# **Local Behavioral Health Authority**

P.O. Box 980 Prince Frederick, Maryland 20678

Laurence Polsky, MD, MPH, F.A.C.O.G Health Officer

Andrea McDonald-Fingland



#### STATE OF MARYLAND

Fax (443) 968-8979

www.calverthealth.org

## <u>Calvert County Behavioral Health Provider Meeting Minutes</u> Thursday, January 20 · 10:00 – 11:00am

### **Attendees:**

Andrea McDonald-Fingland, Katie Wandishin, Kristy Kidwell, Sierra Ringley, Danielle Johnson, Erin Farley, Arvell Traps, Jamie Kane, Janeen Collison, Sarah Kolbe, Christine Otruba, Amber Oliverio, Brea Butler, Rebecca Sweeney, Derrell Frazier, Doris McDonald, Chelsea Simms, Shanta Adams, Tia Meyers, Vanessa Garcia, Jason Jarreau, Jessica Wright, Melissa August, Robert Galaher, Richard Reed.

#### I. Introductions

## II. LBHA Updates:

- ➤ Andrea McDonald-Fingland-
  - LBHA Staff -teleworking Update
  - State of Emergency/COVID Updates
    - o Best practices, Per Dr. Jones email.

- Behavioral Health Provider Meetings are held every other Friday @ 10am
- COVID -19 Testing and Mitigation Award
  - Please fill out form: https://forms.gle/wQotxRNgd8DUBhRA6

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- Vaccination Rates
  - Data sent to providers
  - HD and MDH can Host vaccine clinics at your location. Contact HD Anita Stevens- anitag.stevens@maryland.gov
  - MDH Contact Info <a href="https://tables.area120.google.com/u/0/form/aoi3-K7JJ5bcnyrhNnj\_1P/t/abAXnVbEPjR6nDgxNm3\_9D9PVprdxeOC36JZWyZK94">https://tables.area120.google.com/u/0/form/aoi3-K7JJ5bcnyrhNnj\_1P/t/abAXnVbEPjR6nDgxNm3\_9D9PVprdxeOC36JZWyZK94</a> nM8v6BSpyejiDbbbOgO11 cr

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#### > Katie Wandishin-

- Reminders:
  - Looking for volunteers to do testimonial for social media campaign in recovery from SUD and MH
- The Community Conversations Event on December 15, 2021 was a success. Ended up having 4 in person attendees and 3 online.
  - Next event is on March 23, 2022 from 6pm-8pm- HYBRID- up to 20 in person via EVENTBRITE and the rest via ZOOM- panelist discussion on Calvert County treatment services for individuals with SUD; target audience is Calvert County residents. We will remind everyone at the next Provider meeting but wanted to open it up to Professionals to join us and become educated on the topic of MAT
- Available Consumer Support Funds for Adults, Children and Adolescents
  - Last resort funding (need to attempt 3 other resources before applying)
  - Helps with medication, medical/dental, transportation, transitional needs, vital documents
  - Must be Calvert County resident
- Available funds to reimburse community physicians for becoming Data 2000 Waiver
   Certified and implementation costs of becoming a SPOKE for the CAPE Calvert project
- Have funds to pay for Buprenorphine medication for those uninsured/underinsured
- RRP- currently have 3 General Beds open & 1 Intensive (state hospital referral)
- eligibility must have a Priority Population diagnosis and be unable to function independently in the community with other mental health services
- Bus Passes- I can only give out ONE 10 ride bus pass per consumer. Please begin the process of applying for the bus passes before sending consumer's my way
  - New process for \$20 bus passes. Must fill out a CSF application. Can request up to 3 months' worth of passes in request. Eligibility requirements- must be enrolled in PBHS, provide MA transportation denial letter, and copy of Tx plan to show a bus pass will help the individual meet their treatment goals. Must be Calvert County resident
  - Have a few Quarterly bus pass slots open up. Need a letter from a provider stating an individual needs one to meet their treatment goals and must attend at least one appointment per month to stay on the list
- I will offer a training for a group of staff members upon request

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### > Southern Maryland Community Network Presentation-

- Mission: (SMCN) forms a partnership between people with mental health needs and their community to foster understanding, empowerment, integration and enhanced quality of life.
- Locations: Calvert, St. Mary's and Charles counties
- Services offered:
  - O PSYCHIATRIC REHABILITATION PROGRAM (Adults and Children) (PRP)-Services offered include: linkage to community resources; linkage to psychiatrists and therapists; help with life skills; help with housing searches; financial management/budget assistance; and social skills education. Recovery is the ultimate goal of the program, PRP assists individuals in meeting their definitions of recovery.
  - o RESIDENTIAL PROGRAM (RRP)- The goal of the Residential Program is to provide supervised housing to individuals while they are working on their mental health goals. The program provides the following types of housing support services: assistance with developing daily living skills; assistance with developing self-care skills; providing links to community resources; developing a network of natural supports; and providing necessary and appropriate housing support
  - O TARGETED CASE MANAGEMENT (TCM)- The Targeted Case Management Program provides case management services for adults in Calvert, Charles and St. Mary's counties. TCM ensures that persons with psychiatric disabilities have the resources they need to enhance their ability to function independently in their community. TCM provides services that are flexible, comprehensive and mobile. Consumers and their families are provided many opportunities to establish peer networks and support systems. TCM services provide the consumer with linkages to community, psychiatric, legal, and medical resources; personalized and participatory goal planning; crisis intervention and 24-hour emergency service; assistance with obtaining/locating transportation and housing; procurement of psychiatric, financial, and medical benefits; assistance with IEP's and socialization/community integration.
  - O SUPPORTED EMPLOYMENT PROGRAM (SEP)- The Supported Employment Program can introduce or re-introduce individuals with serious and persistent mental illness into paid employment and assist them in being successful; services are offered in Calvert, Charles and St. Mary's counties. The desired program outcome would be an eventual transition into full-time competitive employment. For some individuals, steady, part-time employment might be a realistic goal.
  - IN-HOME INTERVENTION PROGRAM (IHIP)- IHIP is a program for children.
     The program provides intensive in-home services to children, adolescents and their families to increase age appropriate skills and resiliency. IHIP's goal is to reduce the

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risk of out-of-home placement while improving behavior and strengthening family functioning.

- MENTAL HEALTH HOUSING STABILITY PROGRAM\_THE PORTER HOUSE—The Porter House MHHS Program is designed to provide 24 hour/7 day a week assessment, stabilization, and case management services to mentally ill adults who are at risk for homelessness or who may already be homeless. A typical length of stay at The Porter House is 10 days.
- PROJECTS FOR ASSISTANCE IN TRANSITION FROM HOMELESSNESS PROGRAM (PATH)- The PATH program is a voluntary program that serves individuals with serious mental illness and/or co-occurring substance use disorders, who are experiencing homelessness or who are at risk of homelessness
- o JOB CARVING- Reaching out to Business Owners on foreseeable help needed.

### > Mental Health Association of Maryland (MHAMD) Presentation-

- MHAMD is Maryland's only volunteer nonprofit citizens organization bringing together
  consumers, families, professionals, advocates, and concerned citizens for unified action in all
  aspects of behavioral health. We envision a just, humane, and healthy society where each
  individual is accorded respect, dignity, and the opportunity to achieve their full potential—free
  from stigma and prejudice.
  - O Advocacy -The Mental Health Association of Maryland's public policy team works with the Maryland legislature, members of Congress, government officials, and other stakeholders to advocate for laws and policies that improve access to quality mental health and substance use treatment for all Marylanders.
  - Outreach and Education -MHAMD's community outreach and education provide Marylanders of all ages with information to improve their understanding of behavioral health, increase knowledge of effective interventions, reduce stigma, and strengthen pathways to care.
  - Services Oversight -MHAMD's consumer quality team helps improve quality oversight of the public mental health system by recording and addressing individual consumers' satisfaction with the services they receive.
  - o Training MHAMD's Mental Health First Aid® training course helps people learn how to respond to a behavioral health concern or crisis. Engage with™ trains older adult caregivers in how to engage in healthy working/caring relationships.
  - o The Path Forward- A national campaign driving market-based improvement in access and care for all, the Path Forward is led in the Mid-Atlantic region by the

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MidAtlantic Business Group on Health, the Mental Health Association of Maryland and the Maryland Primary Care Program.

- Together with payers, employers, providers and a diverse network of health care leaders we are working to:
  - Improve in-network access to behavioral health specialists
  - Expand screening and testing for behavioral conditions (Measurement Based Care)
  - Expand behavioral health integration in primary care (Collaborative Care Model)
  - Improve tele-behavioral health
  - Resolve legacy mental health parity issues
- -If you are interested in learning more about The MidAtlantic Path Forward for Mental Health and Substance Use, please contact <a href="mailto:info@mhamd.org">info@mhamd.org</a>.

### > Provider Updates-

- Shartia Adams- Outreach Recovery- Offers MH, SU, Counseling and same day appointments.
- Amber Oliverio- Introduced herself as the new Parole and Probation representative.
- Tia Meyers- Adolescent Clubhouse- Accepting referrals for ages 12-17. Looking to fill their activity calendars: presentations etc. Please contact Tia to get on the calendar of events.

### Adjourn

\*\*Next Calvert County Behavioral Health Provider Meeting\*\*\*

March 17, 2022 from 10am-11am

 Respectfully Submitted, Kristy Kidwell