

## Medical Health and/or Substance Abuse Services

Calvert Behavioral Health (outpatient only)  
-Prince Frederick Behavioral Health 410-535-5400 x475  
-Barstow Behavioral Health 410-535-3079  
-Lusby Behavioral Health 410-394-0681  
-Chesapeake Beach Behavioral Health 410-286-0547

Facebook.com/CalCoBehavioralHealth

A+ Health Center 240-766-4194  
Avenues Recovery Center (outpatient) 410-535-8930  
Bayside Recovery (outpatient only) 443-486-5680  
Certified Counseling Services/Dunkirk 410-610-2595  
Project Chesapeake (outpatient only) 443-968-8331  
Pathways 410-573-5400  
Open Arms (outpatient only) 301-645-5538  
Pyramid Walden/Anchor 301-997-1300  
Center for Addiction & Pregnancy 410-550-3066  
Outlook Recovery 240-237-8325  
Utopia 443-295-7697

## Mental Health Only Services

Calvert Behavioral Health 410-535-5400 x475  
CCHD School-Based Counseling 410-535-5400 x475  
Center for Children 410-535-3047  
Chesapeake Neurology 410-535-2500  
Andrew Gergely, MD & Assoc 410-286-0664  
Osama Saleh, MD & Assoc 410-535-5602  
Shah Associates 410-535-4333  
Barstow Acres Children's Center 410-414-9901  
Blue Sails Counseling 410-231-0488  
So. MD Community Network 410-535-4787  
Calvert Counseling Center 443-295-3341  
CCHD Crisis Intervention 410-535-5400 x384  
DPK Counseling 410-535-4854  
Deborah Nelson LCPC 410-414-5953  
Equanimity Counseling 443-758-3161  
Pathways, Inc. 301-373-3065

## Other Behavioral Health Support

CCHD Crisis Intervention 410-535-5400 x384  
BRIDGE warm line (ages 0-6 yrs) 443-546-0617  
MD Coalition of Families 410-730-8267  
NAMI Southern Maryland 410-884-8691

## Housing/Shelters

Calvert Co. Housing Authority 410-535-5011  
So. MD Tri-County Com. Action 410-535-1010  
Project Echo 410-535-0044  
Homeless Shelter- Men, Women and Children  
Angel's Watch/Catholic Charities 301-274-0680  
Homeless Shelter-Women & Children (Charles County)  
Safe Nights of Calvert County 443-486-8670  
Domestic Violence 24-hour Crisis Hotline:  
410-535-1121/301-855-1075

## Department of Social Services

443-550-6900  
Child Support Services 800-332-6347  
Social Security Administration 800-772-1213  
Charlotte Hall Social Security 888-866-5181  
Unemployment Insurance Claims 877-293-4125  
So MD Tri-County Com. Action  
Energy Assistance 410-535-1010  
So. Maryland Jobsourc 301-645-8712  
Community Ministry of Calvert 410-414-8007  
Christmas in April Calvert Co. 410-535-9044

## Food Assistance

WIC Program 877-631-6182  
DSS 443-550-6900  
Bayside Baptist Church 410-257-0712  
Brooks Church Pantry 410-586-9301  
Chesapeake Cares 410-257-3444  
Hands of God Mobile Ministry 410-535-2275  
First Lutheran Church 410-257-3030  
Calvert Churches Food Pantry 410-414-7474  
S.M.I.L.L.E. Food Pantry 410-326-0009  
St. Anthony's Church 410-286-7086  
St John Vianney 410-286-1944  
Randle Cliffs Com. Church 410-257-0342  
S.H.A.R.E Food Network 800-217-4273  
Birthright (Formula/Baby Food) 410-257-1402

## Clothing Resources

Birthright (maternity/baby) 410-257-1402  
S.M.I.L.L.E (Solomons) 410-326-0009  
HELP Association 410-257-6669  
Care Net/Calvert County 410-326-6866  
Comm for Women Clothes Closet 410-615-4221

## Disability Resources

DDA Southern MD Regional Office 888-207-2479  
Dept. of Rehabilitation Services 410-535-2620  
DHR Respite Grant 443-550-6938  
LISS www.marylandcommunityconnection.org  
REM Program 800-565-8190  
The Coordinating Center 410-987-1048  
Adult Day Care of Calvert County 410-535-0133  
Arc of Southern Maryland Calvert 410-535-2413  
Friendly Health Services 410-535-6542  
MMARS RC, Inc. 443-573-3375  
Total Care Service, Inc. 301-918-0070  
Office on Aging 410-535-4606  
Therapeutic Recreation 410-535-1600 x8204  
SMCR 301-997-8143

Online Resource Locator  
<http://specialneeds.dhnh.maryland.gov/>

## Medical Assistance Transportation

410-414-2489  
Medical appointments only. Must schedule in advance.  
Public Transportation 410-535-4268  
Smart Ride 410-535-6932  
Loving Care Transportation 443-975-7628

## Legal Assistance

So. MD Center for Family Advocacy  
Aid for Victims of Domestic Violence 301-373-4141  
Legal Aid Bureau 877-310-1810  
Family Law Center (free) Circuit Court  
Every Wednesday 12:30-2:30 pm

## Child Care Resources

Locate Child Care 1-877-261-0060  
Assistance in locating a licensed child care provider.  
DSS (Child Care Vouchers) 443-550-6900  
The Promise Resource Center 301-290-0040  
Information & training for child care providers

## Parenting Classes/Support Programs

BRIDGE warm line (0-6 yrs) 443-546-0617  
CareNet/Calvert County 410-326-6866  
Parents Place of Maryland 800-394-5694  
Partners for Success (School) 443-550-8375  
Healthy Families/HIPPY 443-550-8050  
Barstow Acres Children's Center 410-414-9901  
Family Encouragement Couching 410-610-2352  
Maryland Coalition of Families 410-730-8267

## Education Resources

Calvert County Public Schools 443-550-8000  
Infants & Toddlers Program 443-550-8373  
Child Find (2 years 9months & older) 443-550-8381  
Head Start 443-550-8062  
Judy Center 443-550-8077  
Adult Education Program 443-550-6179  
Adult Basic Education, Literacy Tutors, GED Classes, ESL  
GED Practice Test, National External Diploma Program  
College of Southern MD/PF 443-550-6000

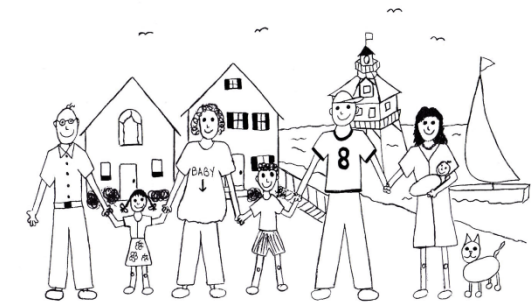
## Additional Resources

OurCalvert.com  
Calvert Hospice 410-535-0892  
Child Safety Seat Information 410-535-2800  
Calvert Co. Parks & Rec. 410-535-1600 x 2649  
Calvert County Government 410-535-1600  
Calvert Library (calvertlibrary.info) 410-535-0291  
Community Mediation Center 443-295-7456  
DNA Diagnostic (Pvt Paternity Test) 800-362-2368  
Paternity Testing for Child Support:  
State Attorney Office 410-535-1600 x 2549  
Boys & Girls Club 410-286-9880  
Calv. Collaborative Children/Youth 410-414-8300  
Closing the Gap Coalition

[www.ctgc-closingthegapcoalition.org](http://www.ctgc-closingthegapcoalition.org)

MD Community Services Locator [mdcsl.org](http://mdcsl.org)

# CALVERT COUNTY COMMUNITY RESOURCES



Compiled by  
Calvert County  
Health Department  
975 Solomons Island Rd.  
Prince Frederick, MD  
[www.calverthealth.org](http://www.calverthealth.org)

410-535-5400  
301-855-1353

(Revised 08/28/2019)

## Crisis Hotlines

Domestic Violence 24-hour Crisis Hotline:  
410-535-1121 / 301-855-1075

National Suicide Prevention Lifeline:  
1-800-784-2433

Crisis Text Line Text CONNECT to 741741

Teen Help Line: 410-257-2216

LGBT National Hotline 888-843-4564 (4pm-MN)

Poison Control: 1-800-222-1222

## Calvert County Health Department

410-535-5400/301-855-1353

Adult Immunization Clinic	option 6
Birth Certificate Information	x 387
Breast & Cervical Cancer Screening	x 350
Calvert Behavioral Health:	
Prince Frederick Behavior Health	410-535-5400 x 475
Barstow Behavioral Health	410-535-3079 x 6
Lusby Behavioral Health	410-394-0681
Chesapeake Beach Behavioral Health	410-286-0547
School-Based Behavioral Health Counseling	x 475
Child Immunization Clinic	option 6
Child Passenger Safety Seat Assistance	x 348
Children with Special Health Care Needs	x 405
Colorectal Cancer Screening	x 343
Crisis Intervention Center	x 384
Diabetes Programs	x 459
Environmental Health	410-535-3922/301-855-1557
Genoa Pharmacy	443-486-7173
HIV Testing/Counseling	x 332
Health Choice/MCHP (Medical Assistance)	option 6
Maternal Child Program	x 400
Medical Assistance Transportation	410-414-2489
Nutrition Counseling	x 470
Pregnancy Tests	x 332
Reproductive Health Clinic	x 332
Sexually Transmitted Infection Clinic	x 332
Smoking Cessation Program	x 359
Spanish Interpreter	x 483
WIC Program	x 369

## Health Insurance Resources

Marylandhealthconnection.gov	
MD Health Connection Call Ctr	1-855-642-8572
Calvert County Health Department	410-535-5400
Department of Social Services	443-550-6900
Seedco (MD Health Benefit Exchange)	855-339-3007
MD Medicaid Help Line	800-284-4510
Healthy Smiles Dental Program	855-934-9812
Superior Vision/MD MCO	800-879-6901
Beacon Health/MD MCO	888-204-5581

## Hospitals / Clinics

CalvertHealth Medical Center:	410-535-4000
(Website/Physician Locator)	calverthealth.org
Medstar St. Mary's Hospital	301-475-8981
(Website/Physician Locator)	medstarstmarys.org
Anne Arundel Medical Center	443-481-1000
(Website/Physician Locator)	aaahs.org
UM Charles Regional Med Center	301-609-4000
University of MD Medical Center	800-492-5538
(Website/Physician Locator)	umms.org
Johns Hopkins Hospital	410-955-5000
Johns Hopkins Bayview	410-550-0100
(Website/Physician Locator)	hopkinsmedicine.org
Children's National Medical Center	202-476-5000
(Website/Physician Locator)	childrensnational.org
Greater Baden Medical Center	301-888-2233
CVS MinuteClinic	1-866-389-2727

## Urgent Care

Dunkirk ChoiceOne Urgent Care	410-286-7911
Prince Frederick ChoiceOne Urgent Care	410-535-8911
Solomons ChoiceOne Urgent Care	410-394-2800

## Childbirth/CPR Classes

CalvertHealth Medical Center	
Community Wellness/Childbirth Classes (fee)	410-535-8233
www.calverthealthmedicine.org/Classes-Events	
Nurturing Necessities	410-414-5414
Breastfeeding assistance.	
Medstar St. Mary's Hospital	301-475-6019
Childbirth Classes/Infant CPR Classes (fee)	

## Dental Resources

Calvert Community Dental (Lusby)	410-535-8402
Calvert Smiles	410-257-7200
Tidewater Dental (Prince Frederick)	410-414-8333
(Lusby)	410-326-4078
(Solomons)	410-394-6690
Dr. Juambelz (Dunkirk)	301-855-8888
Tyler Dental (Dunkirk)	301-327-5086
Dr Plater & Associates (Owings)	410-535-1990
Dr. Finch (Owings)	410-257-9655
Dunkirk Dental Assoc. (Dunkirk)	410-257-2400
Prince Frederick Dental Center	410-535-5055
Greater Baden Health Grp	301-888-2233 x3102
Dr Dowling(Orthodontics/need referral)	410-535-0861
Dr King (oral surgery/Waldorf)	301-645-4555
Univ of MD Dental School (adults)	410-706-7063
Univ of MD Dental School (child)	410-706-4213
Medstar Washington Hospital Center	202-877-7332

## Vision Resources

My Eye Dr./Prince Frederick	410-535-2020
My Eye Dr./Dunkirk	443-964-8705
Chesapeake Retina Center	410-535-6179
Maryland Eye Assoc (medical only)	410-535-2270

## Pediatrics

Baig, Azam M.D.  
Harris, Kennon M.D.  
Leahy, Joan, CRNP  
10264 Southern MD Blvd, Suite 103  
Dunkirk, MD 20754  
301-327-5093  
Edgewater Office 410-956-6302

Hawit, Roula M.D.  
2417 Solomons Island Rd  
Huntingtown, MD 20639  
410-286-9844

Mehta, Bhargesh M.D.  
Cox, Danielle PA  
Jackson, Michelle PA  
1005 Prince Frederick Blvd. # 101  
Prince Frederick, MD 20678  
410-535-5555/301-855-1114

Dunkirk Medical Center  
3140 West Ward Rd. Suite 207  
Dunkirk MD 20754  
410-257-1744/301-855-4525

Silpasuvan, Daung M.D.  
Lukban, Sara L. M.D.  
Serasini, Joanne CRNP  
1430 Solomons Island Road  
Huntingtown, MD 20639  
410-535-4544/410-257-2700

Skolnick, Michael M.D.  
Chiu, Meghan M.D.  
Singh, Manbir M.D.  
Bhogte, Coralyn M.D.  
God, Bethany M.D.  
130 Hospital Road, Suite 207  
Prince Frederick, MD 20678  
410-535-5959

## St. Mary's Pediatricians:

Dhillon, Amarpreet M.D.  
Leonardtown 301-475-9499  
Miller, Robert E. M.D.  
Brown, Crystal M.D.  
Leonardtown 301-475-7222  
Sheth, Amit M.D.  
California 301-863-6373  
MedStar Georgetown Pediatrics  
Haggerty, Jean M.D.  
Leonardtown 301-475-4610

MedStar Medical Group/St Mary's  
Johnson, Sarah M.D.  
Leonardtown 301-997-0055

MedStar St Mary's Primary Care  
Fahmi, Fahmi M.D.  
Lexington Park 240-237-8557

MedStar Shah Pediatrics  
California 301-863-9000  
Hollywood 301-373-7200  
Charlotte Hall 301-884-7330  
Leonardtown 301-475-8833

South Anne Arundel Pediatricians  
Bryant, Nancy CRNP  
West River 410-867-4700

The Pediatric Group  
Crofton 410-721-2273  
Davidsonville 410-778-1600

## Obstetrics/Gynecology

CalvertHealth OB & GYN  
Estes, Barbara MD  
Ginter, Hilary M.D.  
Johnson, Michelle M.D.  
Robertson, Kesha M.D.  
Mahata, Aparajita M.D.  
Barnes, Raena CRNP  
Davis, Deborah CRNP  
410-414-4740 (all offices)

1) Calvert Medical Office Bldg.  
Suites 202, 203,204  
Prince Frederick, MD 20678

2) Solomons Medical Center  
14090 HG Trueman Rd, Suite 2600  
Solomons, MD 20688

## St. Mary's County OB/GYN:

Southern MD Women's Healthcare

Polko, Lisa M.D.  
Davis, Nnamdi M.D.  
Ervin, Lauren, CNM  
Waytashek, Jennifer, CNM  
Ramthum, Amy CRNP  
Thomas, Eva CRNP  
Tomaszeski, Rachelle CRNP

301-997-1788 (both offices)

1) 41680 Miss Bessie Dr. Suite 102  
Leonardtown, MD 20650  
2) 23127 Three Notch Road Suite 104  
California, MD 20619

Neal, Joyce M.D.  
23140 Moakley St. Suite 1  
Leonardtown, MD 20650  
301-475-0145

## Internal Medicine

Benner, Charles M.D.  
Solomons Medical Center  
14090 HG Trueman Rd., Suite 2600  
Solomons, MD 20688  
410-449-6602

## Calvert Internal Medicine

1) Calvert Medical Office Bldg.  
985 Prince Frederick Blvd Suite 200  
Prince Frederick, MD 20678

2) Dunkirk Medical Center  
10845 Towne Center Blvd, Suite 204  
Dunkirk, MD 20745

3) Solomons Medical Center  
14090 HG Trueman Rd, Suite 2500  
Solomons, MD 20688

All CIM Locations, call:  
410-535-2005/301-855-1644

Jani, Parul M.D.  
1005 Prince Frederick Blvd  
Prince Frederick, MD 20678  
410-535-5555

Mathur, Mukesh M.D.  
Mathur, Manoj M.D.  
3995 Old Town Rd, Suite 202  
Huntingtown, M.D. 20639  
410-535-1451

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## Obstetrics/Gynecology

Brophy, Catherine M.D.  
Owens, Joyce M.D.  
Hudson, Danielle CRNP  
10845 Towne Center Blvd, #203  
Dunkirk, MD 20754  
410-286-3865

Brower, Deborah CRNP  
Gudger-Yates, Erin CRNP  
489 Main St, Suite 102  
Prince Frederick, MD 20678  
410-414-5633

Mathew, Scaria M.D.  
11910 HG Trueman Road  
Lusby, MD 20657  
410-326-6391

OT Family Medicine  
Sharolli, Romtin CRNP  
10339 Southern MD Blvd Suite 206  
Dunkirk, MD 20754  
443-646-3532

## CalvertHealth Primary Care

Batong, Silvia M.D.  
Brooks, Michael M.D.  
Cardella, Amanda D.O.  
Folsom, Michelle M.D.  
Papino-Higgs, Maria Novella M.D.  
Proctor, Keyonna D.O.  
Stoner, Melissa M.D.  
Costabile, Christopher PA  
Cook, Kimberly CRNP  
Katkhoua, Sarah CRNP  
McPheeters, Christina CRNP  
Pitman, Lacy CRNP

1) Calvert Medical Office Bldg.  
110 Hospital Road, Suite 111, 210  
Prince Frederick, MD 20678  
410-535-4488

2) Twin Beach Health Center  
8924 Chesapeake Ave  
North Beach, MD 20714  
410-257-7279

3) Solomons Medical Center  
14090 HG Trueman Rd, #2100  
Lusby, MD, 20657  
410-394-3712

## Internal Medicine, Continued

Shah Associates  
Calvert Medical Arts Center  
130 Hospital Road, Suite 300  
Prince Frederick, MD 20678  
410-535-4333

Suana, Gyan M.D.  
3995 Old Town Rd, Suite 202  
Huntingtown, M.D. 20639  
410-535-1451

Yazdani, Mahin M.D.  
2555 Solomons Island Rd., North  
Huntingtown, MD 20639  
410-535-1695