

CALVERT COUNTY HEALTH DEPARTMENT

CORE SERVICE AGENCY

MINUTES

August 15, 2018

Noon

Calvert Substance Abuse Services

280 Stafford Road

Barstow, Maryland 20610

**Attendees:**

JoAnn Adams

Danielle Russell

Sarah David

Andrea McDonald- Fingland

Cynthia Middleton

Wayne Millette

Jennifer Edwards

David Spigler

Patricia Estep

David Gale

Nicole Ukoumunne

Kristy Kidwell

***David Gale, CSA Director, called the meeting to order***

- *Introduction/Welcome*

**Adoption of Minutes:** *The minutes from June 13, 2018 were distributed and approved.*

- **CAC- Child Advocacy Center Presentation by Jennifer Edwards**
  - *CAC- Child Advocacy Center opened July 31, 2018 and is located on Main Street in Prince Frederick, MD. The center is beautiful and heavily equipped with everything from*

therapy rooms, to waiting rooms for other children and or family members. Therapy room will be used for Social Services to conduct Forensic interviewing. Jennifer Edwards and Kristi Bingham from CIC are the on call team for any therapeutic Intervention or stabilization needed. August 2<sup>nd</sup> 2018 the center received their first phone call/ Case. The center is expected to be a huge benefit to Calvert County. The main Purpose of the CAC is to avoid having traumatized children to give multiple statements and/or have to do repeat interviews. The center will also alleviate the time consuming travel sometimes associated with certain types of cases. Huge thanks to Kathryn Marsh For all the time and effort put into the CAC.

- **Old Business:**

- CSA 4<sup>th</sup> Quarter Monitoring- Complete and Letter of Approval from BHA Received, Now on to 1<sup>st</sup> Quarter monitoring.

- **New Business:**

- **1<sup>st</sup> Quarter Monitoring** – Due by September 3,2018, All documents required complete and will be sent to BHA by August 22,2018. Conference call with BHA to be scheduled after the review of required documents.
- **Venue Change CSA Board Meetings** –Starting October 17,2018 We will have a change of venue for the Bi-Monthly CSA advisory Board Meeting. New Location @ Calvert County Health Department, Prince Frederick, MD (conference Room in Administration on First Level. Next two scheduled dates are 10/17/201/ & 12/12/2018. As Kristy Kidwell (CSA Office Manager) get s confirmed dates for 2019 those dates will be forwarded to each Board Member to allow for adequate planning time.
- **Integration update by Wayne Millette** – we are Making progress on the integration of Substance Abuse and Mental Health. The State has set up work groups in order to support the counties. The ultimate goal is to ensure service quality and best possible outcomes for individuals and families. The Integration will make the process smoother and puts both the Addictions authority and Mental Health Authority on the same page. Create a system of care the insures a “no wrong door” experience so that when a person contacts any of the organizations involved in the local behavioral health system, they seamlessly connected with what they need regarding unhindered access to prevention services, Mental Health, Substance Abuse, and/or Addiction related disorders, regardless of age, income, disability, housing status, insurance status or other factors. Ideally, this includes access to non-medical resources – such as Peer Support, Wellness and Recovery Centers and Housing-as needed to achieve optimal results for each individual while reducing health disparities across the community. Integration will help meet the needs of individuals at risk of or with serious behavioral issues, along with their loved ones, by involving individuals, family and community members in planning and ensuring that individuals physical, mental substance use and wellness goals are addressed in the least restrictive, most normative and most appropriate settings. The Integration will support understandable and relevant information readily available for individuals to enter and proceed through Behavioral health systems in an appropriate and timely manner

- **We have Bus Passes!!!**
- **Wellness and Recovery (On our Own) RFP Announced**
  
- **Program Update from CSA Adult Coordinator - Wayne Millette**
  - **Wellness and Recovery (OOO):**
    - *All FY18 bench marks have been reached*
    - *We have started working on the RFP process for On Our Own – Wellness and Recovery for FY20*
  - **Consumer Support (Adult):**
    - *Bus pass Update- We have given 75 -\$20.00 bus passes already since Mid-July- We currently have 165 of the \$20.00 bus passes available- CSA is currently regulating these bus passes to one per month per consumer per month to ensure everyone who is inn need has access.*
  - **The Urgent Care /Hospital Diversion:**
    - *In FY18 over 60% kept their appointments, we are currently working with the ER to figure out how to get these numbers even higher!*
  - **Court Assessor:**
    - *In FY18 All goals were met and or exceeded for the fiscal year*
  - **FBG- Psychogeriatric:**
    - *To Start FY19 Ms. Valea Kelley a Calvert County Resident will be filling in as our LCSW-C completing assessment for the program. Doris McDonald (director of Substance Abuse) stated that they have an individual whom they are hoping to interview to replace Ms. Kelley in the future.*
  - **Mental Health Court:**
    - *First session will be held at Noon on August 23<sup>rd</sup> 2018. Location is at the Circuit Court Building in Prince Frederick, MD – This a huge step for Calvert County Mental Health Court.*
  - **State Hospital Centralized Admissions:**
    - *John Robinson, BHA's Director of Hospitals will oversee the State's Psychiatric Hospital's Integration Process. Five (5) State Psychiatric Hospitals have now been integrated into a centralized system and are no longer independent Stand –*

*Alone Hospitals. Instead of Five (5) separate waiting lists for these 5 psychiatric hospitals, there is now one centralized waiting list.*

- *Currently, the average wait time from the date of referral to the date of admission is 13 days. This is down drastically from One hundred four (104) days.*
- *The goal is to keep patients as close to their jurisdiction as possible, However, they will be placed in the first available bed instead of being left in jail. This will be very individualized and completed on a case by case basis*
- *Ninety-Five (95) total New Beds in the system; Twenty (20) new beds at Perkins and Twenty- Five (25) New beds at Eastern Shore*

➤ **Update from CSA Child & Adolescent Coordinator - Cynthia Middleton**

➤ **Consumer Support – Child & Adolescent Funds:**

- *Fy18 ended pretty strong. Serving a total of 23 Children almost reaching the full grant totals just shy of around \$1,300.00. We were to help children go to summer camp, take dance lessons, swimming Lessons, attend driving school, take summer college courses, and participate in Karate Lessons. FY19 Is off to a great start as well, already serving Four (4) Children using \$2,000.00 of the grant funds.*

➤ **Emergency Psychiatric services (EPS):**

- *They have exceeded their goals by 50%, Serving 1,567 Individuals in FY18. Their end of year Audit is scheduled for August 23<sup>rd</sup> 2018.*

➤ **Family Navigation:**

- *They Have exceeded or met all of their goals for FY18.They Actually went over their projected totals by 33 new clients, Which Is Amazing! End of year Audit for this program is scheduled for August 20th 2018.*

➤ **PATH:**

- *Most goals were met for FY18.Services exceeded expectations but the new clients fell short by fifteen (15). Overall the program is doing great and the End of Year Audit is scheduled for August 22<sup>nd</sup> 2018.*

➤ **Jail:**

- *4<sup>th</sup> Quarter review was completed by Cynthia Middleton in July. All goals were met except therapy hours, missing the goal by 300hrs. Cynthia Middleton Is currently working to set up End of year Audit and discuss how to reach the therapy goals for Fy19.*

➤ **LCT Update:**

- *Cynthia Middleton Used to leas the LCT meetings, however, the State has now made LCT coordinators' in all counties. LCT coordinator for Calvert County is Deirdre Berry. And was introduced at out last Board Meeting. She is doing a fantastic job. Mid- year STATS for FY18 were completed by Cynthia Middleton 6 cases were reviewed, 2 children had In-state RTC placement and only one child was placed out of state. Cynthia plan to continue to be part of the LCT team.*

- **Veterans Affairs- Dave Spigler:**
  - *President Trump Signed bill for billions of dollars in which a good amount of will be used to assist veterans. VA hospitals are now addressing the huge issue with disabled VETS accessibility to and from the hospitals. EXAMPLES: Distance between parking lots/garages and the hospital and the long hallways are extremely hard for wounded VETS or those on crutches- this is a work in progress. Expressed deep sympathy for Loss of Veteran Adrian Crooner.*
  
- **CIC-Jennifer Edwards:**
  - *CIC has been steady, Jennifer has been working along with the Family Violence Counsel in Monitoring the Incline of the harsher and more violent abuse. Lots of time spent in discussion over this and will be monitored closely moving forward. Upcoming trainings consist of September 20,2018 @ Barstow FREE Trauma informed care training MCASA on September 24,2018 – for human trafficking training.*
  
- **OOO- On Our Own – JoAnn Adams:**
  - *Joann reports they have had a total of 95 consumers so far since July 1,2018. On our Own (Wellness and Recovery) Plan to take part in the Recovery Fest on September 8, 2018. On Our Own (wellness and Recovery) made aware that the RFP to be announced for FY20.*
  
- **MCF- Nicole Coates:**
  - *Working Closely with Care Givers Support Group of Charles County. “When Bae Shouldn’t Stay” presentation went well in reaching the community and educating youth on recognizing unhealthy relationships. With the start of school just around the corner they will be busy with IEP meetings.*

**Next Board Meeting scheduled for October 17th 2018**

*Respectfully submitted,*

*Kristy Kidwell*

*Office Supervisor*