

The KEEP YOUR COLON ROLLIN' 5K Run/Walk of 2008

Would like to extend a

Special Thanks To:

**ALL OUR WONDERFUL
PARTICIPANTS
AND
VOLUNTEERS**

**KING'S LANDING PARK
FAISAL BHINDER, MD
RON & JAN SCHMID
JON FRANK
ROCKIN' ROGER'S DJ SERVICE
METRO RUN & WALK
JIM'S AIR
RON SCHREIBER
ROYALLE DINING SERVICES
CALVERT HIGHWAY MAINTENANCE
CHESAPEAKE BAY RUNNING CLUB
REJUVENATION MEDICAL AESTHETICS
SPYRO'S BAGELS
GATEWAY RESTAURANT
PRINCE FREDERICK VOL. FIRE DEPT
HUNTINGTOWN VOL. FIRE DEPT**



Colorectal Cancer remains the second leading cause of cancer death, yet it is also one of the most preventable with regular screening colonoscopies!

GET SCREENED! SAVE YOUR LIFE!

Men and Women—Age 50 & older

- If you have a family history, you should get screened **10 years before** their diagnosis.
- If you have a history of ulcerative colitis or Crohn's Disease, start screening earlier.

Uninsured???
Underinsured???
We can help you
get screened!
Call the Calvert
County Health Dept.
410-535-5400
301-855-1353
x355