

# **Supportive Services**

**All services offered are free of charge.**

## ***On Our Own of Calvert***

3850 Old Town Rd,  
Huntingtown, MD 20639, USA  
(410) 535-7576  
<https://www.onourownofcalvert.com>

Provides services and supports for unhoused individuals, including peer support services.

## ***Maryland Coalition of Families***

(410) 730-8267  
<https://www.mdcoalition.org>

Maryland Coalition of Families (MCF) provides peer support services to families who care for someone with mental health and/or substance use treatment needs.

## ***Cornerstone Southern Maryland***

305 N Prince Frederick Blvd.  
Prince Frederick, MD 20678  
(410) 535-4787  
<https://www.cornerstonemontgomery.org>

Provides Psychiatric Rehabilitation Program services (PRP), Targeted Case Management services (TCM), and Supportive Employment.

## ***National Alliance on Mental Illness (NAMI)***

<https://www.nami.org>

Provides peer support services to family members of individuals diagnosed with mental illness.

## ***988 Crisis Hotline***

Call 988 or text 741741  
<https://www.988lifeline.org>

Provides 24/7, free and confidential support for people in distress, prevention, and crisis resources for you and your loved ones.



## **Calvert County Local Behavioral Health Authority**

Office: (443) 295 - 8584  
Fax: (443) 968 - 8979  
[calverthealth.org](http://calverthealth.org)

The ***Calvert County Local Behavioral Health Authority*** (LBHA) is responsible for managing the Public Behavioral Health System (PBHS) in Calvert County. The agency was created in July 2019 by integrating the local Core Service Agency (CSA) and Local Addictions Authority (LAA).

### ***Our Mission***

To ensure all Calvert County Residents have access to quality Behavioral Health Services.

### ***Our Vision***

To cultivate a comprehensive system of Behavioral Health care in Calvert County, which provides individualized services to promote wellness, empowerment and recovery across the lifespan of our residents.

## **CALVERT COUNTY ADULT BEHAVIORAL HEALTH RESOURCES**



**Behavioral Health** includes both mental health and substance use disorders.

This brochure includes resources for **ADULTS**, individuals over the age of 18.

### **Type of resources included:**

- Inpatient/Residential Services
- Outpatient Treatment Services
- Supportive Services
- Crisis Hotline Numbers

## **Inpatient/Residential Services**

### ***Avenues Recovery Center***

125 Fairground Rd.  
Prince Frederick, MD 20678  
(240) 335-8421  
<https://www.avenuesrecoverymaryland.com>

Accepts Medicaid and most private insurances.  
Detox and residential levels of care for individuals with substance use disorders.

### ***CalvertHealth Medical Center***

100 Hospital Rd.  
Prince Frederick, MD 20678  
(410) 535-8144  
<https://www.calverthealthmedicine.org/Behavioral-Health>

Accepts Medicaid and most private insurances.  
Emergency evaluation and inpatient treatment services, including group and family therapy, educational services, medication management, behavioral management, psycho-education groups, and music therapy. Offers Partial Hospitalization Program (PHP).

## **Outpatient Treatment Services**

### ***Bayside Recovery Opioid Treatment Program***

440 Solomon's Island Rd. N, Suite 222  
Prince Frederick, MD 20678  
(443) 486-5680  
<https://www.baysiderecoveryllc.com>

Accepts Medicaid, Medicare, and cash payment options for other insurers.  
Individual and group therapy, opioid/substance use disorder assessment, medical follow ups, referrals to other providers/levels of care, naloxone training, substance use education, prescribing medications for opioid use disorder (MOUD).

### ***Andrew T. Gergely MD***

3175 W Ward Rd.  
Dunkirk, MD 20754  
(410) 286-0664  
<https://www.drgergely.com>

Accepts Medicaid and most private insurances.  
Psychiatric evaluations, medication management, psychological testing, individual, group, family, and play therapy.

### ***Blue Sails Counseling***

225 Town Square Drive, Suite 3  
Lusby, MD 20657  
(410) 231-0488  
[info@bluesails counseling.com](mailto:info@bluesails counseling.com)

Accepts Medicaid, BCBS, Aetna, Cigna, & United Healthcare.  
Psychiatry and therapy for all ages. Offers both in-person and telehealth services.

### ***Calvert County Behavioral Health Services***

#### ***Barstow location***

280 Stafford Rd.  
Barstow, MD 20610  
(410) 535-3079

#### ***Chesapeake Beach location***

3819 Harbor Rd.  
Chesapeake Beach, MD 20732  
(410) 286-0547

#### ***Lusby location***

11845 H G Trueman Rd.  
Lusby, MD 20657  
(410) 394-0681

#### ***Prince Frederick location***

975 Solomons Island Rd. N  
Prince Frederick, MD 20678  
(410) 535-5400

Accepts Medicaid and most private insurances.  
Mental health and substance use treatment services, and medication management.

### ***Pathways Inc.***

501 Main St., Suite 203  
Prince Frederick, MD 20678  
(240) 309-8242  
[communityservicesreferrals@pathwaysinc.org](mailto:communityservicesreferrals@pathwaysinc.org)

Accepts Medicaid.  
Psychiatric evaluations and mental health therapy, community services, supportive employment, and Transitional Aged Youth (TAY) programs.

### ***Project Chesapeake- Telehealth Only***

69 Sherry Ln.  
Prince Frederick, MD 20678  
(443) 968-8331  
<https://www.projectchesapeake.com>

Accepts Medicaid and most private insurances.  
Mental health and substance use treatment services, psychiatric evaluations, anger management services, & medication management.

### ***Therapy Café- Telehealth Only***

65 Duke St., Suite 106  
Prince Frederick, MD 20678  
(443) 295-8955  
<https://www.thetherapycafe.com>

Accepts Medicaid and most private insurances.  
Mental health assessments, individual, group, & family therapy.