

Family Medicine

Brophy, Catherine M.D.
Owens, Joyce M.D.
Denekas, David M.D.
Hudson, Danielle CRNP
10845 Towne Center Blvd, #203
Dunkirk, MD 20754
410-286-3865

Brower, Deborah CRNP
Gudger-Yates, Erin CRNP
489 Main St, Suite 102
Prince Frederick, MD 20678
410-414-5633

Mathew, Scaria M.D.
11910 HG Trueman Road
Lusby, MD 20657
410-326-6391

CalvertHealth Primary Care

Batong, Silvia M.D.
Brooks, Michael M.D.
Cardella, Amanda D.O.
Folsom, Michelle M.D.
Papino-Higgs, Maria Novella M.D.
Proctor, Keyonna D.O.
Stoner, Melissa M.D.
Costabile, Christopher PA
Brissette, Morgan CRNP
Cook, Kimberly CRNP
Katkhoua, Sarah CRNP
McPheeters, Christina CRNP
Pitman, Lacy CRNP

1) Dunkirk Medical Center
10845 Towne Ctr Blvd, # 102
Dunkirk, MD 20754
410-535-5660

2) Calvert Medical Office Bldg.
110 Hospital Road, Suite 111
Prince Frederick, MD 20678
410-535-4488

3) Twin Beach Health Center
8924 Chesapeake Ave
North Beach, MD 20714
410-257-7279

4) Solomons Medical Center
14090 HG Trueman Rd, #2100
Lusby, MD, 20657
410-394-3712

Pediatrics

Baig, Azam M.D.
Harris, Kennon M.D.
Tierney, Jill M.D.
Holt, Judy CRNP
Richardson, Krystal CRNP
10264 Southern MD Blvd, Suite 103
Dunkirk, MD 20754
301-327-5093
Edgewater Office 410-956-6302

Hawit, Roula M.D.
2417 Solomons Island Rd
Huntingtown, MD 20639
410-286-9844

Internal Medicine

Benner, Charles M.D.
Solomons Medical Center
14090 HG Trueman Rd., Suite 2600
Solomons, MD 20688
410-449-6602

Calvert Internal Medicine

1) Calvert Medical Office Bldg.
985 Prince Frederick Blvd Suite 200
Prince Frederick, MD 20678

2) Dunkirk Medical Center
10845 Towne Center Blvd, Suite 204
Dunkirk, MD 20745

3) Solomons Medical Center
14090 HG Trueman Rd, Suite 2500
Solomons, MD 20688

All CIM Locations, call:
410-535-2005/301-855-1644

Jani, Parul M.D.
1005 Prince Frederick Blvd
Prince Frederick, MD 20678
410-535-5555

Mathur, Mukesh M.D.
Mathur, Manoj M.D.
Suana, Gyan M.D.
3995 Old Town Rd, Suite 202
Huntingtown, M.D. 20639
410-535-1451

Shah Associates

Calvert Medical Arts Center
130 Hospital Road, Suite 300
Prince Frederick, MD 20678
410-535-4333

Yazdani, Mahin M.D.
2555 Solomons Island Rd., North
Huntingtown, MD 20639
410-535-1695

(Pediatrics, continued)

Mehta, Bhargesh M.D.
Egland, Terrance M.D.
Jackson, Michelle CRNP

1005 Prince Frederick Blvd. # 101
Prince Frederick, MD 20678
410-535-5555/301-855-1114

Dunkirk Medical Center
3140 West Ward Rd. Suite 207
Dunkirk MD 20754
410-257-1744/301-855-4525

Silpasuvan, Daung M.D.
Lukban, Sara L. M.D.
Serasingi, Joanne CRNP
1430 Solomons Island Road
Huntingtown, MD 20639
410-535-4544/410-257-2700

Skolnick, Michael M.D.
Chiu, Meghan M.D.
Singh, Manbir M.D.
Bhogte, Coralyn M.D.
God, Bethany M.D.
130 Hospital Road, Suite 207
Prince Frederick, MD 20678
410-535-5959

Obstetrics/Gynecology

CalvertHealth OB & GYN

Estes, Barbara MD
Ginter, Hilary M.D.
Johnson, Michelle M.D
Mahata, Aparajita M.D.
Davis, Deborah CRNP
410-414-4740 (all offices)

1) Calvert Medical Office Bldg.
Prince Frederick, MD 20678

2) Dunkirk Medical Center
10845 Towne Center Blvd, #202, 207
Dunkirk, MD 20754

3) Solomons Medical Center
14090 HG Trueman Rd, Suite 2600
Solomons, MD 20688

St. Mary's County OB Providers:

Southern MD Women's Healthcare

Polko, Lisa M.D.
Davis, Nnamdi M.D.
Ramthum, Amy CRNP
Thomas, Eva CRNP
Thomaszeski, Rachele CRNP

301-997-1788 (both offices)

1) 41680 Miss Bessie Dr. Suite 102
Leonardtown, MD 20650
2) 23127 Three Notch Road Suite 104
California, MD 20619

Neal, Joyce M.D.
23140 Moakley St. Suite 1
Leonardtown, MD 20650
301-475-0145

St. Mary's Pediatricians:

Dhillon, Amarpreet M.D.
Leonardtown 301-475-9499
Miller, Robert E. M.D.
Brown, Crystal M.D.
Leonardtown 301-475-7222
Sheth, Amit M.D.
California 301-863-6373

MedStar Georgetown Pediatrics
Haggerty, Jean M.D.
Leonardtown 301-475-4610

MedStar Medical Group/St Mary's
Johnson, Sarah M.D.
Leonardtown 301-997-0055

MedStar St Mary's Primary Care
Fahmi, Fahmi M.D.
Lexington Park 240-237-8557

MedStar Shah Pediatrics
California 301-863-9000
Hollywood 301-373-7200
Charlotte Hall 301-884-7330
Leonardtown 301-475-8833

South Anne Arundel Pediatricians:

Bryant, Nancy CRNP
West River 410-867-4700
The Pediatric Group
Crofton 410-721-2273
Davidsonville 410-798-1600

Childbirth/CPR Classes

CalvertHealth Medical Center

Community Wellness 410-535-8233
www.calverthealthmedicine.org/Classes-Events

Nurturing Necessities 410-414-5414

Childbirth Classes (fee) / Breastfeeding assistance.

Medstar St. Mary's Hospital 301-475-6019

Childbirth Classes/Infant CPR Classes (fee)

Child Care Resources

Locate Child Care 1-877-261-0060

Assistance in locating a licensed child care provider.

DSS (Child Care Vouchers) 443-550-6900

The Promise Resource Center 301-290-0040

Information & training for child care providers

Education Resources

Calvert County Public Schools 443-550-8000

Infants & Toddlers Program 443-550-8373

Child Find (2 years 9months & older) 443-550-8381

Head Start 443-550-8062

Judy Center 443-550-8077

Adult Education Program 443-550-6179

Adult Basic Education / Literacy Tutors / GED Classes/ESL

GED Practice Test / National External Diploma Program

College of Southern MD/PF 443-550-6000

Parenting Classes/Support Programs

BRIDGE warm line (0-6 yrs) 443-546-0617

CareNet/Calvert County 410-326-6866

Parents Place of Maryland 800-394-5694

Partners for Success (School) 443-550-8375

Healthy Families/HIPPY 443-550-8050

Barstow Acres Children's Center 410-414-9901

Family Encouragement Couching 410-610-2352

Maryland Coalition of Families 410-730-8267

Additional Resources

Calvert Hospice 410-535-0892

Child Safety Seat Information 410-535-2800

Calvert Co. Parks & Rec. 410-535-1600 x 2649

Calvert County Government 410-535-1600

Calvert Library (calvertlibrary.info) 410-535-0291

Community Mediation Center 443-295-7456

DNA Diagnostic (Pvt Paternity Test) 800-362-2368

Paternity Testing for Child Support:

State Attorney Office 410-535-1600 x 2549

Boys & Girls Club 410-286-9880

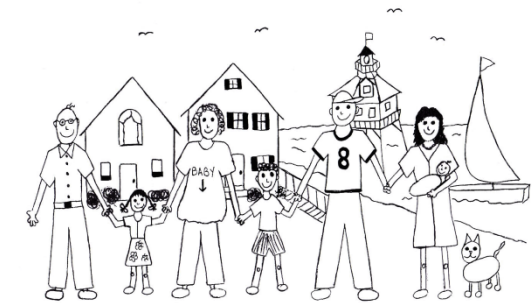
Calv. Collaborative Children/Youth 410-414-8300

Closing the Gap Coalition

www.ctgc-closingthegapcoalition.org

MD Community Services Locator mdcs.org

CALVERT COUNTY COMMUNITY RESOURCES



Compiled by

Calvert County

Health Department

975 Solomons Island Rd.

Prince Frederick, MD

www.calverthealth.org

410-535-5400

301-855-1353

(Revised 03/15/2019)

Crisis Hotlines
 Domestic Violence 24-hour Crisis Hotline:
 410-535-1121 / 301-855-1075
 National Suicide Prevention Lifeline:
 1-800-784-2433
 Crisis Text Line Text CONNECT to 741741
 Teen Help Line: 410-257-2216
 LGBT National Hotline 888-843-4564 (4pm-MN)
 Poison Control: 1-800-222-1222

Calvert County Health Department
410-535-5400/301-855-1353

Adult Immunization Clinic	option 6
Birth Certificate Information	x 387
Breast & Cervical Cancer Screening	x 350
Calvert Behavioral Health:	
Prince Frederick Behavior Health	410-535-5400 x 475
Barstow Behavioral Health	410-535-3079 x 6
Lusby Behavioral Health	410-394-0681
Chesapeake Beach Behavioral Health	410-286-0547
School-Based Behavioral Health Counseling	x 475
Child Immunization Clinic	option 6
Child Passenger Safety Seat Assistance	x 483
Children with Special Health Care Needs	x 405
Colorectal Cancer Screening	x 343
Crisis Intervention Center	x 384
Diabetes Programs	x 459
Environmental Health	410-535-3922/301-855-1557
Genoa Pharmacy	443-486-7173
HIV Testing/Counseling	x 332
Health Choice/MCHP (Medical Assistance)	option 6
Maternal Child Program	x 351
Medical Assistance Transportation	410-414-2489
Nutrition Counseling	x 470
Pregnancy Tests	x 332
Reproductive Health Clinic	x 332
Sexually Transmitted Infection Clinic	x 332
Smoking Cessation Program	x 359
WIC Program	x 369

Health Insurance Resources
Marylandhealthconnection.gov
 MD Health Connection Call Ctr 1- 855-642-8572
 Calvert County Health Dept 410-535-5400
 Department of Social Services 443-550-6900
 Seedco (MD Health Benefit Exchange) 855-339-3007
 MD Medicaid Help Line 800-284-4510
 Healthy Smiles Dental Program 855-934-9812
 Superior Vision/MD MCO 800-879-6901
 Beacon Health/MD MCO 888-204-5581

Hospitals / Urgent Care / Clinics
 CalvertHealth Medical Center: 410-535-4000
 Medstar St. Mary's Hospital 301-475-8981
 UMD/Charles Regional Med Center 301-609-4000
 Anne Arundel Medical Center 443-481-1000
 Dunkirk Choice One Urgent Care 410-286-7911
 Prince Frederick Urgent Care 410-535-8911
 Solomons Choice One Urgent Care 410-394-2800
 University of MD Medical Center 800-492-5538
 Johns Hopkins Hospital 410-955-5000
 Children's Nat'l Medical Center 202-476-5000
 Greater Baden Medical Center 301-888-2233

Mental Health Resources
 Calvert Behavioral Health 410-535-5400 x475
 CCHD School-Based Counseling 410-535-5400 x475
 Center for Children 410-535-3047
 Chesapeake Neurology 410-535-2500
 Andrew Gergely, MD & Assoc 410-286-0664
 Osama Saleh, MD & Assoc 410-535-5602
 Shah Associates 410-535-4333
 BRIDGE warm line (ages 0-6 yrs) 443-546-0617
 Barstow Acres Children's Center 410-414-9901
 Blue Sails Counseling 410-231-0488
 So. MD Community Network 410-535-4787
 Calvert Counseling Center 443-295-3341
 CCHD Crisis Intervention 410-535-5400 x384
 DPK Counseling 410-535-4854
 Deborah Nelson LCPC 410-414-5953
 Equanimity Counseling 443-758-3161
 Pathways, Inc. 301-373-3065
 Online resources: calvert.md.networkofcare.org

Substance Abuse Resources
 Bayside Recovery (outpatient) 443-486-5680
 Calvert Behavioral Health
 -Prince Frederick Behavioral Health 410-535-5400 x475
 -Barstow Behavioral Health 410-535-3079
 -Lusby Behavioral Health 410-394-0681
 -Chesapeake Beach Behavioral Health 410-286-0547
 -Recovery Support Services 410-535-3079 x35
 Avenues Recovery Center 410-535-8930
 Walden/Anchor (inpatient) 301-997-1300
 Project Chesapeake 443-968-8331
 Certified Counseling Services/Dunkirk 410-610-2595
 Open Arms (outpatient) 301-645-5538
 Center for Addiction & Pregnancy 410-550-3066
 Outlook Recovery 240-237-8325

Dental Resources
 Calvert Community Dental (Lusby) 410-535-8402
 Calvert Smiles 410-257-7200
 Tidewater Dental (Prince Frederick) 410-414-8333
 (Lusby) 410-326-4078
 (Solomons) 410-394-6690
 Dr. Juambelz (Dunkirk) 301-855-8888
 Tyler Dental (Dunkirk) 301-327-5086
 Dr Plater & Associates (Owings) 410-535-1990
 Dr. Finch (Owings) 410-257-9655
 Dunkirk Dental Assoc. (Dunkirk) 410-257-2400
 Prince Frederick Dental Center 410-535-5055
 Greater Baden Health Grp 301-888-2233 x3102
 Dr Dowling(Orthodontics/need referral) 410-535-0861
 Dr King (oral surgery/Waldorf) 301-645-4555
 Univ of MD Dental School (adults) 410-706-7063
 Univ of MD Dental School (child) 410-706-4213
 Medstar Washington Hospital Center 202-877-7332

Vision Resources
 My Eye Dr./Prince Frederick 410-535-2020
 My Eye Dr./Dunkirk 443-964-8705
 Chesapeake Retina Center 410-535-6179
 Maryland Eye Assoc (medical only) 410-535-2270

Disability Resources
 DDA Southern MD Regional Office 888-207-2479
 Dept. of Rehabilitation Services 410-535-2620
 DHR Respite Grant 443-550-6938
 LISS www.marylandcommunityconnection.org
 REM Program 800-565-8190
 The Coordinating Center 410-987-1048
 Adult Day Care of Calvert County 410-535-0133
 Arc of Southern Maryland Calvert 410-535-2413
 Friendly Health Services 410-535-6542
 MMARS RC, Inc. 443-573-3375
 Total Care Service, Inc. 301-918-0070
 Office on Aging 410-535-4606
 Therapeutic Recreation 410-535-1600 x8204
 SMCR 301-997-8143
 Online Resource Locator
<http://specialneeds.dhmmh.maryland.gov/>

Clothing Resources
 Birthright (maternity/baby) 410-257-1402
 S.M.I.L.E (Solomons) 410-326-0009
 HELP Association 410-257-6669
 Care Net/Calvert County 410-326-6866
 Comm for Women Clothes Closet 410-615-4221
Revised 3/15/2019

Transportation
 Medical Assistance Transportation 410-414-2489
 Medical appointments only. Must schedule in advance.
 Public Transportation 410-535-4268
 Smart Ride 410-535-6932
 Loving Care Transportation 443-975-7628

Housing/Shelters
 Calvert Co. Housing Authority 410-535-5011
 So. MD Tri-County Com. Action 410-535-1010
 Project Echo 410-535-0044
 Homeless Shelter- Men, Women and Children
 Angel's Watch/Catholic Charities 301-274-0680
 Homeless Shelter-Women & Children (Charles County)
 Safe Nights of Calvert County 443-486-8670
 Domestic Violence 24-hour Crisis Hotline:
 410-535-1121/301-855-1075

Legal Assistance
 So. MD Center for Family Advocacy
 Aid for Victims of Domestic Violence 301-373-4141
 Legal Aid Bureau 877-310-1810
 Family Law Center (free) Circuit Court
 Every Wednesday 12:30-2:30 pm

Financial Resources
 Department of Social Services 443-550-6900
 Child Support Services 800-332-6347
 Social Security Administration 800-772-1213
 Charlotte Hall Social Security 888-866-5181
 Unemployment Insurance Claims 877-293-4125
 So MD Tri-County Com. Action
 Energy Assistance 410-535-1010
 So. Maryland Workforce Svcs 301-645-8712
 Community Ministry of Calvert 410-414-8007
 Christmas in April Calvert Co. 410-535-9044

Food Assistance
 WIC Program 877-631-6182
 DSS 443-550-6900
 Bayside Baptist Church 410-257-0712
 Brooks Church Pantry 410-586-9301
 Chesapeake Cares 410-257-3444
 Hands of God Mobile Ministry 410-535-2275
 First Lutheran Church 410-257-3030
 Calvert Churches Food Pantry 410-414-7474
 S.M.I.L.E. Food Pantry 410-326-0009
 St. Anthony's Church 410-286-7086
 St John Vianney 410-286-1944
 Randle Cliffs Com. Church 410-257-0342
 S.H.A.R.E Food Network 800-217-4273
 Birthright (Formula/Baby Food) 410-257-1402