

ES CALVERT COUNTY LOCAL BEHAVIORAL HEALTH ADVISORY COUNCIL- STRATEGIC PLAN RETREAT MEETING MINUTES

Date: Monday October 2, 2023

Time: 8:30am-4:30pm @ PFVFD

Facilitator: Local Behavioral Health Authority

In Attendance

- Andrea McDonald- Fingland, Kristy Kidwell, Sarah Bailey, Kim Suarez, Katie Wandishin, Adrienne Ellison, Rachel Morris, Jayla Jones, Candice D'Agostino, Nick Defelice, Joseph Windsor, Paula Hewlett, Danielle Johnson, Paula Hewlett, Megan Sarikaya, Doris McDonald, Betsy VanAuker, Cheryl Harms, Jennifer Moreland, Ed Sullivan, Kara Harrer, Cynthia Scribner, Noelle Flaherty, Kimberly Shoe, Mary Galloway, Sarah Reiman, Doris Chen, Lori Bradford, Aaliyah Robertson, Tiffany McFarland,

Introductions & Ice Breaker

- LBHA staff and LBHAC members introduced themselves.
- Ask and Pass game played as an Ice breaker
- Approval of August meeting Minutes
 - Motion to Approve
 - 1st- Cheryl Harms
 - 2nd- Betsy VanAuker
 - All in favor – 0 nays, 0 stays Unanimous

Introduction to the LBHAC

- PowerPoint reviewed by Andrea McDonald- Fingland
- Items reviewed
 - Function
 - Membership
 - By-Laws
 - LBHA Chair and Vice Chair
 - Introduction Of Kara Harrer
 - Introduction of Vice Chair Nick DeFelice

Introduction to Sub-Committee's

- ▬ Power point presented on the LBHAC Sub-committees along with introduction and review from each committee lead.
 - BHCO
 - Over the next 3 years (FY24-FY26), improve access to effective and inclusive behavioral health treatment tailored to the individualized needs of persons.
 - Ask an Expert events
 - ❖ Last December- 3 events, served a total of 212 individuals
 - ❖ 988/suicide prevention card for youth population
 - ❖ Assisted in the planning of LBHA BUP events & Recovery FestAssists with Community Health Needs Assessment (CHNA)
 - C & A-
 - To collaborate with stakeholders to address the behavioral health needs of children and adolescents in Calvert County. The group works collaboratively to plan community interventions that target Calvert County youth, parents, and caregivers.
 - ❖ In FY23, the subcommittee worked on addressing youth depression, suicide risk warning signs, and inpatient emergency department admissions.
 - ✚ Outreach to the community to educate residents about youth behavioral health and community resources.
 - ✚ Planned and attended outreach events at various high school sporting events
 - ✚ Attended 15 in-school events
 - Developed an educational page with Mental Health Warning signs and behavioral health resources in Calvert County.
 - Mental Health will be held on 10/4/2023 from 10 -2 pm and is a family friendly event.
 - Working on the Mental Health & Suicide Awareness Art Project.
 - Q; Are services available for Homeless children?
 - A: Yes, they are.

- Was suggested that a parenting class be added to the C&A resource binder.
- Crisis –
 - Local Crisis Stakeholders come together to coordinate services and explore and brainstorm how to fill continued gaps
 - Over the course of the year, the following topics have been discussed
 - ❖ All Hazards Plan for the LBHA Annual Plan
 - ❖ Ensuring it is up to date and accurate
 - ❖ Local crisis data presentations
 - ❖ Crisis Continuum of Care
 - Identifying current services and what gaps still exist in our continuum of care Increasing adult outreach and looking to partner with Senior centers and food pantries.
- Governance (Membership) –
 - Formerly Membership
 - Responsible for tracking council vacancies and terms as well as recruiting new members to fill openings
 - Assist the council with adhering to the bylaws
 - Develop council policies and procedures
 - A recommendation was made by LBHAC council member that all committees should start including Health Equity.
- New Subcommittees-
 - We have the opportunity to expand our subcommittees to address new topics/target populations. During the break and subsequent presentations please think about other subcommittees our community may benefit from having. We will come back to this.

Data Review

- Andrea McDonald-Fingland & Aaliyah Robertson reviewed data section of the power point.
- Sarah Reiman, Doris Chen, and Lori Bradford presented and reviewed a PowerPoint the following topics were discussed.
 - BHA Stakeholder Meeting
 - Feedback on Meeting Logistics

- Reviewed BHA State Plan
- Familiarity with BHA plan
- Small group discussions and /or other comments and suggestions.
 - Reviewed the breakout session questions
 - ❖ Breakout sessions included, Crisis services Q&A, C&A service gaps, MH & Gun violence, Legislative issues, Emerging issues within your community.
 - Q; - Were there any changes to the current plan by the new governor?
A: - All questions will be compiled and given to the BHA team for review.
 - Q: -What were the stakeholders saying about SOMD that we should be focused on?
A; - C&A services, Housing, Transportation, resource availability across the state. Look into more specific needs to SOMD.
 - Add SIMS to data section?

FY25 Goal Planning

- Calvert County will experience a 2% reduction in incidents of suicide risk warning signs for Calvert County youth by 2026.
- The Calvert County LBHA will increase access to behavioral health resources within Calvert County.
- The Calvert County LBHA will educate the public about the availability of local behavioral health services.
- Calvert County residents will have access to effective and inclusive behavioral health treatment tailored to their individualized needs.
- The LBHA will increase the number of medical professionals who prescribe Medications for Opioid Use Disorder.
- The Calvert County LBHA will educate local behavioral health providers and stakeholders about evidence-based interventions to serve diverse populations.
- The Calvert County LBHA will increase the level of integration and coordination of mental health and substance use disorder services.
- FY24-26 3-year strategic planning
 - New BHA Planning guidelines
- Reviewed Goals 1 & 2
 - Do we want to add criminal justice & Crisis?
 - Priority areas
 - Youth mental health
 - MOUD

- Special Populations
 - Integration
 - Breakout groups
 - Added goal-
 - Access the needs of the individuals that have frequent contact with first responders.
 - ✚ Define High utilization
 - ✚ Establish criminal justice data and collaboration
 - Discussion:
 - Charging High Utilizers?
 - ✚ Could charge HI for ambulance rides.
 - Andrea now the point of contact for increase communication for 988 and 911.
- **Adjourn**

Next LBHAC Meeting
Wednesday, December 13, 2023
Virtual

Respectfully Submitted,
Kristy Kidwell