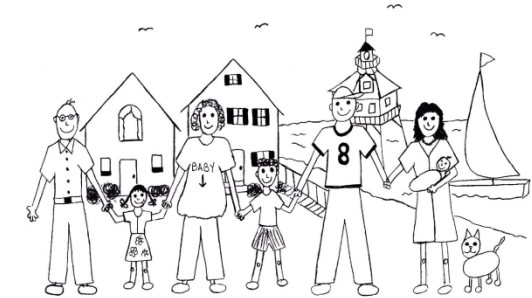


CALVERT COUNTY COMMUNITY RESOURCES



Compiled by
Calvert County
Health Department
 975 Solomons Island Rd.
 Prince Frederick, MD
www.calverthealth.org
 410-535-5400
 301-855-1353

(Revised 6/1/2021)

Mental Health and Substance Use Treatment

Calvert Behavioral Health (outpatient only)
 -Prince Frederick Behavioral Health 410-535-5400 x475
 -Barstow Behavioral Health 410-535-3079
 -Lusby Behavioral Health 410-394-0681
 -Chesapeake Beach Behavioral Health 410-286-0547
 -School Based Behavioral Health 410-535-3079 x 28
[Facebook.com/CalCoBehavioralHealth](https://www.facebook.com/CalCoBehavioralHealth)

A+ Counseling Center 240-766-4194
 Avenues Recovery Center (outpatient) 410-535-8930
 Bayside Recovery (outpatient only) 443-486-5680
 Certified Counseling Services/Dunkirk 410-610-2595
 Project Chesapeake (outpatient only) 443-968-8331
 Pathways 410-573-5400
 Open Arms (outpatient only) 301-645-5538
 Pyramid Walden/Anchor 301-997-1300
 Center for Addiction & Pregnancy 410-550-3066
 Outlook Recovery 240-237-8325
 Utopia 443-295-7697

Mental Health Only Services

Center for Children 410-535-3047
 Chesapeake Neurology 410-535-2500
 Andrew Gergely, MD & Assoc 410-286-0664
 Osama Saleh, MD & Assoc 410-535-5602
 Shah Associates 410-535-4333
 Advantage Psychiatric Services 410-686-3629 option 6
 Barstow Acres Children's Center 410-414-9901
 Blue Sails Counseling 410-231-0488
 So. MD Community Network 410-535-4787
 Calvert Counseling Center 443-295-3341
 CCHD Crisis Intervention 410-535-5400 x384
 DPK Counseling 410-535-4854
 Deborah Nelson LCPC 410-414-5953
 Pathways, Inc. 301-373-3065
 Therapy Café 443-295-9855

Other Behavioral Health Support

Calvert Center for Change 410-535-5400 x384
 Southern MD Family Support Warmline 443-546-0617
 MD Coalition of Families 410-730-8267
 NAMI Southern Maryland 410-884-8691

Financial Resources

Department of Social Services 443-550-6900
 Child Support Services 800-332-6347
 Social Security Administration 800-772-1213
 Charlotte Hall Social Security 888-866-5181
 Unemployment Insurance Claims 877-293-4125
 So. MD Tri-County Com. Act. (energy assist) 410-535-1010
 So. Maryland Jobsource 301-645-8712
 Community Ministry of Calvert 410-414-8007
 Christmas in April Calvert Co. 410-535-9044

Food Assistance

WIC Program 877-631-6182
 DSS 443-550-6900
 Bayside Baptist Church 410-257-0712
 Brooks Church Pantry 410-586-3972
 Calvert Churches Food Pantry 410-414-7474
 Chesapeake Lighthouse Food Pantry 478-284-5489
 Chesapeake Cares Food Pantry 410-257-3444
 First Lutheran Church 410-257-3030
 Mt Olive United Methodist Church 410-535-5756
 New Life www.newlife.live/calvert-campus/
 Randle Cliffs Com. Church 410-257-0342
 S.M.I.L.E. Food Pantry 410-326-0009
 St. Anthony's Church 410-286-7086
 St John Vianney 410-286-1944
 Solomons Food Pantry 410-326-3278
 Hands of God Mobile Ministry 410-535-2275
 S.H.A.R.E Food Network 800-217-4273
 Birthright (Formula/Baby Food) 410-257-1402

Housing/Shelters

Calvert Co. Housing Authority 410-535-5011
 So. MD Tri-County Com. Action 410-535-1010
 Project Echo 410-535-0044
 Homeless Shelter- Men, Women and Children
 Angel's Watch/Catholic Charities 301-274-0680
 Homeless Shelter-Women & Children (Charles County)
 Safe Nights of Calvert County 443-486-8670
 Sexual Assault / Domestic Violence Crisis Hotline: 410-535-1121

Clothing Resources

Birthright (maternity/baby) 410-257-1402
 Care Net/Calvert County 410-326-6866
 S.M.I.L.E (Solomons) 410-326-0009
 HELP Association 410-257-6669
 Comm for Women Clothes Closet 410-615-4221

Disability Resources

DDA Southern MD Regional Office 888-207-2479
 Dept. of Rehabilitation Services 410-535-2620
 DHR Respite Grant 443-550-6969
 LISS www.marylandcommunityconnection.org
 REM Program 800-565-8190
 The Coordinating Center 410-987-1048
 Arc of Southern Maryland Calvert 410-535-2413
 Friendly Health Services 410-535-6542
 The Center for Life Enrichment 301-373-8100
 MMARS RC, Inc. 410-332-8197
 Total Care Service, Inc. 301-918-0070
 Office on Aging 410-535-4606
 Therapeutic Recreation 410-535-1600 x8204
 SMCR 301-997-8143
 Online Resource Locator
<http://specialneeds.dhmmh.maryland.gov/>

Transportation

Medical Assistance Transportation 410-414-2489
 Medical appointments only. Must schedule in advance.
 Public Transportation 410-535-4268
 Smart Ride 410-535-6932

Legal Assistance

So. MD Center for Family Advocacy
 Aid for Victims of Domestic Violence 301-373-4141
 Legal Aid Bureau 877-310-1810
 Circuit Ct Family Services Free -Wednesdays ONLY
 Call 410-535-1600 x 2524 or 2516 from 8:30-11:30 am
 to get an appointment between 12:30 and 2:30 pm

Child Care Resources

Locate Child Care 1-877-261-0060
 Assistance in locating a licensed child care provider.
 DSS (Child Care Vouchers) 443-550-6900
 The Promise Resource Center 301-290-0040
 Information & training for child care providers

Parenting Classes/Support Programs

So MD Family Support Warmline 443-546-0617
 CareNet/Calvert County 410-326-6866
 Parents Place of Maryland 800-394-5694
 Partners for Success (School) 443-550-8375
 Healthy Families/HIPPY 443-550-8050
 Barstow Acres Children's Center 410-414-9901
 Family Encouragement Couching 410-610-2352
 Maryland Coalition of Families 410-730-8267

Education Resources

Calvert County Public Schools 443-550-8000
 Infants & Toddlers Program 443-550-8373
 Child Find (2 years 9months & older) 443-550-8381
 Head Start 443-550-8062
 Judy Center 443-550-8077
 Adult Education Program 443-550-6179
 Adult Basic Education, Literacy Tutors, GED Classes, ESL
 GED Practice Test, National External Diploma Program
 College of Southern MD/PF 443-550-6000

Additional Resources

OurCalvert.com
 Calvert County Government 410-535-1600
 Calvert Co. Parks & Rec. 410-535-1600 x 2649
 Calvert Library (calvertlibrary.info) 410-535-0291
 Calvert Diaper Bank jordank@calvertnet.k12.md.us
 Calvert Hospice 410-535-0892
 Child Safety Seat Information 410-535-2800
 Community Mediation Center 443-295-7456
 Closing the Gap Coalition
www.ctgc-closingthegapcoalition.org
 DNA Diagnostic (Pvt Paternity Test) 800-362-2368
 Paternity Testing for Child Support:
 State Attorney Office 410-535-1600 x 2549
 Tobacco Quitline (24/7) 1-800-QUIT-NOW
 MD Community Services Locator mdcsf.org

Crisis Hotlines

Behavioral Health Crisis Hotline:
877-467-5628

Sexual Assault / Domestic Violence Hotline:
410-535-1121

National Suicide Prevention Lifeline:
1-800-784-2433

LGBT National Hotline 888-843-4564 (4pm-MN)

Poison Control: 1-800-222-1222

Calvert County Health Department 410-535-5400/301-855-1353

Birth Certificate Information	x 387
Cancer Screening Programs	x 343
Calvert Behavioral Health:	
Prince Frederick Behavior Health	410-535-5400 x 475
Barstow Behavioral Health	410-535-3079 x 6
Lusby Behavioral Health	410-394-0681
Chesapeake Beach Behavioral Health	410-286-0547
Recovery Support	410-535-3079 x 35
School-Based Behavioral Health	410-535-3079 x 28
Child Passenger Safety Seat Assistance	x 348
Children with Special Health Care Needs	x 405
Calvert Center for Change (Sex Assault/Dom. Violence)	x 384
Diabetes Programs	x 459
Environmental Health	410-535-3922/301-855-1557
Genoa Pharmacy	443-486-7173
HIV Testing/Counseling	x 332
Immunizations Adult and Child	option 6
Health Choice/MCHP (Medical Assistance)	option 6
Maternal Child Program	x 400
Medical Assistance Transportation	410-414-2489
Pregnancy Tests	x 332
Reproductive Health Clinic	x 332
Sexually Transmitted Infection Clinic	x 332
Smoking Cessation Program	x 359
Spanish Interpreter	x 483
WIC Program	x 369

Health Insurance Resources

Marylandhealthconnection.gov	
MD Health Connection Call Ctr	855-642-8572
Calvert County Health Department	410-535-5400
Department of Social Services	443-550-6900
Seedco/MD Health Benefit Exchange	855-339-3007
MD Medicaid Help Line	800-284-4510
Healthy Smiles Dental Program	800-284-4510
Superior Vision/MD MCO	800-879-6901
Optim Maryland	888-204-5581

Hospitals / Clinics

CalvertHealth Medical Center:	410-535-4000
(Website/Physician Locator)	calverthealth.org
Medstar St. Mary's Hospital	301-475-8981
(Website/Physician Locator)	medstarstmarys.org
Anne Arundel Medical Center	443-481-1000
(Website/Physician Locator)	aaahs.org
UM Charles Regional Med Center	301-609-4000
University of MD Medical Center	800-492-5538
(Website/Physician Locator)	umms.org
Johns Hopkins Hospital	410-955-5000
Johns Hopkins Bayview	410-550-0100
(Website/Physician Locator)	hopkinsmedicine.org
Children's National Medical Center	202-476-5000
(Website/Physician Locator)	childrensnational.org
Greater Baden Medical Services	301-888-2233
CVS MinuteClinic	1-866-389-2727

Patriot Urgent Care

Dunkirk Urgent Care	410-650-4346
Prince Frederick Urgent Care	410-535-8911
Solomons Urgent Care	410-394-2800

Childbirth/CPR Classes

CalvertHealth Medical Center	
Community Wellness/Childbirth Classes (fee)	410-535-8233
www.calverthealthmedicine.org/Classes-Events	
Nurturing Necessities	410-414-5414
Breastfeeding assistance.	
Medstar St. Mary's Hospital	301-475-6019
Childbirth Classes/Infant CPR Classes (fee)	

Dental Resources

Calvert Community Dental (Lusby)	410-535-8402
Calvert Smiles	410-257-7200
Tidewater Dental (Prince Frederick)	410-414-8333
(Lusby)	410-326-4078
(Solomons)	410-394-6690
Dr. Juambelz (Dunkirk)	301-855-8888
Tyler Dental (Dunkirk)	301-327-5086
Dr Plater & Associates (Owings)	410-535-1990
Dunkirk Dental Assoc. (Dunkirk)	410-257-2400
Prince Frederick Dental Center	410-535-5055
Greater Baden Medical Services	301-888-2233
Dr Dowling(Orthodontics/need referral)	410-535-0861
Dr King (oral surgery/Waldorf)	301-645-4555
Univ of MD Dental School (adults)	410-706-7063
Univ of MD Dental School (child)	410-706-4213
Medstar Washington Hospital Center	202-877-7332

Vision Resources

My Eye Dr./Prince Frederick	410-535-2020
My Eye Dr./Dunkirk	443-964-8705
Chesapeake Retina Center	301-893-3484
Maryland Eye Assoc (medical only)	410-535-2270

Pediatrics

Baig, Azam M.D.	
Harris, Kennon M.D.	
Mickins, Monee MD	
Richardson, Krystal CRNP	
10845 Towne Ctr Blvd S 207	
Dunkirk, MD 20754	
301-327-5093	
Edgewater Office	410-956-6302
Hawit, Roula M.D.	
2417 Solomons Island Rd	
Huntingtown, MD 20639	
410-286-9844	

Mehta, Bhargesh M.D.	
Mehta, Monica M.D.	
Jackson, Michelle PA	
Smawley, Patricia CRNP	
1005 Prince Frederick Blvd. S. 101	
Prince Frederick, MD 20678	
410-535-5555/301-855-1114	

Dunkirk Medical Center	
3140 West Ward Rd. Suite 207	
Dunkirk MD 20754	
410-257-1744/301-855-4525	

Silpasuvan, Daung M.D.	
Lukban, Sara L. M.D.	
Serasini, Joanne CRNP	
1430 Solomons Island Road	
Huntingtown, MD 20639	
410-535-4544/410-257-2700	

Skolnick, Michael M.D.	
Chiu, Meghan M.D.	
Singh, Manbir M.D.	
Bhogte, Coralyn M.D.	
God, Bethany M.D.	
130 Hospital Road, Suite 207	
Prince Frederick, MD 20678	
410-535-5959	

St. Mary's Pediatricians:

Dhillon, Amarpreet M.D.	
Leonardtown	301-475-9499

Miller, Robert E. M.D.	
Brown, Crystal M.D.	
Weaver, Kelly CRNP	
Eldridge, Denise CRNP	
Leonardtown	301-475-7222

Sheth, Amit M.D.	
California	301-863-6373

Fahmi, Fahmi M.D.	
Lexington Park	240-237-8557

MedStar Georgetown Pediatrics	
Leonardtown	301-475-4610

MedStar Medical Group/St Mary's	
Leonardtown	301-997-0055

MedStar Shah Pediatrics	
California	301-737-0500
Charlotte Hall	301-884-7330
Leonardtown	301-475-8833

Obstetric/Gynecology

CalvertHealth OB & GYN

Estes, Barbara M.D.	
Ginter, Hilary M.D.	
Henry, Jessica M.D.	
Johnson, Michelle M.D.	
Robertson, Kesha M.D.	
Settle, Katreena M.D.	
Davis, Deborah CRNP	
Gray, Ashly CRNP	
410-414-4740 (all offices)	

1) Calvert Medical Office Bldg.
110 Hospital Rd, Suites 202, 203,204
Prince Frederick, MD 20678

2) Solomons Medical Center
14090 HG Trueman Rd, Suite 2600
Solomons, MD 20688

St. Mary's County OB/GYN:

Southern MD Women's Healthcare

Cheeca, Murissa M.D.	
Davis, Nnamdi M.D.	
Greenwood, Arthur M.D.	
Polko, Lisa M.D.	
Ervin, Lauren, CNM	

41680 Miss Bessie Dr. Suite 102
Leonardtown, MD 20650
301-997-1788

Neal, Joyce M.D.	
23140 Moakley St. Suite 1	
Leonardtown, MD 20650	
301-475-0145	

Internal Medicine

Benner, Charles M.D.	
Solomons Medical Center	
14090 HG Trueman Rd., Suite 2300	
Solomons, MD 20688	
410-449-6602	

Calvert Internal Medical Group

1) Calvert Medical Office Bldg.
985 N Prince Frederick Blvd Suite 202
Prince Frederick, MD 20678

2) Dunkirk Medical Center
10845 Towne Center Blvd, Suite 204
Dunkirk, MD 20745

3) Solomons Medical Center
14090 HG Trueman Rd, Suite 2500
Solomons, MD 20688
All CIM Locations, call:
410-535-2005/301-855-1644

Jani, Parul M.D.	
Jackson, Michelle PA	
Smawley, Patricia CRNP	
1005 Prince Frederick Blvd	
Prince Frederick, MD 20678	
410-535-5555	

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Obstetric/Gynecology

Brophy, Catherine M.D.	
Owens, Joyce M.D.	
Hudson, Danielle CRNP	
McGinn, Amy CRNP	
2025 Chaneyville Rd S. 200	
Owings, MD 20736	
410-286-3865	

Brower, Deborah CRNP	
Decoursey, Amanda CRNP	
489 Main St, Suite 102	
Prince Frederick, MD 20678	
410-414-5633	

Mathew, Scaria M.D.	
11910 HG Trueman Road	
Lusby, MD 20657	
410-326-6391	

CalvertHealth Primary Care

Batong, Silvia M.D.	
Brooks, Michael M.D.	
Cardella, Amanda D.O.	
Papino-Higgs, Maria Novella M.D.	
Proctor, Keyonna D.O.	
Stoner, Melissa M.D.	
Costabile, Christopher PA	
Cook, Kimberly CRNP	
Katkhouda, Sarah CRNP	
McPheeters, Christina CRNP	
Pitman, Lacy CRNP	

1) Calvert Medical Office Bldg.
110 Hospital Road, Suite 111
Prince Frederick, MD 20678
410-535-4488

2) Twin Beach Health Center
8924 Chesapeake Ave
North Beach, MD 20714
410-257-7279

3) Solomons Medical Center
14090 HG Trueman Rd, #2100
Lusby, MD, 20657
410-394-3712

Internal Medicine, Continued

Mathur, Mukesh M.D.	
Mathur, Manoj M.D.	
3995 Old Town Rd, Suite 202	
Huntingtown, M.D. 20639	
410-535-1451	

Shah Associates

Calvert Medical Arts Center
130 Hospital Road, Suite 300
Prince Frederick, MD 20678
410-535-4333

Suana, Gyan M.D.	
3995 Old Town Rd, Suite 202	
Huntingtown, M.D. 20639	
410-535-1451	

Yazdani, Mahin M.D.	
2555 Solomons Island Rd., North	
Huntingtown, MD 20639	
410-535-1695	