

# ESSENCE OF ADOLESCENT THINKING

## Imaginary Audience:

Everyone out there is looking at me. I am never alone. I am always on stage. Everyone Counts Everything that I do, everything I wear, every thing I say, counts.

## Personal Fable:

I am alone, no one understands me. I am unique. No-one else is experiencing or has ever experienced, what I experience.

## Sense of Immortality:

Because I am unique, I am not like anyone else. Nothing bad will happen to me. I can't die. "It can't happen to me."

## Shift from Concrete to Abstract Thinking:

I am starting to disagree with my friends, my family, my world. I know how I feel. I don't need to be told what is right for me.

## The Future is not Real:

I only care about the here and now. I have to make it through today, tomorrow, this week. I don't understand the future. The things I do today, do not matter to my future, they matter for today.