

**CALVERT COUNTY HEALTH DEPARTMENT
CORE SERVICE AGENCY
MINUTES
October 12, 2016
Noon
Calvert Substance Abuse Services
280 Stafford Road
Barstow, Maryland 20610**

Attendees:

David Gale	JoAnn Adams
Cheryl Harms	Jennifer Edwards
Kristy Wines	Dave Spigler
Jessica Whitehurst	Doris McDonald
Brenda James	Patricia Estep
Justin Arrildt	

David Gale, CSA Director, called the meeting to order

Adoption of Minutes: The minutes from August 2016 were distributed and approved.

Business items:

- First quarter monitoring conference call took place on September 21st, no major issues found, received a positive review.
- Rollover Source and Use forms are due by Friday, October 14, 2016. Will be requesting \$8000.00 for trainings and the rest will be used to reduce FY 17 funds.
- Annual Plan process beginning. Our focus will need to be on integration, prevention and training. Also need to have discussion about the Consumer Support Funds for adults, there has been very minimal usage so far this year. Proposed by some Board members that we look into transportation and obtaining more passes for those that are on the waiting list.
- Open Meeting rules to apply to CSA Board, Agenda to be posted to CCHD website prior to all meetings. Public may attend, minutes will be posted
- Conflict of Interest for CSA's still unresolved, waiting on BHA to give guidance and recommendation on how to move forward.

- Training needs and/or ideas: Hospital is getting a PRP program and they need staff trained in addictions overlapped with co-occurring.
- SOAR – kick off will be November 16th at 10 a.m. at the HD. Need to get this program formalized in Calvert and find area providers that would be willing partners in this effort.
- Attended (David Gale) 1st conference for State Hospital Association and BHA. Looking for better ways to coordinate discharges from hospitals with providers/services in county. They had some good ideas on how to capture some data. Project Phoenix has been good with closing gaps between providers such as the jail and CMH, as well as the collection of data.
- Presentation given by Justin Arrildt on his business Shore Recovery Houses – information about this program can be found at www.shorerecoveryhouses.com. Currently he has one site with 5 beds for males, he has 4 living there now. For future goals he would like to expand and have other homes, as well as a women and children home.

Program updates CSA Child & Adolescent Coordinator – Jessica Whitehurst:

- Client support funds for youth are still available – to date we have only had 3 children referred and approved.
- Parent Support Specialists hired a regional manager, Christina Spangler.
- The Youth Ranch, formerly the Maryland Sheriff’s Youth Ranch, in Frederick, Maryland, opened a new facility on June 1, 2016. A Residential Drug and Alcohol Addiction Treatment Facility for Adolescent Boys, ages 12-17.
- Calvert County has 11 slots of the 50 TCM openings for privately insured families.
- Adventist Eastern Shore is closing and all children will need to be moved. Calvert County has 2 children who need to be moved. The CSA has been in touch and is working to have the children re-placed.

Program update from CSA Adult Coordinator - Loida Walker:

- Court Assessor – 1st Quarter report – there have been 19 referrals. Referrals have been made to the following programs: Outpatient MH – 9, Case Management – 1, CSAS – 4, Co-Occurring – 5. Average number of referrals a month is 6.
- Urgent Care – 1st Quarter report – 15 referrals accepted, 72% of the referred patients kept their scheduled urgent care appointment. There was a shortage of 4 hours of psychiatric time during this 1st quarter.

- Federal Block Grant – 1st Quarter report w/Sept. stats still pending – July, 9 new clients served and 172 services were provided to include existing clients. August, 8 new clients served, 179 services provided to include existing clients.
- Quarterly bus passes were distributed on 10/1/16. Currently there are 21 clients on the wait list.

Crisis Intervention Center update with Jennifer Edwards:

- Client numbers are up, child therapist is completely full.
- October is Domestic Violence Awareness month, working on awareness and events.
- Candlelight Vigil is Oct. 18th at 7 p.m.
- Annual numbers: 548 victims - 484 Adults, 64 children. 24 hour hotline received 16,363 calls (most in 32 years), and 2,793 bed days @ Safe Harbor.
- Victim Advocate training to be held November 5th & 6th.

OOO – JoAnn Adams:

- Recently went to the food pantries with consumers.
- Have had 10 OOO consumers take part in the Peer Passport and went to St. Mary's. On the 28th they will be going to Easton for a costume party.
- Oct. 19th is the Annual OOO meeting
- CIC and Calvert Mediation have been coming to the center conducting groups and they have been wonderful.

DSS – Cheryl Harms:

- ABAWD- County work program – work required if able and will be registered in system. Single adult with no children will be given 3 months to look for work and no longer. There were 801 cases looked at and persons contacted about their lack of work. November 30th the cases will close and benefits will stop. Must be working for at least 30 days before being able to apply for benefits again. For those with children 7 and older, must work or volunteer 20 hrs. A week/80 hrs. a month – this will be in full effect December 30th. There are 6 caseworkers covering over 10,000 cases.

Brenda James Help Association, Inc.:

- Looking for volunteers.
- Have money left over for the end of the year and are currently looking at different needs and trying to determine how to best spend it.

Veteran Affairs – Dave Spigler:

- Provided a list of resources for homeless vets in Southern Maryland – see attached. Received on call in reference to vet that was living out of his car and came across this great list of resources.
- Will now be the lead writer for Calvert Times.

Doris McDonald – BHC:

- BHC care coordination funds have decreased.
- Walk-ins have increased and are now at every site. Lusby site will have restricted hours while adjusting staff as a NP is leaving.
- Prince Frederick site will be open on the minor holidays, Election Day and Veterans Day. May adjust sites to be open for other holidays.

Respectfully submitted,

Kristy Wines
Office Supervisor

Where homeless vets can find help in Southern Maryland

By TAMARA WARD
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According to Calvert County Community Resources specialist Curt Hulcs, Calvert County has no shelters specifically for veterans.

The only home for veterans in Southern Maryland is in Charlotte Hall, in St. Mary's County, and it has a range of on-site services, including medical care. Calvert's primary homeless shelter is Project ECHO in Prince Frederick, which is open to all.

The HUD-Veterans Affairs Supportive Housing (HUD-VASH) program combines Housing Choice Voucher (HCV) rental assistance for homeless veterans with case management and clinical services provided by the Department of Veterans Affairs (VA). Locally, HUD-VASH vouchers are administered by the Housing Authority of Calvert County.

In Charles County, LifeStyles Inc., a nonprofit organization, supports people in crisis by providing emergency assistance. In partnership with other entities, Lifestyles provides referrals for health and human services. One of its signature programs is Safe Nights, an overnight shelter program to individuals and families from Oct. 1 through April 15 each year.

A number of Calvert County churches also participate in Safe Nights during the winter months.

Assistant director Corac Young said while LifeStyles Inc. can help with direct emergency shelter, there is normally not enough space for the need in the community. However, in addition to helping those find shelter, the nonprofit can assist a veteran, with a HUD-VASH voucher, with a security deposit for a rental, giving him or her a much-needed "leg up."

Lifestyles is not specific for veterans. Young recommended Three Oaks Center, which provides regional services to veterans, Maryland Commit-

ment to Veterans and Continuum of Care, a collaborative effort at the community, state and federal level to end homelessness.

Del. Mark Fisher (R-Calvert) recommended the Maryland Veterans Program, which offers assistance with crisis and emergency services, substance abuse, therapy, homelessness, unemployment and VA benefits. The state also offers a variety of programs designed to support homeownership and to ensure the availability of affordable housing. Fisher's office also suggested any veteran who is struggling with homelessness should call the U.S. Department of Veterans Affairs' national call center, also known as Help for Homeless Veterans, at 1-877-424-3838.

Resources:

Charlotte Hall Veterans Home
Charlotte Hall (St. Mary's County)
301-884-8171
<http://www.charhall.org>

Project ECHO
Prince Frederick (Calvert County)
410-535-0044
<http://www.projectecho.net/>

Housing Authority of Calvert County
Prince Frederick (Calvert County)
410-535-5010
<http://www.calverthousing.org/>

LifeStyles of Maryland
La Plata (Charles County)
301-609-9900
www.lifestylesofmd.org

Three Oaks Center
Lexington Park (St. Mary's County)
301-863-9535
<http://threeoakscenter.org/>

Maryland Veterans Program
1-877-770-4801
<http://veterans.maryland.gov/homeless-services/>

National Call Center
1-877-4AID-VET or 1-877-424-3838
<http://www.va.gov/homeless/nationalcallcenter.asp>

Twitter: @CalRecTAMARA