CALVERT COUNTY HEALTH DEPARTMENT LOCAL BEHAVIORAL HEALTH AUTHORITY

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Calvert County
Local Drug and Alcohol Abuse Council
Meeting Minutes
12/09/2020

COUNCIL MEMBERS PRESENT:

Andrea McDonald-Fingland, Wayne Millette, Katie Wandishin, Nicole Ukoumunne, Betsy VanAuker, Candice D'Agostino, Doris McDonald, Dr. Drew Fuller, Noelle Flaherty, Kara Herrer, Megan Sarikaya, Anita Ray, Danielle Russell, Mary Golway, Julie Mashino, Cheryl Harms, Josh Underwood, Susan Justice, Cynthia Scribner

I. WELCOME, ROLL CALL

o Andrea went through the list of council members to review who was in attendance

II. LBHA REPORT- Andrea McDonald-Fingland

- > Gave statistic updates for the Child and Adolescent Grants during the first quarter
 - o School-based Service Coordinator has seen 48 new clients
 - o MD Coalition of Families has seen 69 new families
- Discussed RFPs from November for the Mini-Grant Program and the Detention Center Training
 - Looking for volunteers to help review 6 total proposals for these grants
 - o Candice D'Agostino and Drew Fuller volunteered
- > Funding Updates
 - o 2 of our Federal Block grants have been moved to General SUD Service Grants after reviewing BHA audit findings
 - 8505 grant and Detention Center SUD
 - Finalized awards for FY21
 - No Cost Extension GPRA data collection
 - No Cost Extension Recovery Housing through June 30, 2021
 - No Cost Extension for COVID-19 PPE
 - Still waiting on a few pending award letters
 - Adolescent Clubhouse and Hub and Spoke Grants are in final stages
 - o Incorrect amounts on SOR programs MAT with Criminal Justice and Crisis Services

COORDINATOR UPDATES:

Wayne Millette –

- All first quarter stats have been received. Most programs are meeting their COA's, the programs not meeting their COA's is specifically due to the position is still in the hiring process, and or a program has limited access due to COVID-19
- Maryland courts still have limited access
- All RRP beds are full in Calvert County
- BHA is requesting all RRP providers have a plan in effect for the holidays, BHA COVID-19 Positive Test Reporting Form for Residential Living Facilities is available on the website
- Currently still have \$20.00 bus passes available for use in getting to mental health appointments only
- The Safe Nights' season is January 3 February 28, 2021. Clients will be housed at Crossroads Christian Church from 7 pm 7 am. Different parishes will rotate in, to provide volunteers.
- The NEWLIFE Church will have an emergency shelter for Calvert has been created to offer winter protection to our homeless population by offering shelter in a clean and safe environment.

Katie Wandishin-

- Public Awareness for MAT saves lives was a success! Delivered all items to 9
 different providers in Calvert County last month; donated the rest to Project Echo to
 distribute at a community resource fair
- Created flier to engage Calvert County residents and providers to contribute to our social media testimonial awareness campaign as well as our quarterly newslette
- Most of the grants I oversee are on task for the first quarter.
 - Seeing more individuals with OUD being linked to MAT services within the county
 - There have been a lot of peer encounters throughout the county's behavioral health programs this quarter
- Some of the programs are struggling to meet performance measures this first quarter
 - o Specifically, due to COVID-19 restrictions
- Grants that are not included in the 2nd quarter monitoring:
 - o Buprenorphine- Planning 2 trainings for 2021, paid for 7 individual's medication and 1 individual's medication management visit
 - o TCA has not had any referrals this quarter
 - DSS is waiting on FIA (Family Investment Administration) approval to be able to send referrals
 - Crisis Services-56 enrolled, seeking DEA approval to provide MAT on van, still offering telehealth services
 - Oxford enrolled total of 4 individuals into home this quarter (had a few discharges), no new houses under SOR II purchased, No Cost Extension for SOR I was approved
 - o MAT with Criminal Justice- No new enrollments into detention center due to COVID-19 and hiring process for case managers
 - o Healthy Beginnings- only 3 enrolled out of 27 referred, enrollment process is slow, turn-over in September of RN, support groups were no longer virtual during first quarter
 - o MDRN- only 1 request so far and was not eligible for funds; other resources being used since this is a last resort funding source

III. INTEGRATION SUB-COMMITTEE DISTRIBUTION-Mary Golway from Calvert Health Memorial

- Reviewed Needs Assessment for Community Health Improvement Roundtable group and determined the hospital wants to collaborate with the Health Department in meeting goals from Needs Assessment
 - o Specifically addressing mental health disorder and substance use disorder needs
- Discussed idea of creating sub-committees for both the Advisory Council and the CHIR to focus on integrating behavioral health and somatic care needs, creating strategies to fill the gaps that are not duplicative
 - o It was suggested to combine the Needs Assessment planning

IV.PRESENTATION ON CHILD AND ADOLESCENT NEEDS ASSESSMENT- Julie Mashino from Calvert County Family Network

- Presented on current statistics and data collection from the Local Management Boards Needs Assessment
- Focused on 3 main results including Healthy Children, Safe Communities for Children, Youth, and Families, and Adverse Childhood Experiences
 - Data suggests that Calvert County has higher rates then the state of Maryland in most categories, including high school students feeling sad and hopeless for more than 2 weeks, juvenile alcohol offenses, household members struggling with SUD and/or gambling, etc.
- o Key findings from Needs Assessment:
 - Lack of services to support populations
 - Too much "red tape" to access services, such as insurance
 - Lack of acknowledgement of struggles and stigmas
 - Stress and isolation in community with high cost of living and high commuter population

V. FY21 AND FY22 GOALS

- o Andrea went through the spreadsheet to discuss the LBHA goals and progress that has been made so far in FY21
 - The first goal of integrating the LMHAC and the LDAAC into the LBHAC is in its final stages, focusing on finishing the Bylaws for submission
 - The other 4 goals focused on addressing increasing access for mental health and substance use disorder treatment services to children, adolescents, the homeless population, and specific populations as well as increasing awareness through anti-stigma campaigns, education on subjects such as MAT services, etc. (I have more specific goal)
 - It was determined that the present goals should continue into FY22, as they require more time to address
 - It was suggested to include suicide prevention in youth as well as addressing adverse childhood experiences in FY22 goals

VI. MEMBER UPDATES-

- o <u>Dr. Drew Fuller (Rapid Recovery Response)</u> MCT and Rapid Recovery Response are hiring staff in hopes of expanding their hours to be 24/7 by early next year
- Candice D'Agostino Outreach efforts have been curtailed due to COVID-19. They were able to do a Drug Take Back Day in October which was a success. They are currently working on developing an outreach mailing for overdose prevention including information on Rapid Recovery Response and other resources. A team meets quarterly to discuss other prevention methods for overdose and they are currently working on creating an additional sign to the overdose signs to include information about the Mobile Crisis Team.
- O Anita Ray, (Prevention) The office of prevention is working on a video series to present suicide classes at local middle schools. They are continuing to offer Naloxone training online and you can sign up on the Health Department's website. They are also offering self-care trainings.
- Osusan Justice (Office of Aging)—They are submitting a Resolution of AARP to the General Assembly to address the increase in behavioral health issues in the elderly population and focusing on there not being enough funding or access to services for this population
- Cheryl Harms (DHS)- It is anticipated that the disconnection of electric and evictions
 prevention might be extended again. We are still working on Statewide process for all
 applications, but are available by phone or email.
- O Josh Underwood (Detention Center)— The Detention Center is going to a modified work schedule due to the rise in cases through the county and State. All programs will continue but will all be done through telehealth.
 - MEETING ADJOURNED
 - Next LDAAC Meeting February 10, 2021 from 12pm-2pm

Respectfully Submitted, Kristy Kidwell