

# 2024

**FREE QUIT  
TOBACCO  
CLASSES!**



## **CIGARETTES-CIGARS-CHEW-VAPES**

**Held 6-7pm at the Calvert County Health Department**



**Online or In-Person Classes  
(6pm-7pm)**

**March 21 - May 9**

**May 23 - July 18**

**NEW CLASS!!**

**Virtual only (10am-11am)**

**March 23 – May 11**

Registration Required. CalvertHealth.org, call 410-535-5400,  
ext. 359 or [email jane.dodds@maryland.gov](mailto:jane.dodds@maryland.gov)



Paid by MD Cigarette Restitution Fund