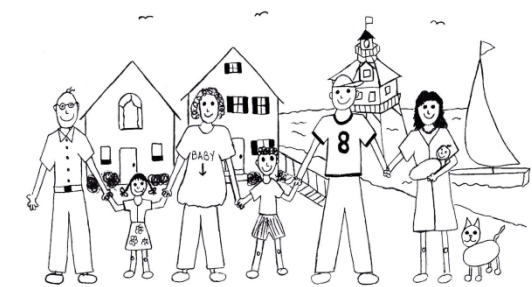


CALVERT COUNTY

COMMUNITY RESOURCES



Compiled by
Calvert County
Health Department
 975 Solomons Island Rd.
 Prince Frederick, MD
www.calverthealth.org
 410-535-5400
 301-855-1353

(Revised 007/23/18)

OB Providers

CalvertHealth OB & GYN
 410-414-4740

Estes, Barbara, MD
Ginter, Hilary, M.D.
Johnson, Michelle M.D
Mahata, Aparajita M.D.
Robertson, Kesha M.D.
Davis, Deborah, CRNP

- 1) Calvert Medical Office Bldg.
 110 Hospital Road, Suite 202/211
 Prince Frederick, MD 20678
- 2) Dunkirk Medical Center
 10845 Towne Center Blvd, #202, 207
 Dunkirk, MD 20754
- 3) Solomons Medical Center
 14090 HG Trueman Rd., Suite 2600
 Solomons, MD 20688

Family Medicine

Brophy, Catherine M.D.
Owens, Joyce M.D.
Denekas, David M.D.
Hudson, Danielle CRNP
 10845 Towne Center Blvd, #203
 Dunkirk, MD 20754
410-286-3865

Brower, Deborah CRNP
Newhard, Heather CRNP
 489 Main St, Suite 102
 Prince Frederick, MD 20678
410-414-5633

Mathew, Scaria M.D.
 11910 HG Trueman Road
 Lusby, MD 20657
410-326-6391

Ouwinga, I. Monet, MD
Roberts, Travis CRNP
 10339 Southern Maryland Blvd
 Dunkirk, MD 20754
 443-646-3532

CalvertHealth Primary Care
1) Jeschke, Craig, M.D.
 Dunkirk Medical Center
 10845 Towne Ctr Blvd, # 102
 Dunkirk, MD 20754
410-535-5660

St. Mary's County
OB Providers:

Southern MD Women's Healthcare
301-997-1788 (Leonardtown)

Polko, Lisa M.D.
Davis, Nnamdi M.D.
Colwill, Jessie M.D.

Neal, Joyce M.D.
301-475-0145 (Charlotte Hall)

CalvertHealth Primary Care, cont.

2) Brooks, Michael M.D.
Batong, Silvia M.D.
Folsom, Michelle M.D.
McPheeters, Christina, CRNP
Pitman, Lacy CRNP
 Calvert Medical Office Bldg.
 110 Hospital Road, Suite 111
 Prince Frederick, MD 20678
410-535-4488/301-855-1513

3) Stoner, Melissa M.D.
 Twin Beach Health Center
 8924 Chesapeake Ave
 North Beach, MD 20714
410-257-7279

4) Bennett, Charles M.D.
Proctor, Keyonna, MD
 11845 HG Trueman Road
 Lusby, MD 20657
410-326-6344

5) Papino-Higgs, Maria Novella M.D.
Proctor, Keyonna, MD
Cook, Kimberly, CRNP
 Solomons Medical Center
 14090 HG Trueman Rd, #2100
 Lusby, MD, 20657
410-394-3712

Mehta, Bhargesh M.D.
Mahat, Upendra M.D.
Karinsky, Julia M.D.
 1005 Prince Frederick Blvd. # 101
 Prince Frederick, MD 20678
410-535-5555/301-855-1114

Dunkirk Medical Center
 3140 West Ward Rd. Suite 207
 Dunkirk MD 20754
410-257-1744/301-855-4525

Skolnick, Michael M.D.
Chiu, Meghan M.D.
Singh, Manbir M.D.
Bhogte, Coralyn M.D.
 130 Hospital Road, Suite 207
 Prince Frederick, MD 20678
410-535-5959

Pediatrician Medical Assistance Providers

Baig, Azam M.D.
Harris, Kennon M.D.
Tierney, Jill M.D.
Leahy, Joan, CRNP
 10264 Southern MD Blvd, Suite 103
 Dunkirk, MD 20754
301-327-5093
Edgewater Office 410-956-6302

Hawit, Roula M.D.
 2417 Solomons Island Rd
 Huntingtown, MD 20639
410-286-9844

Silpasuvan, Daung M.D.
Lukban, Sara L. M.D.
Serasini, Joanne CRNP
 1430 Solomons Island Road
 Huntingtown, MD 20639
410-535-4544/410-257-2700

Internal Medicine

Benner, Charles M.D.
 Solomons Medical Center
 14090 HG Trueman Rd., Suite 2600
 Solomons, MD 20688
410-449-6602

Calvert Internal Medicine
 1) Calvert Medical Office Bldg.
 110 Hospital Road, Suite 310
 Prince Frederick, MD 20678

2) Dunkirk Medical Center
 10845 Towne Center Blvd, Suite 204
 Dunkirk, MD 20745

3) Solomons Medical # 2500
 Solomons, MD 20688
All CIM Locations, call:
410-535-2005/301-855-1644

Jani, Parul M.D.
 1005 Prince Frederick Blvd
 Prince Frederick, MD 20678
410-535-5555/301-855-1114

Mathur, Mukesh M.D.
Mathur, Manoj M.D.
Suana, Gyan, M.D.
 3995 Old Town Rd, Suite 202
 Huntingtown, M.D. 20639
410-535-1451

Shah Associates
 Calvert Medical Arts Center
 130 Hospital Road, Suite 300
 Prince Frederick, MD 20678
410-535-4333

Yazdani, Mahin M.D.
 2555 Solomons Island Rd., North
 Huntingtown, MD 20639
410-535-1695

St. Mary's Pediatricians:

Dhillon, Amarpreet M.D.
 Leonardtown **301-475-9499**

Miller, Robert E. M.D.
Robinson, Sherice M.D.
Brown, Crystal M.D.
 Leonardtown **301-475-7222**

Sheth, Amit M.D.
 California **301-863-6373**

Haggerty, Jean M.D.
 Leonardtown **301-475-4610**

Johnson, Sarah M.D.
 Leonardtown **301-997-0055**

Fahmi, Fahmi M.D.
 Lexington Park **240-237-8557**

MedstarShah Pediatrics
 California **301-863-9000**
 Hollywood **301-373-7200**
 Charlotte Hall **301-884-7330**
 Leonardtown **301-475-8833**

South Anne Arundel Pediatricians:

Bryant, Nancy CRNP
 West River **410-867-4700**
The Pediatric Group
 Crofton **410-721-2273**
 Davidsonville **410-798-1600**

Childbirth/CPR Classes

CalvertHealth Medical Center 410-535-8233

Keep Well Center - CPR Classes (fee)
Nurturing Necessities 410-414-5414

Childbirth Classes (fee) / Breastfeeding assistance.
Medstar St. Mary's Hospital 301-475-6019

Childbirth Classes/CPR Classes (fee)

Child Care Resources

Locate Child Care 1-877-261-0060

Assistance in locating a licensed child care provider.
DSS (Child Care Vouchers) 443-550-6900

The Promise Resource Center 301-290-0040

Information & training for child care providers

Education Resources

Calvert County Public Schools 443-550-8000

Infants & Toddlers Program 443-550-8373

Child Find (2 years 9months & older) 443-550-8381

Head Start 443-550-8062

Judy Center 443-550-8077

Adult Education Program 443-550-6179

Adult Basic Education / Literacy Tutors / GED Classes/ESL

GED Practice Test / National External Diploma Program

College of Southern MD/PF 443-550-6000

Parenting Classes/Support Programs

BRIDGE warm line (0-6 yrs) 443-546-0617

CareNet/Calvert County 410-326-6866

Parents Place of Maryland 800-394-5694

Partners for Success (School) 443-550-8375

Healthy Families/HIPPY 443-550-8050

Barstow Acres Children's Center 410-414-9901

Family Encouragement Coaching 410-610-2352

Maryland Coalition of Families 410-730-8267

Additional Resources

Calvert Hospice 410-535-0892

Child Safety Seat Information 410-535-2800

Calvert Co. Parks & Rec. 410-535-1600 x 2649

Calvert County Government 410-535-1600

Calvert Library (calvertlibrary.info) 410-535-0291

Community Mediation Center 443-295-7456

DNA Diagnostic (Pvt Paternity Test) 800-362-2368

Paternity Testing for Child Support:

Circuit Court Clerks Office 410-535-1600 x2572

Boys & Girls Club 410-259-0007

Closing the Gap Coalition

ctg@closingthegapcoalition.org

MD Community Services Locator mdcsl.org

Crisis Hotlines

Domestic Violence 24-hour Crisis Hotline:
410-535-1121/301-855-1075

National Suicide Prevention Lifeline:
1-800-784-2433

Crisis Text Line Text CONNECT to 741741

Teen Help Line: 410-257-2216

LGBT National Hotline 888-843-4564 (4pm-MN)

Poison Control: 1-800-222-1222

Calvert County Health Department
410-535-5400/301-855-1353

Adult Immunization Clinic	option 6
Birth Certificate Information	x 387
Behavioral Health:	
Behavioral Health Clinic (outpatient)	x 475
School-Based Behavioral Health Counseling	x 475
Substance Abuse Services Barstow	410-535-3079
Recovery Support Services	410-535-3079 x 35
Breast & Cervical Cancer Screening	x 350
Child Immunization Clinic	option 6
Child Passenger Safety Seat Assistance	x 483
Children with Special Health Care Needs	x 405
Colorectal Cancer Screening	x 348
Crisis Intervention Center	x 384
Diabetes Programs	x 459
Environmental Health	410-535-3922/301-855-1557
Genoa Pharmacy	443-486-7173
HIV Testing/Counseling	x 332
Health Choice/MCHP (Medical Assistance)	option 6
Maternal Child Program	x 351
Medical Assistance Transportation	410-414-2489
Nutrition Counseling	x 470
Pregnancy Tests	x 332
Reproductive Health Clinic	x 332
Sexually Transmitted Infection Clinic	x 332
Smoking Cessation Program	x 359
WIC Program	x 369

Health Insurance Resources

Marylandhealthconnection.gov	
MD Health Connection Call Ctr	1- 855-642-8572
Calvert County Health Dept	410-535-5400
Department of Social Services	443-550-6900
Seedco (MD Health Benefit Exchange)	855-339-3007
MD MCO Help Line	800-284-4510
Healthy Smiles Dental Program	855-934-9812
Block Vision/MD MCO	800-879-6901
Beacon Health/MD MCO	888-204-5581

Hospitals / Urgent Cares / Clinics

CalvertHealth Medical Center:	410-535-4000/301-855-1012
Medstar St. Mary's Hospital	301-475-8981
U of MD/Charles regional Med Ctr	301-609-4000
Anne Arundel Medical Center	443-481-1000
Dunkirk Urgent Care	410-286-7911
Prince Frederick Urgent Care	410-535-8911
Solomons Urgent Care	410-394-2800
University of MD Medical Center	800-492-5538
Johns Hopkins Hospital	410-955-5000
Children's Nat'l Medical Center	202-476-5000
Greater Baden Medical Center	301-888-2233
LaPlata OB/GYN (Hispanic Clinic)	301-609-4800

Mental Health Resources

CCHD Behavioral Health	410-535-5400 x475
Center for Children	410-535-3047
Chesapeake Neurology	410-535-2500
Andrew Gergely, MD & Assoc	410-286-0664
Osama Saleh, MD & Assoc	410-535-5602
Shah Associates	410-535-4333
BRIDGE warm line (ages 0-6 yrs)	443-546-0617
Barstow Acres Children's Center	410-414-9901
Blue Sails Counseling	410-231-0488
Tri-County Youth Services Bureau	443-975-7357
So. MD Community Network	410-535-4787
Calvert Counseling Center	443-295-3341
CCHD Crisis Intervention	410-535-5400 x384
DPK Counseling	410-535-4854
Deborah Nelson LCPC	410-414-5953
Equanimity Counseling	443-758-3161
Pathways, Inc.	301-373-3065
Online resources:	calvert.md.networkofcare.org

Substance Abuse Resources

Bayside Recovery (outpatient)	443-486-5680
Calvert Behavioral Health	410-535-3079
-Recovery Support Services	410-535-3079 x35
Carol Porto Treatment Center	410-535-8930
Walden/Anchor (inpatient)	301-997-1300
Project Chesapeake	443-968-8331
Certified Counseling Services/Dunkirk	410-610-2595
Open Arms (outpatient)	301-645-5538
Center for Addiction & Pregnancy	410-550-3066
Outlook Recovery	240-237-8325

Vision Resources

My Eye Dr./Prince Frederick	410-535-2020
My Eye Dr./Dunkirk	443-964-8705
Chesapeake Retina Center	410-535-6179
Maryland Eye Assoc (medical only)	410-535-2270

Dental Resources

Calvert Community Dental (Lusby)	410-535-8402
Calvert Smiles	410-257-7200
Tidewater Dental (Prince Frederick)	410-414-8333
(Lusby)	410-326-4078
(Solomons)	410-394-6690
Dr. Juambelz (Dunkirk)	301-855-8888
Tyler Dental (Dunkirk)	301-327-5086
Dr Plater & Associates (Owings)	410-535-1990
Dr. Finch (Owings)	410-257-9655
Dunkirk Dental Assoc. (Dunkirk)	410-257-2400
Prince Frederick Dental Center	410-535-5055
Greater Baden Health Grp	301-888-2233 x3102
Dr Dowling(Orthodontics/need referral)	410-535-0861
Dr King (oral surgery/Waldorf)	301-645-4555
Univ of MD Dental School (adults)	410-706-7063
Univ of MD Dental School (child)	410-706-4213
Medstar Washington Hospital Ctr	202-877-7332

Disability Resources

DDA Southern MD Regional Office	888-207-2479
Dept. of Rehabilitation Services	410-535-2620
DHR Respite Grant	301-475-5652 x101
MD Community Connections (LISS)	877-622-6688
REM Program	800-565-8190
The Coordinating Center	410-987-1048
Adult Day Care of Calvert County	410-535-0133
Arc of Southern Maryland Calvert	410-535-2413
Friendly Health Services	410-535-6542
MMARS RC, Inc.	443-573-3375
Total Care Service, Inc.	301-918-0070
Office on Aging	410-535-4606
Therapeutic Recreation	410-535-1600 x8204
SMCR	301-997-8143
Online Resource Locator	http://specialneeds.dhmmh.maryland.gov/

Financial Resources

Department of Social Services	443-550-6900
Child Support Services	800-332-6347
Social Security Administration	800-772-1213
Charlotte Hall Social Security	888-866-5181
Unemployment Insurance Claims #	877-293-4125
Southern Md. Tri-County Community Action	
Energy Assistance	410-535-1010
So. Maryland Workforce Services	301-645-8712
Community Ministry of Calvert	410-414-8007
Christmas in April Calvert Co.	410-535-9044

Revised 7/23/18

Transportation

Medical Assistance Transportation	410-414-2489
Medical appointments only. Must schedule in advance.	
Public Transportation	410-535-4268
Smart Ride	410-535-6932
Loving Care Transportation	443-975-7628

Legal Assistance

So. Md Center for Family Advocacy	
Aid for Victims of Domestic Violence	301-373-4141
Legal Aid Bureau	1-877-310-1810
Family Law Center (free) Circuit Court	
Every Wednesday 12:30-2:30 pm	

Housing/Shelters

Calvert Co. Housing Authority	410-535-5011
So. Md. Tri-County Community Action	410-535-1010
Project Echo	410-535-0044
Homeless Shelter- Men, Women and Children	
Angel's Watch/Catholic Charities	301-274-0680
Homeless Shelter-Women & Children (Charles County)	
Safe Nights of Calvert County	443-486-8670
Domestic Violence 24-hour Crisis Hotline:	410-535-1121/301-855-1075

Food Assistance

WIC Program	1-877-631-6182
DSS	443-550-6900
Bayside Baptist Church	410-257-0712
Brooks Church Pantry	410-586-3972
Chesapeake Cares	410-257-3444
Crossroad Christian Church	410-586-1272
Daily Bread	410-535-2446
Hands of God Mobile Ministry	410-535-2275
First Lutheran Church	410-257-3030
The Food Pantry	410-414-7474
S.M.I.L.E. Food Pantry	410-326-0009
St. Anthony's Church	410-286-7086
St John Vianney	410-535-0223
Randle Cliffs Com. Church	410-257-0342
S.H.A.R.E Food Network	1-800-217-4273
Birthright (Formula/Baby Food)	410-257-1402

Clothing Resources

Birthright (Maternity/Baby)	410-257-1402
S.M.I.L.E (Solomons)	410-326-0009
HELP Association	410-257-6669
Care Net/Calvert County	410-326-6866
Comm for Women Clothes Closet	410-615-4221