: Display opioid overdose awareness posters in all county parks and showing to the “Chasing the Dragon” Documentary at Flagship Cinemas with Q & A with FBI representative  
**Agencies**: CAASA, Calvert County Health Department Act Now Coalition and Calvert County Division of Parks of Recreation.
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<td><strong>Activity Name:</strong> Mini-grant Program</td>
<td><strong>Activity Name:</strong> High School Drug Scans</td>
<td><strong>Activity name:</strong> Medication Assisted Treatment</td>
<td><strong>Activity name:</strong> Recovery Support Services</td>
</tr>
<tr>
<td><strong>Activity:</strong> $4,000 in mini-grants funds are provided to local community groups and agencies to implement prevention strategies to their target audience.</td>
<td><strong>Activity:</strong> Execute drug scans with drug dogs inside the four high schools and student parking lots.</td>
<td><strong>Activity:</strong> Buprenorphine and Vivitrol medication services available through Behavioral Health, either directly or with contracted providers in the county</td>
<td><strong>Activity:</strong> Recovery Coaching</td>
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<tr>
<td><strong>Agencies:</strong> CAASA</td>
<td><strong>Agencies:</strong> Calvert County Sheriff’s Office</td>
<td><strong>Agencies:</strong> Calvert County Health Department, contracted providers</td>
<td>Recovery coaches are certified through the Connecticut Community For Addiction Recovery (CCAR) and promote recovery by removing barriers and obstacles to recovery and serving as a personal guide and mentor for people seeking or already in recovery. This service is currently provided to community members at no charge.</td>
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<td><strong>Activity Name:</strong> Drug-free Workplace Trainings</td>
<td><strong>Activity Name:</strong> Camp Junior Sheriff and Camp C.O.P.S.</td>
<td><strong>Activity name:</strong> Residential Treatment Funding</td>
<td><strong>Agencies:</strong> Calvert County Health Department</td>
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<td><strong>Activity:</strong> Hold drug-free workplace trainings for local businesses and provide local drug free workplace signs</td>
<td><strong>Activity:</strong> These camps are designed to mentor and teach children the discipline required to live a healthy and drug free lifestyle, foster positive relationships with the youth and instill confidence.</td>
<td><strong>Activity:</strong> Assessment of needs and evaluation for residential funding available for county residents through Calvert County Behavioral Health</td>
<td><strong>Agencies:</strong> Calvert County Health Department</td>
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<td><strong>Agencies:</strong> CAASA, Calvert County Health Department and Calvert County Chamber of Commerce</td>
<td><strong>Agencies:</strong> Calvert County Sheriff’s Office and Maryland State Police, Barrack “U”</td>
<td><strong>Agencies:</strong> Behavioral Health</td>
<td><strong>Contact:</strong> Dr. Sam Bauman</td>
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<td><strong>Activity name:</strong> State Care Coordination Services</td>
<td><strong>Activity:</strong> Assist individuals by educating them about the supports and services offered in the community at no or low cost to increase their overall well-being. Help the individual in creating their recovery plan. Communicate by telephone or in person meetings to offer support until the individual decides help is no longer needed.</td>
<td><strong>Agencies:</strong> Calvert County Health Department</td>
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<td><strong>Activity:</strong></td>
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<td><strong>Contact:</strong> Dr. Sam Bauman</td>
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| **Activity Name:** National Awareness Campaigns  
**Activity:** Promote awareness campaigns throughout the county. They include: Talk They Hear You (Underage Drinking Prevention), Red Ribbon Week, Alcohol Awareness Month, National Prevention Week, National Drug Facts Week, Designated Driver Month, National Recovery Month, National Overdose Awareness Day  
**Agencies:** CAASA, Calvert County Health Department, Local Law Enforcement, Calvert County Public Schools | **Activity Name:** Drug Enforcement Unit  
**Activity:** Identifies and attempts to dismantle drug organizations and individual dealers from being able to operate within Calvert County. Arrests individuals involved in the use and distribution of controlled dangerous substances.  
**Agencies:** Calvert County Sheriff’s Office | **Activity name:** Vivitrol Program  
**Activity:** Identify and screen inmates at the Calvert County Detention Center to establish medical qualifications (opioid dependency) to receive Vivitrol. Coordinate injection with Detention Center nurse. Setup Substance Abuse Intake and request appropriate appointments with Mental Health Services. Send letters or place phone calls to client when needed to ensure compliance with treatment.  
**Agencies:** Calvert County Health Department | **Activity name:** Maryland Recovery Net Services  
**Activity:** Identify and screen individuals with a substance use diagnosis for funding to obtain various services while being engaged in clinical or recovery support services. Funding can provide sober living housing, transportation passes, medical services, clothing, food, and toiletries. Communication is maintained for 6 months to ensure compliance is maintained.  
**Agencies:** Calvert County Health Department |
| **Activity Name:** Mock Crash & Assembly  
**Activity:** Hold a mock crash and assembly at high schools to share the dangers of impaired driving.  
**Agencies:** CAASA, Calvert County Public Schools, Calvert County Sheriff’s Office, and Maryland State Police, Barrack “U” | **Activity Name:** HIDTA (High Intensity Drug Trafficking Area)  
**Activity:** Assigned a detective to DEA/HIDTA group to tap into federal resources which are available for large/long term investigations  
**Agencies:** Calvert County Sheriff’s Office | **Activity Name:** Overdose Fatality Review Team  
**Activity:** This multidisciplinary team funded by the Opioid Misuse Prevention Plan grant meets quarterly to review fatal overdose cases. The team identifies interventions, policies or procedures that could have prevented the death and makes recommendations for change accordingly.  
**Agencies:** Multiple agency participation; Coordinated by the Calvert County Health Department. | |
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| **Activity Name:** Speakers Bureau/Guest Speakers  
**Activity:** Provide a speakers list to CCPS health teachers to utilize when discussing alcohol and other drugs  
Partnership with the Calvert County Family Network to sponsor the “Teen Brain Training” presented by the Upside Down Organization.  
**Agency:** CAASA, Calvert County Family Network and CCPS | **Activity Name:** Sheriff’s Office Open House  
**Activity:** A community event designed to foster a positive relationship with the youth and general public. Drug use is always the discussed. Tours of the Sheriff’s Office, jail cells and support vehicles are part of the event.  
**Agencies:** Calvert County Sheriff’s Office | **Activity name:** Naloxone Training  
**Activity:** There are two FY15 naloxone training initiatives. Each initiative offers free opioid overdose response education and naloxone kits to those who are at risk of experiencing and/or witnessing an opioid overdose. One initiative offers training to members of the public. The goal is to train 400 individuals in overdose response and equip them with naloxone during FY15. The target audiences are friends and family members of people who use drugs, people who are actively using or in treatment/recovery, and staff/volunteers who work with people who use drugs. The other initiative is a partnership with the Calvert County Detention Center to train inmates during incarceration and equip them with naloxone kits on release. The goal is to train 400 inmates through this initiative during FY15.  
In FY16, the Health Department sponsored monthly Naloxone trainings at the local fire departments and community centers and provided trainings to other organization as requested. Over 1,000 residents were trained.  
**Agencies:** Calvert County Health Department |
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**Activity:** Alcohol-free and drug-free event held on graduation night for the graduating seniors from Calvert County’s four public high schools  
**Agencies:** CAASA, Calvert County Public Schools, Sheriff’s Office, and MSP, Barrack “U” | **Activity Name:** Overdose Investigations  
**Activity:** Drug Enforcement Unit Detectives/MSP Criminal Enforcement Division Detectives conduct follow-up investigations on all overdoses (fatal and non-fatal) in an attempt to identify and arrest the source of heroin/pills. By making an arrest it is hopefully preventing additional overdoses from the same source.  
**Agencies:** Calvert County Sheriff’s Office and Maryland State Police, Barrack “U” | **Activity Name:** Adult Crisis Intervention  
**Activity:** Individuals with mental illness with or without co-occurring substance use disorders from the five counties who are experiencing a short term psychiatric crises and are eligible for the Public Mental Health system may be refereed to this program from the Emergency Room. The program connects individuals to treatment, housing and benefits and cooperates with the partial hospital program at CMH.  
**Agency:** Southern MD Community Network, Inc. | |
| **Activity Name:** Data Collection  
**Activity:** Use Youth Risk Behavior Survey Data to determine targeted outreach to youth population.  
**Agency:** CAASA | **Activity Name:** Boy/Girl Scout Tours  
**Activity:** Provide local Boy and Girl Scout troops with tour of the Sheriff’s Office  
**Agencies:** Sheriff’s Office | **Activity Name:** School Based Mental Health and Substance Abuse Funding  
**Activity:** CAASA allocated $12,000 to the Calvert County Health Department to cover the gap in funding for students in need of behavioral health services.  
**Agency:** CAASA | |
| **Activity Name:** Guest Speakers  
**Activity:** Officers speak throughout the county and in the local schools on topics of alcohol and other drug use.  
**Agencies:** Sheriff’s Office | **Activity Name:** Supported Employment Services  
**Activity:** Program serves individuals with mental health needs or co-occurring disorders to find employment and coaching and follow along services. Those eligible must meet the priority population of the State of MD Public Mental Health System.  
**Agency:** Southern MD Community Net. | | |
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| **Activity Name:** Designated Driver Program  
**Activity:** Host Designated Driver sign-ups at Calvert Marine Museum concerts. Provide designated drivers with free water and sodas and an opportunity to win a $50 Visa Gift Card; promote various other designated driver campaigns year round (December is Designated Driver Month, New Year’s Eve, Super Bowl Sunday, St. Patrick’s Day, July 4th); distribute alcohol free drink recipes; host a law enforcement DUI award ceremony and luncheon  
**Agencies:** CAASA | **Activity Name:** Community Partnerships  
**Activity:** Officers are members of the Prescription Drug Abuse Abatement Council; Calvert Alliance Against Substance Abuse, Inc.; D.A.R.E.; ACT Now Calvert, Calvert County Drug Court; Drug and Alcohol Abuse Council; and Tobacco Coalition  
**Agencies:** Calvert County Sheriff’s Office and Maryland State Police | **Activity Name:** Psychiatric Rehabilitation Services  
**Activity:** This program serves individuals with severe psychiatric disorders or co-occurring disorders who are eligible for the Public Mental Health system. The program serves to link and connect individuals with services and also to formulate an individual recovery plan and works with that individual on goals related to recovery including improving skills for community based living, treatment compliance, medication monitoring and social skills.  
**Agency:** Southern Maryland Community Network, Inc. | |
| **Activity name:** Youth Targeted Education  
**Activity:** Calvert County Middle School presentations in partnership with CCPS. Health Department personnel speak with students about prescription pain medications, the effects of abuse, as well as underage/binge drinking. Over 200 8th grade students have attended the presentation.  
**Agencies:** Calvert County Health Department and CCPS  
**Agencies:** Calvert County Health Department’s Act Now Calvert Coalition | **Activity Name:** School Liaison Program  
**Activity:** Five school liaison officers serve as mentors to students and attempt to lead them on the right path and away from drugs and alcohol. The officers divide their time between the middle and high schools.  
**Agencies:** Calvert County Sheriff’s Office | **Activity Name:** IHIP-C  
**Activity:** This grant based program serves children and youth under 18 years of age who are at risk of out of home placement due to their mental illness. Some youth in this program may have co-occurring substance use disorders. This program is home based focusing on family functioning and restoration of resiliency and community living skills.  
**Agency:** Southern Maryland Community Network, Inc. | |
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| **Activity name:** Doctor, dentist and prescriber education  
**Activity:** Provide local doctors, dentists and pharmacists with information regarding the opioid abuse issue in Calvert County. Provide them with educational brochures and posters for the patients.  
**Agencies:** CAASA and Calvert County Health Department | **Activity Name:** Prescription Drop Box Program  
**Activity:** First Barrack in State of Maryland to offer a prescription drug drop off box. Used to properly and safely dispose of unwanted/unused prescription medications.  
**Agencies:** Maryland State Police | | |
| **Activity name:** Prescriber Education  
**Activity:** The Calvert County Health Department sponsored a Prescriber Training in September 2016. The Scope of Pain training was provided by Boston University and covered safe and effective opioid prescribing practices, screening tools for determine patients risk of opioid misuse and how to counsel and refer patients to services if they are misusing their medications. The half day training offered 4.5 Continuing Medical Education Credits and 4.5 Continuing Nursing Education Credits.  
**Agencies:** Calvert County Health Department’s Act Now Calvert Coalition | **Activity Name:** Prescription Drop Box Program  
**Activity:** Provide a 24/7 prescription drop off box at the Sheriff’s Office. Was the first drop box established in the Southern Maryland Region.  
**Agencies:** Calvert County Sheriff’s Office | | |
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| **Activity name:** Good Samaritan Law Awareness Campaign  
**Activity:** Promote the Good Samaritan Law through paid advertising and speaking engagements. A pocket card outlining the Good Samaritan Law with Opioid Overdose Response Information is being distributed at county treatment centers. These cards have also been given to law enforcement and EMS to distribute. The card is also distributed to each participant of the community based Naloxone training.  
**Agencies:** Calvert County Health Department’s Act Now Calvert Coalition  | **Activity Name:** NARCAN Program  
**Activity:** All road officers with the Calvert County Sheriff’s Office and Maryland State Troopers in Calvert County have received training and been issued NARCAN to administer at the scenes of overdoses in an attempt to save lives.  
**Agencies:** Maryland State Police, Barrack “U”, Calvert County Sheriff’s Office  |  |  |
| **Activity name:** Overdose Prevention Marketing  
**Activity:** Educating the community on overdose prevention and response by distributing and publishing educational materials. These materials have been displayed at all 3 World Gym Locations, county agencies, treatment centers, social media and print media.  
**Agencies:** Calvert County Health Department’s Act Now Calvert Coalition  | **Activity Name:** SOLID (Sheriff’s Office Helping Loved Ones in Distress)  
**Activity:** Designated members of the Sheriff’s office visit the home of an overdose victim a day or two after the incident to share treatment and support group information with the person and/or their family. The objective is to provide information to those who survive an overdose in hopes that they will seek treatment.  
**Agencies:** Calvert County Sheriff’s Office and CAASA  |  |  |
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| **Activity name:** Guiding Good Choices Parenting Program at Calvert County Detention Center  
**Activity:** The Guiding Good Choices Parenting Program in an evidence based program that gives parents skills and strategies to reduce the likelihood that their children will abuse drugs and alcohol. This 5 week program is offered at no cost to inmates at the Detention Center.  
**Agencies:** Calvert County Health Department | **Activity Name:** Opioid Overdose and fatality data collection  
**Activity:** Gather local data on overdose and fatalities caused by opioid misuse and use data to target outreach.  
**Agencies:** Calvert County Sheriff’s Office & CAASA | | |
| **Activity name:** Training for Intervention Procedures  
**Activity:** The Training for Intervention Procedures Program (TIPS) is a one-hour program for high school students that provides the skills and strategies necessary to safely and effectively navigate difficult situations with alcohol.  
**Agencies:** Calvert County Health Department | **Activity Name:** Calvert County Neighborhood Watch Program  
**Activity:** Participate in monthly Neighborhood Watch Meetings to share local crime and drug trends.  
**Agencies:** CAASA, Sheriff’s Office and Maryland State Police, Barrack “U” | | |
| **Activity name:** Partnership with Calvert County Public Schools  
**Activity:** Provide in-service trainings for middle and high school health teachers on resources and support for teaching substance abuse prevention material.  
**Agencies:** Calvert County Health Department | **Activity Name:** Neighborhood Watch Training  
**Activity:** Hold community-wide trainings twice a year or as requested.  
**Agencies:** CAASA, Calvert County Sheriff’s Office | | |
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<td><strong>Activity name:</strong> Calvert County Public Schools Health Curriculum and Red Ribbon Week activities. <strong>Activity:</strong> CCPS implements a systemic Health curriculum in grades K-12 which covers the topic of substance abuse prevention as well as many other health topics. Each school also promotes healthy living and substance abuse prevention during Red Ribbon Week by engaging students in activities that support these topics. <strong>Agencies:</strong> Calvert County Public Schools and CAASA</td>
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<td><strong>Activity name:</strong> Calvert County Public Schools Department of Student Services <strong>Activity:</strong> CCPS hosts a “Middle School Summit” each year for selected middle school boys or girls to help students with the transition from middle school to high school. Topics include: decision making, transition, getting involved in school activities, substance abuse prevention, etc. <strong>Agencies:</strong> Calvert County Public Schools and CAASA</td>
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<td><strong>Activity name:</strong> General Community Outreach <strong>Activity:</strong> Provide substance abuse prevention information at events annually throughout Calvert County. <strong>Agencies:</strong> Calvert County Health Department and CAASA</td>
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<td><strong>Activity Name:</strong> First Responder Resource Packets <strong>Activity:</strong> Provide treatment and support group info packets to first responders to be given to family or patient when responding to an overdose or drug related call. <strong>Agencies:</strong> CAASA</td>
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| **Activity Name:** Student Participation  
**Activity:** CAASA expanded their student membership on the Board of Directors from one student to one student from each high school.  
**Agencies:** CAASA and CCPS | | | |
| **Activity Name:** Targeted Overdose Outreach  
**Activity:** Use law enforcement overdose data to determine targeted outreach areas. Focus on high overdose areas and demographic showing the highest rate of overdoses.  
**Agencies:** CAASA & Calvert County Sheriff Office. | | | |
| **Activity Name:** TIPS/TAMS training  
**Activity:** The training program is made available to local alcohol retailers and restaurant personnel.  
**Agency:** Calvert County Health Department – Act Now Coalition | | | |

Prepared by: Calvert Alliance Against Substance Abuse, Inc.  
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