

February is American Heart Month



Did you know that:

Heart Disease is the number one cause of death in the United States for men and women?

Heart Disease tends to run in families?

Heart disease is preventable?

Want to know more?



Schedule a No Cost Heart Health Presentation with your Community Health Advocate, Angela Deal at 301-645-0361 or by

email at adeal@jhhc.com





Community Health Advocate Program

Priority Partners' **Community Health Advocate** program enlists individuals from specific geographic areas of the State to provide educational information and resources. They provide classes through local community associations, churches, schools, health departments, Boys and Girls Clubs, Head Start, family resource centers and similar organizations. They participate in local health fairs and community events. They know their communities and have established contacts with neighborhood organizations and government agencies. This allows them to interact on a grassroots and personal level with existing and potential Priority Partners' members.

Our **Community Health Advocates** offer the following programs:

- Ask Me 3-How to be Your Own Health Advocate
- Asthma
- Choices and Chances (STD Education)
- Dealing With Cold Weather
- Dental Health for Children
- Diabetes
- Germs/Flu
- Health Choice/Priority Partners' Overview
- Heart/Cardiovascular Health
- Lead Poisoning
- Nutrition/Obesity
- Smoking Cessation
- Stress Reduction
- What To Do When You're Having A Baby
- What To Do When Your Child Gets Sick
- Women's Health
- Immunizations
- Men's Health

Priority Partners is a low cost/no cost health insurance plan authorized by the State of Maryland. The plan provides health insurance benefits to approximately 170,000 individuals, including working families, pregnant women, grandparent or family guardians, and Medicaid recipients. Eligibility is determined by family size and income. Priority Partners believes strongly that wellness and prevention programs play a vital role in improving an individual's overall health. Priority Partners is owned by Johns Hopkins and the Maryland Community Health System, a group of eight federally qualified health centers located throughout Maryland.

Angela Deal

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