

CALVERT COUNTY HEALTH DEPARTMENT LOCAL BEHAVIORAL HEALTH AUTHORITY

P.O. Box 980
Prince Frederick, Maryland 20678

Laurence Polsky, MD, MPH, F.A.C.O.G.
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Calvert County Local Drug and Alcohol Abuse Council Meeting Minutes October 13, 2021

ATTENDEES:

Andrea McDonald-Fingland, Kristy Kidwell, Katie Wandishin, Sierra Ringley, Kellie Fry, Sonia Hines, Doris McDonald, Josh Underwood, Cheryl Harms, Lisa Thomas, Danielle Johnson, Joe Windsor, Megan Sarikaya, Cynthia Scribner, Paula Hewlett, Nicole Ukonnume, Betsy VanAuker, Anita Ray, Danielle Russell, Ariane Odom (for Jenn Moreland) Antoine White, Tia Meyers, David Payne, Tina Blackstone (DCT Coordinator) Tracie Sommer (MACS) Noelle Flaherty, Lauren Joeckel, Racheal Hess, Sonia Hines, Avi Ramprashed.

I. Introductions/ Roll Call

- Andrea completed roll call, Attendance was taken.
- Meeting Called to order
 - 1st -
 - 2nd
- August Meeting Minutes approval
 - Motion to Approve (As written)
 - 1st – Noelle Flaherty
 - 2nd – Cheryl Harms
 - 0-Nays, 0- Stays, All in favor-(Unanimous)

II. LBHA Updates:

Andrea McDonald-Fingland-

- **1Q Monitoring** - Went well, Changing the process to just a review form.
- **Rollover** - Rollover being submitted 10/15- Some request being made: seeking money for comfort bags for people in crisis- MCT Fore EMS and ER will receive some of these bags. Also seeking supplies for unhoused individuals, requesting money for more LBHA promotional items, late Urgent Care Invoice, and in May 2021, the Calvert County Health Department is hosting a Health Fair. We are requesting money to be used to purchase items for the Health Fair. Mini Grants – RFP coming out Friday 10/15/21 (2) -10,000

- Rollover funds Request for ACH
 - Equipment for mentoring program
 - Pool Fence
 - Accounting Audit
- We are in need a selection review committee
- **SOR Contracts** - All SOR Contracts were signed on or before 9/30/2021
- **Work Plan Updates- Work plan updates:**
 - Slideshow Reviewed the goals vs. where we are with that goal
 - Goal 1- By-Laws approval reviewed strategies and updates on those questions-0
 - Goal 2- Reducing Adolescent Suicide/LBHA will educate the public on available Behavioral Health Services reviewed strategies and updates on those - no questions
 - Goal 3 -Needs assessment- Identify gaps in Housing-Has not been complete due to staffing reviewed strategies and updates on those No updates- No questions
 - Goal 4 -LBHA will educate the Local Behavioral Health providers and stakeholders about
 - evidence-based interventions to serve diverse populations – reviewed objectives, strategies and updates on those-
 - Goal 5- Increase the number of providers who have Data 2000 waiver reviewed objectives, strategies and no questions 3 Physicians have utilized funds for Data 2000 – reviewed strategies, Objectives – Questions None
- **Annual Plan-**
 - Will review Data and work on Goals at Decembers Meeting.
 - State Plan will be moving to a 3- Year Plan, Anticipate Local Plans to Follow suit but no official news yet.

Katie Wandishin-

- **Reminders:**
 - We are still looking for volunteers in recovery from SUD and/or MH to do testimonials for Social Media Campaign.
 - Community Conversations event on December 15th 2021 from 6pm-8pm at Prince Frederick Library (Looking to make it a hybrid meeting if possible) – Panelists discussion on Calvert County treatment services for individuals with SUD: Target audience is Calvert County residents.
 - Our first Community Conversations event was held on September 30th 2021 from 5-7pm via Zoom. We had 7 attendees outside of those that helped develop and execute the event. Overall it was a successful event, with a team of experts providing residents information on what to do if someone is suffering with SUD.
- **STAT Updates:**
- Overall, most of the grants are on task to Meet all PMs. Peer to Peer has been highlighted in our Fall Newsletter, having served 64 unduplicated individuals in just 2 months.
- **Adolescent Clubhouse-** Had Open House in September- Resulted in 12 new members enrolling into the program! The biggest barrier is transportation.
- **SMCN-** Is now officially licensed to open the Residential Crisis Beds (5) and are waiting for MA#, to begin offering services.

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- **Supportive Funds requests-** Have been minimal; 0 for Child and Adolescents and starting to see an increase in request for funds/bus pass applications.
- **Oxford house-** has their final inspection today and will hopefully open both new houses as soon as the inspection approval letter is obtained.
- **RRP-** Currently 1 open bed in general and 1 open in Intensive. New home has been purchased for Intensive and bed put back on line, once the final inspection is completed.
- **BUS PASSES** – Available for anyone in PBHS. There is a new system in place for obtaining \$20 Passes and must fill out CSF application.

Sierra Ringley-

- **Introduction as New Child and Adolescent Coordinator.**
- **Program Updates:**
- **COC Program** – Currently working on bringing in a new client, possibly enough funding to bring on another client.
- **IHIP & RTC** – Big increase in referrals since school started
- **NIMH** presentation on Suicide Prevention during COVID- The estimated suicide rates were based on projected unemployment rates. It was believed that benefits through the state and federal funding worked. Populations affected: Healthcare workers (Under Extreme Stress), Women- increased stress and drinking. Believe this is due to increased child care responsibilities, stress trickles down to the children. Loss of social connections and support due to social distancing and remote work or school. Prevention methods: Add time for mindful and meaningful activities into your day (prevention and treatment for depression) Utilize people as a coping skill.

III. Sub-Committee updates:

- **Child and Adolescent Subcommittee**
 - Motion to approve a C&A Subcommittee for Behavioral Health
 - 1st -Betsy VanUker 2nd -Lisa Thomas
 - All in Favor – Christine Flaherty.
 - 0/nays 0/Stays – Unanimous
- **Behavioral Health Collaboration & Outreach Subcommittee** –
 - Last meeting was September 23, 2021. Reviewed Fall newsletter and added Local Provider Upcoming events.
 - Did a trial run for the first Community Conversations Event on Sept 30, 2021 from 5-7pm offered virtually.

- Practiced muting/unmuting
 - Discussed order of events for the evening
 - Members Volunteered to help on day of the event.
 - Dr. Fuller ensured he could access his presentation and present
 - Agreed on doing a GOOGLE form for participant questions
 - Asked everyone to attend the event at 4:45pm.
- **Bylaws Workgroup-** No updates, By-Laws are currently at BHA awaiting review and approval.

IV. Council Membership Voting:

➤ Current Members for re-election:

- *Candice D'Agostino – All in Favor, 0/ Nays, 0/Stays (Unanimous)*
- *Cheryl Harms – All In favor, 0/Nays,0/Stays (Unanimous)*
- *Christine Falughtery (Noelle) – All In favor 0/Nays. 0/Stays (Unanimous)*
- *Lauren Joeckel – All In favor 0/Nays. 0/Stays (Unanimous)*
- *Danielle Johnson – All In favor 0/Nays. 0/Stays (Unanimous)*
- *Doris McDonald – All In favor 0/Nays. 0/Stays (Unanimous)*
- *Megan Sarikaya – All In favor 0/Nays. 0/Stays (Unanimous)*
- *Cynthia Scribner - All In favor 0/Nays. 0/Stays (Unanimous)*
- *Nicole Ukonnume – All In favor 0/Nays. 0/Stays (Unanimous)*
- *Betsy VanAuker – All In favor 0/Nays. 0/Stays (Unanimous)*
- *Josh Underwood – Dent Ctr Rep – All In favor 0/Nays. 0/Stays (Unanimous)*

➤ New Member Appointments

- *Paula Hewlett - Any questions from the board - N/A. Motion to Approve, 1st- Cheryl Harms, 2nd -Betsy VanUker 0/Nays, 0/Stays- Unanimous*
- *Arianne Odom – Any Questions from the Board – N/A. Motion to approve, 1st- Noelle Flaugherty- 2nd. 0/Nays, 0/Stays- Unanimous*
- *David Payne – Sherriff Dept Liaison – Any Questions from the board- N/A. Motion to Approve –1st- Doris 2nd- Cynthia Scribner. 0/Nays, 0/Nays - Unanimous*
- *Antione White- School Board Rep/At Large Position. Nay questions from the Board -N/A. Motion to approve - 1st- Betsy, 2nd- Cheryl Harms. 0/ Nays, 0/ Stays – Unanimous*
- *Joe Windsor (DCT)- Rep for Judge Chandlee- Circuit – No questions from the board for Joe, Motion to approve – 1st- Cheryl Harms, 2nd- Doris McDonald. 0/Nays,0/ Stays- Unanimous*

V. MAT Anti-Stigma Presentation:

- **MAT Presentation** – Slideshow/PowerPoint – MACS (Maryland Addiction Consultants Service) Google Breakdown/Overview of MACS. AVI Raprahashed- presentation Evidence Based treatments for Opioid use Disorder (OUD). Slideshow Shared via email, attached to the meeting afterwards

VI. Grant Performance Review: End of FY21 Review.

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➤ Discussion on each grant performance. Slideshow shared

- AS027SAS- No questions
- AS153STP- No Questions
- AS372DCT No Questions
- BH005BUP NO questions
- AS219FED – No Questions
- BH004CRS- No Questions
- BH221CSs- MDRN – No Questions
- MH248OTH- Senior Outreach- No Questions
- MH265OTH PATH – No Questions
- MH291OTH –COC- No Questions
- MH026MSZ – No Questions
 - Next year this will be in a friendlier Format-
 - LBHA has posted the Grants Specialist Position.

VII. Advisory Council Member Updates:

- Lisa- DPP- they are distributing narcan0 no one will be turned away- Working with Comm Partners on Abuser Interventions
- Reminder- Safe Talk Flyer- This Saturday – How to talk to people who need to talk to someone who maybe experiencing suicidal thoughts

VIII. Adjourn

- **MEETING ADJOURNED**
 - Motion to Adjourn
- 1st- Betsy VanAuker
- 2nd Cindy Scrivner
- All in Favor – 0-nays- 0-stays- Unanimous

- **Next LBHAC Meeting – December 8, 2021 from 12pm-2pm**

*Respectfully Submitted,
Kristy Kidwell*