Local Behavioral Health Authority

P.O. Box 980 Prince Frederick, Maryland 20678

Laurence Polsky, MD, MPH, F.A.C.O.G Health Officer

Andrea McDonald-Fingland



Phone (410) 535-5400 (443) 295-8584

Fax (443) 968-8979

www.calverthealth.org

Calvert County
Local Drug and Alcohol Abuse Council
Meeting Minutes
December 8, 2021

Attendees:

Andrea McDonald-Fingland, Katie Wandishin, Kristy Kidwell, Sierra Ringley, Sara Haina, Julie Mashino, Candice D'Agostino, Betsy VanAuker, Lauren Joeckel, Nicole Ukonumme, Antoine White, Danielle Johnson, Noelle Flaherty, Kara Harrer, Danielle Russell, Anita Ray, Josh Underwood, Joe Windsor, Anita Ray, Paula Hewlett, Nick Defelice, Cheryl Harms, Cynthia Scribner.

I. Introductions/ Roll Call

- Andrea completed roll call, Attendance was taken.
 - Meeting called to order
 - 1st_ Candice D'Agostino
 - 2nd_ Noelle Flaherty
- October Meeting Minutes approval
 - Motion to Approve (As written)
 - 1st-CandiceD'Agostino
 - 2nd Joe Windsor
 - 0-Nays, 0- Stays, All in favor-(Unanimous)

II. LBHA Updates:

- Andrea McDonald-Fingland-
 - MDH Network Security Incident/ Update and information Hindering Processing of Invoices and other duties.
 - LBHA Grants Specialist position has closed and interviews to begin.
 - FY23 S.T.O.P Proposal has been submitted and accepted for consideration.
 - OTP Peer Funding- Vendor was not Comfortable with the ability to provide these services, that funding will be returned to BH
 - LBHA is applying for additional BH funds for Urgent care, to expand walk- in crisis services
 - BHA is implementing Data Dashboard, it is not accessible yet.

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- BHA has adjusted the Annual planning process. It will be a much more cumbersome experience. Deadline for the Annual plan due date has been extended to March 31, 2022. We will schedule a brief 30 to 60-minute meeting for review and approval of the plan from the council.
- MAT Stigma Campaign Feedback on images chosen.
 - Suggestions were: Caucasian American male and African American female: Multiple people in Photo- (taglines wouldn't work with this suggestion without having to change the entire poster)

> Katie Wandishin

- o Reminders:
 - We are still looking for volunteers in recovery from SUD and/or MH to do testimonials for Social Media Campaign
 - Community Conversations event on December 15th 2021 from 6pm to 8pm at Prince Frederick Library.) Looking to make it a hybrid meeting if possible) Panelist discussion on Calvert County treatment services for Individuals with SUD: Target audience is Calvert County residents

o STATS updates -

- Most grants are on track with meeting most, if not all performance measures.
- SMCN- Has officially opened their Residential Crisis Beds, as of November 29th. There are 5 beds foe placement for a 10-day stay. Oxford House- Has officially started admitting individuals into their new houses in Chesapeake Beach- 1st female tenant is scheduled to move in today. They are working on finalizing a zoning issue in order to start admitting men into their Men's house, accepting applications.
- Supportive Funds Requests Have been minimal, 0 requests for Child and Adolescents.
- RRP- Currently 3 open beds in general- No referrals
- Highlights-
- Peer to Peer and MAT Case Manager grants already met their performance measures for the year.
- Barriers/Challenges
 - Workforce shortages hard to staff.
 - COVID-19 still creating barriers to service delivery, especially in the detention center.
- SOR grants- restrictions of who can be served through this grant/ OUD and stimulant disorder individuals only.

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• Healthy Beginning's Only enrolled 2 new people in the 1st quarter, due to lack of pregnant women with OUD/Stimulant disorders.

Sierra Ringley

- o Another COC spot was filled at the end of October.
- Created the C&A Sub-Committee and will be reviewing the needs assessment at the next meeting.
- Creating a resource binder for supportive Behavioral Health Support for C&A in Calvert County.
- Slowdown in referrals for In-Home Intervention (IHIP-C). As well as certificates of need for residential treatment centers

Ill. Sub-Committee Updates

> Child and Adolescent Subcommittee

- NOV 17th first meeting to establish. Open discussion for needs for C&A Not a lot of services available for children under the age of 5.
- Planning a C&A wellness event. Have not established a Mission.

> Behavioral Health Collaboration & Outreach Subcommittee

- Last meetings were on NOV, 18th- Dec 1st & 6th 2021
- Nov meeting Reviewed Community Conversations Event. Discussed success of event and plan for the next one to be hybrid. Discussed the need to better advertise and details of planning the in-person portion of the event.
 - Scheduled a meeting with the panelist to review event details on December 6, 2021
 - Discussed CHIR subcommittee combining groups that have same goals to address
 - Reviewed upcoming events from each department/organization Discussed next steps for this subcommittee
 - Decided to plan an event during the holiday season to provide behavioral health resources to Calvert County residents
 - Planned two meetings in December to plan and review the details. December meetings planned event called "Ask an expert: handling the holidays"
 - Plan to set up a table with resources, hot cocoa, and a doctor and clinician to offer free consultation during the stressful holiday season
 - Plan to be at the Ann Marie Gardens Event on December 8th & 29th from 5-9pm and possibly a third location but still hashing out details on when and where

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- Had to coordinate who would volunteer, who would be providing a table with the resources, the banner, etc.
- Planning 2-3 events for January to continue this event through the cold months.

> Potential for Crisis Service Sub- Committee

- To include all organizations included in Crisis Services Care.
- To Coordinate Better, reduce utilization.
- Discussing thoughts on development- Positive Feedback, Great Idea, more methods of reaching people is always welcomed.
 - Motion to Start
 - 1st- Nick Defelice
 - 2nd- Antoine White
 - All in Favor
 - 0 Nays, 0- Stays Unanimous
 - Interested people to be a part of the Sub Committee; Doris McDonald, Denise Dickerson, SMCN, Calvert Hospital, Detention Center, Avenues. Josh underwood, Kara Harrier

IV. FY22 Goals/ FY23 Goal Setting

- > FY22 Work Plan- Presentation/Slideshow shared with council
 - o FY23 Annual plan Will only require three goals, with reduced information.
 - FY23 Goals include: Adolescents Suicide, Addressing Behavioral Health due to COVID-19, Effective BH Diversity and Access to MAT. Reviewed each goal, where we are and where we need to be headed with each.

V. Advisory Council Updates-

o Candice D'Agostino - Looking for anyone to Mentor During Mentor month.

IV. Meeting Adjourned

- o Motion to Adjourn 1st_ Noelle Flaherty 2nd Cheryl Harms
- o All in Favor 0-nays- 0-stays Unanimous
- Next LDAAC Meeting February 9, 2022 from 12pm-2pm
 - Respectfully Submitted, Kristy Kidwell