

LOCAL BEHAVIORAL HEALTH AUTHORITY COUNCIL BI-MONTHLY MEETING MINUTES

Date: Wednesday, April 12, 2023

Time: 12:00 -2:00 pm- Virtual

Facilitator: Local Behavioral Health Authority

In Attendance

Andrea McDonald-Fingland, Kristy Kidwell, Katie Wandishin, Rachel Morgan, Adrienne Ellison, Ed Sullivan, Betsy VanAuker, Judge Michelle Saunders, Nick DeFelice, Megan Sarikaya, Kara Harrer, Josh Underwood, Allison O'Connell, Anita Ray, Samantha Parker, Jennifer Moreland, Joe Windsor, Michael Pheulpin, Doris McDonald, Christine Taylor, Danielle Johnson, Noelle Flaherty

Introductions, Ice Breaker & Approval of Minutes

- Introductions of LBHA staff and all attendees for new members.
- February Meeting Minutes approval.
 - 1st – Noelle Flaherty
 - 2nd- Kara Harrer
 - 0 Nays/0 Stays- All in favor – Unanimous

LBHA Updates

- Andrea McDonald-Fingland-
 - TCA RFP Updates
 - No Applications received; we plan to repost again before asking for adjustments from BHA to the COA.
 - Peer to Peer Proposal update
 - Proposals Due April 7, 2023, two organizations attended the pre-bid meeting.
 - Annual Strategic & Financial Plan Review
 - Strategic: overall good feedback, asked for more specific info moving forward on sub-grantee monitoring, BHA will provide a detailed list for what they are looking for. Also mentioned

wanting data tables labeled. Financial: A few missing documents which were submitted following the meeting

- Narcan Update
 - OTC Narcan- On [3/29/23], the Food and Drug Administration (FDA) released a press release announcing the approval of Narcan, 4 milligram naloxone hydrochloride nasal spray for over the counter, non-prescription use. This is the first naloxone product approved for use without a prescription in the United States. According to the press release, "The timeline for availability and price of this OTC product is determined by the manufacturer. The FDA will work with all stakeholders to help facilitate the continued availability of naloxone nasal spray products during the time needed to implement the Narcan switch from prescription to OTC status, which may take months
 - ❖ Anita ray explained the Narcan will still be available at no cost through prevention, throughout Calvert County.
 - LEAD position
 - Partnering with States Attorney and the Calvert County Sheriff to implement a LEAD program in Calvert County, seeking funding for a Coordinator- describe LEAD model and hopes for program in Calvert County.
- Katie Wandishin
- Dinner For Docs Event
 - April 27, 2023, from 6-8:30 pm to educate medical professionals about the new MAT/MATE regulations and prescribing MOUD; Kick off to a series of trainings to be held over the course of the next year or so
 - Consumer Support Funds available -
 - Adults with MH, Child and Adolescents in need of summer camps, After school activities and BUP medication
 - Upcoming Presentation scheduling for on P2P going Fee for Service and other topics such as how to become certified peer, how to start a support group, etc.
- Child and Adolescents Updates (Sarah Bailey)
- Attended 12 in-school outreach events to promote resources in Calvert County 5 high school health fairs, 7 lunch and learns
 - C&A Resource binder has been presented to 11 different agencies and distributed to 8 different providers.

- Began working on an online resource guide to implement in the next fiscal year.
- LBHA presented “how to start a support group” to one individual from Pathfinder interested in implementing a support group for those who have experienced trauma. To our knowledge, the group has not been implemented at this time.
- Attended 7 different events to distribute resource materials to Calvert parents/caregivers. Currently have 4 upcoming events to distribute more resource materials.
- Residential Coordinator (Kimberly Suarez)
 - Currently for RRP there are 2 openings in general and another 3 will be opening within the week. The current waitlist is short, so additional referrals can be sent over for review.
 - There are Homeless Essentials items still available, there are items like: tents, sleeping bags, hygiene kits, first aid kits, socks, towels, solar banks for charging phones and much more. A Behavioral Health Professional needs to place the order for the Homeless individual, please contact Kim Suarez for any questions.

Opioids & Overdose Presentation & Discussion

- Anita Ray presented and reviewed power point on VSA/RAD/OFRT.
 - Question: Andrea – Could the data be off because we are just looking at overdoses and what’s being sampled?
 - Answer: Anita – Data is based on everything is being sampled.
- Kara Harrer presented and reviewed opioid stewardship goals and progress.
 - No questions

Sub-Committee Updates

- LBHAC Membership Subcommittee-
 - One new applicant for membership, Kim Shoe, Will fill a parent of a child with BH disorder spot.
 - Review and voting of newest applicant, Kim Shoe
 - Motion to Approve
 - ✚ 1st- Ed Sullivan
 - ✚ 2nd- Betsy VanAuker
 - ✚ 0-Nays/0-Stays/ Unanimous
 - ❖ Letter of recommendation forthcoming and will be submitted to the Calvert County Commissioners
- Child and Adolescent Subcommittee-
 - Worked on planning the CCPS Mental Health Fair on May 2nd, 2023.

- Also worked on planning Spring Outreach
- Also discussed/brainstormed ideas for May Mental Health Awareness Month Initiatives, including an art contest, video testimonials from CSM students, and doing a walk for suicide awareness.
- The subcommittee will also be assisting CCFN with planning and implementing Chalk the Walk this year, and possible expansion of Chalk the Walk.
- Behavioral Health Collaboration & Outreach Subcommittee-
 - Initiated the planning of Recovery Fest for September 9, 2023
 - *10 am-2pm
 - AnnMarie Gardens
 - Working on logistics & will be sending out Vendor Signup Flier asap
 - Food, DJ, Vendors, Games, Give-aways
- Crisis Subcommittee Update
 - Data presentation about crisis services utilization. Included Call Hub, Crisis Response (MCT and stabilization), EPS, Urgent Care Coordination reviewing demographics, presenting problem, type of insurance, referral source, time of service, etc.
 - Questions/recommendations:
 - Biggest surprises were overrepresentation of MA in utilization and high proportion of children accessing crisis services.

Work plan Updates –

- Andrea presented and reviewed PowerPoint on current workplan updates. Document will be emailed to council members following the meeting.

Council Member discussion & Updates-

- Jennifer Moreland –
 - Chalk the Walk Event, seventeen new day care providers have signed up, excited to see the participation and new expansions
 - Boys and Girls Club has expanded to Calvert Elementary school and are offering a 6-week summer camp program.
 - PLEASE consider the Boys & Girls Club!
- Ed Sullivan
 - As a reminder we have 3 locations for our Senior Centers
 - North Beach
 - Lusby
 - Prince Frederick

- These centers serve the 50+ population and offer meals, recreation programs and support groups.
- Anita Ray
 - Spring Into Wellness Fair, sponsored by Behavioral and Community Health.
 - May 7th, 2023
 - 10 - 2 pm
 - Jefferson Patterson Park
 - Free food for the first hour.
- Noelle Flaherty
 - If everyone could look at the Calvert Health Website and let Noelle know if any updates or revisions are needed, any feedback is appreciated.

Adjourn

- Motion to adjourn –
 - 1st- Noelle Flaherty
 - 2nd- Anita Ray
 - 0 nays/0 -stays/ Unanimous

Next LBHAC Meeting

June 14, 2023 | 12:00 pm - 2:00 pm.

Respectfully Submitted,
Kristy Kidwell