# LOCAL BEHAVIORAL HEALTH AUTHORITY BI-MONTHLY PROVIDER MEETING MINUTES

**Date**: January 19 ,2023 **Time**: 10:00am-11:00am

Facilitator: LBHA- Local Behavioral Health Authority

# **In Attendance**

Andrea McDonald- Fingland, Kristy Kidwell, Katie Wandishin, Rachel Morgan, Sarah Bailey, Adrienne Ellison, Kimberly Suarez, Leslie Parker, Rebecca Sweeney, Sonia Hines, Michelle Folsom, Ashley Alahambra (SP), Danielle Johnson, Kimberly Shoe, Anita Ray, Doris McDonald, Leslie Parker, Karen Carloni, Tia Meyer, Janeen Collison, Robert Gallaher, Patricia Hooper, Kerri-Jo Bobo, Erin Farley, Kathleen Arban, Amanda Mullins, Amy Raley, Jamie Kane, Shanna McClendon, LaVonya Echols, Tis Adams, Tiffany B.

# **Introductions of LBHA Staff**

# **LBHA Updates**

- Andrea McDonald-Fingland
  - o PATH Peer/Coordinator Kellie Fry has resigned from LBHA.
  - o There is currently a waitlist for PATH services until the vacancy is filled.

#### Katie Wandishin-

- Upcoming Event: Community Conversations: "Let's talk about Recovery".
   Panelist event on topic of SUD recovery coming up on February 22, 2023 from 11:30am-1:30pm
  - Lunch will be provided.
  - Location: Jefferson Patterson Park.
  - Offering CEU & CME
  - Must register to attend, there are only 30 spaces available; see flier for more details
- CSF- still have plenty of funding for adults & child & adolescents with mental health as well as funds for BUP.
  - BUP funds available are to help assist uninsured and underinsured individuals.
- Presentations on topics such as how to start a support group, RRP, CSF, C&A resources, etc.

o Fill out Google Form and reach out to Katie Wandishin to schedule.

## Kimberly Suarez-

- RRP vacancies- General has 1 and Intensive has 1, both vacancies have an application that is being reviewed for those open spots.
- If anyone is interested in a presentation on how to fill out an RRP referral application LBHA can set it up

# Rachel Morgan-

- LBHA will be RFPing the following Grants for SFY 2024.
  - TCA Temporary Cash Assistance
  - Buprenorphine Initiative (Anti- Stigma)
  - Peer to Peer

## - Sarah Bailey -

- Mental Health- Health fair- The C&A Subcommittee is working to assist with planning the Mental Health Fair on May 2nd, 2023 if you work with children/adolescents/families and are interested in being a vendor please contact me and I can send you the flier and vendor form.
- Still scheduling C&A Binder Presentations
  - A total of 8 resource binders have been distributed
- We still have some COVID Mitigation supplies, another order form will be sent out
- The event will be from 5:30pm-8:30pm at Calvert High and vendor set up begins at 4:30pm.
- High School Health fairs
  - Patuxent High School on 3/30/23 @ 7:15am
  - Huntington High school on 3/1/23 @ 7:15am
    - ✓ Activities like Mental health Jeopardy and destress kits

# **PATH Expansion Presentation**

- Adrienne Ellison presented a PowerPoint on PATH expansion.
  - o Contact Adrienne Ellison for more information, referrals and/or inquiries.
  - Andrea McDonald-Fingland reviewed the basics behind why and how this expansion is necessary

# **Local Behavioral Health Authority Advisory Council Membership Information**

- Andrea McDonald-Fingland presented an overview of the Local Behavioral Health Authority Council and Local Behavioral Health Authority Council membership.
  - Reviewed values, current membership, function of the council, all subcommittees under the LBHAC, membership roles, current vacancies on the council. We welcome anyone interested, please contact Kristy Kidwell for information and/or applications to become a member.

# **Provider Updates/Discussion**

- Ashley Alahambra (sp) Pathways-
  - Will be at Project Echo 1/26/23 handing put supplies.

## Karen Carloni (SMCN)-

- Currently have openings in Crisis beds
- Now accepting referrals to the ACT program
- o Any questions Text the main SMCN number 410-535-4787

#### Tia Meyers (ACH) -

- Adolescent Clubhouse is expanding partnership with 4-H to begin a 6-week workshop series designed to help youth develop important life skills to better handle the everyday stress of being a teen in 2023.
- Introduction season starts Thursday 1/26/203 at 4:30pm and full 6-week sessions will run from 2/16/23-3/23/23. Contact Tia Meyers – adolescentclubhouse@eastjohnyouth.org

## Erin Farley (CMH) –

- Workgroup created to address the Mental Health needs and wellness of frontline workers.
  - A survey was created only for Mid- level and under leadership. The next step is to review the surveys and make recommendations, based on the review.
    - ✓ How did we get more people involved in this process? Would like to have a few Behavioral Health providers join to help with recommendations. Contact Erin for more details
- 1,000-hour National Outdoor Challenge. Starts 1/23/23 for all Calvert County,
   CMH website has all the details and materials.

#### - Kerri-Jo Bobo-

 Introduced herself, works with Healthy Beginnings, which is a program for pregnant women struggling with Mental Health, Substance Use and/or Homelessness.

#### - Amanda Mullins (Pathways)-

- Located at 501 Main Street Prince Frederick, MD 20678
- Taking new appointments In-person or telehealth
  - Serving ages 5 through geriatric and taking all insurances.
  - Sonia Hines to collaborate referrals.

#### Bob Gallaher-

O What strategic aspects are the committees using to reflect the new SAMSA regulations and role changes? (AMF) The state will regulate a plan for this, we do have goals in place to reflect the changes, Workforce development training for doctor's on MOUD. We will have to shift how we implement the plan do to these new regulations. BHAC handles the state level planning.

## Andrea McDonald-Fingland-

- Any new attendees that would like to join our future Provider meetings, receive emails on other meetings and information on upcoming trainings, please contact Andrea McDonald-Fingland <u>Andrea.McDonaldFingland@Maryland.gov</u>.
- LBHA Provider meetings consist of, Calvert County Behavioral Health providers, sharing and learning Behavioral Health resources, new information, upcoming trainings, presentations on services and funding opportunities. LBHA is open to new requests and needs for the Provider meetings.

# Adjourn

Thank you all for attending.

**Next Provider Meeting is scheduled for:** 

March 16, 2023 | 10-11:00 am - Virtual

Respectfully Submitted,

Krísty Kídwell