

LOCAL BEHAVIORAL HEALTH AUTHORITY COUNCIL BI-MONTHLY MEETING MINUTES

Date: Wednesday, February 8, 2023

Time: 12:00-2:00pm- Virtual

Facilitator: Local Behavioral Health Authority

In Attendance

Andrea McDonald-Fingland, Kristy Kidwell, Katie Wandishin, Rachel Morgan, Ariane Odom, Nick DeFelice, Megan Sarikaya, Cynthia Scribner, Doris McDonald, Timothy Maher, Candice D'Agostino, Anita Ray, Allison O'Connell, Noelle Flaherty, Josh Underwood, Edward Sullivan, Timothy Maher, Kara Harrer, Danielle Johnson, David Payne, Samantha Parker, Judge Michelle Saunders.

Introductions, Ice Breaker & Approval of Minutes

Introductions of all attendees for new members.

Ice Breaker – The word you spell incorrectly most often.

December Meeting Minutes approval.

- 1st – Noelle Flaherty
- 2nd Ed Sullivan
- 0 Nays/0 Stays- All in favor – Unanimous

LBHA Updates

Andrea McDonald-Fingland-

- MAT/MATE ACT Updates
 - On December 29, 2022, Congress passed the Mainstreaming Addiction Treatment (MAT) and Medication Access and Training Expansion (MATE) Acts to expand access to buprenorphine for the treatment of opioid use disorder and normalize and enhance substance use care across healthcare settings.
 - MAT ACT
 - ✚ Removes Waiver requirement to prescribe BUP for OUD

- MATE ACT
 - ✚ Requires prescribers of controlled substances to complete an 8 hr. SUD training upon renewing or receiving their DEA license
- Question – Noelle Flaherty – Was this affective in December and adopted at a later date?
 - (A) Katie – BHA guidance suggested this to go into effect immediately without training. Will get clarification from BHA and make everyone aware.
- Inpatient Psychiatric Bed Dashboard- Reviewed, showed the council the actual dashboard.

<https://health.maryland.gov/bha/Pages/hospitalcoordination.aspx>
- CCBHC Updates (Certified Community Health Behavioral Health Centers)
 - SB362- setting up a funding structure for providers and required services, it does not address oversight and accountability for quality of care.
 - Daily Rate
 - Included services
 - ✚ OP MH and SUD
 - ✚ 24 hr. MCT and hotline
 - ✚ Screening, assessment, diagnosis, and risk assessment
 - ✚ Person centered treatment planning
 - ✚ PCP screening and monitoring
 - ✚ TCM
 - ✚ PRP
 - ✚ Peer and Family Support
 - ✚ MOUD
 - ✚ ACT
 - ✚ MH care for military/veterans
- Rollover – Received approval to implement comfort bags and homeless essentials again this year. Supplies have started arriving and we will send out notification when supplies are available to order. Also include distress kits this year.
 - Order forms for Homeless essentials and Comfort bags will be opening this week.

- RFP's
 - o WRC/RCC committee has convened to review application and selected vendor will be contacted shortly.
 - o TCA has been advertised, pre-bid conference is Monday, please encourage eligible providers to sign up
 - o P2P will be issued within the next month or two

Katie Wandishin

- Update on MOUD regulations
 - o LBHA can no longer reimburse medical providers for time spent obtaining their Data Waiver since it is no longer a requirement
- 2 events in the very near future with our Buprenorphine Initiative to break the stigma of MOUD
 - o Panelist event on February 22nd from 11:30am-1:30pm with short presentation followed by a panelist discussion about recovery from SUD, including MOUD CEUs and CMEs offered, along with lunch.
- Dinner for Docs: Let's Talk about Recovery event on April 27th from 6pm-8:30pm
 - o Presentation from physician on MOUD and prescribing it, LBHA presents briefly on Hub and Spoke Model followed by dinner
 - o Must register to attend and flier will be sent out to this group to distribute to any local medical professionals
- RFP has gone out for a new ASO, stay tuned!
- Funding available for: Adults and C&A with mental health (last resort funding)
 - o C&A- summer camps/after school activities
 - o Adults-rent/utilities as long as independent, vital documents, transitional needs
 - o Buprenorphine medications covered for uninsured and underinsured

Child and Adolescents Updates (Sarah Bailey)

- o Currently working on finalizing dates for outreach at spring sports events
- o LBHA attended a mini health fair at the CTA yesterday, and we will also be attending health fairs at HHS and PHS on March 2nd and 30th, respectively.
- o LBHA will also be attending the STEM expo on February 25th to share resources with Calvert County Parents/Caregivers and Youth.

Residential Coordinator (Kimberly Suarez)

- Two bed holds currently; working with SMCN to get beds back online asap

Sub-Committee Updates

LBHAC Membership Subcommittee-

- Review and voting of newest council applicant Melissa August
 - 1ST – Noelle Flaherty
 - 2ND- Cynthia Scribner
 - All in favor – 0- nays 0- stays – Unanimous
- Noelle switching to the position of Parent of an adult
- States Attorney liaison position filled

Member Duties Description

- Participate in results based strategic planning for the public behavioral health system
- Actively participate in at least 1 Advisory Council/Subcommittee project per year
- Attend 60% of meetings annually
- Proxy Designation Letters
 - If you haven't already, please send them over to us
 - We have a template if you need it

Member duties Description - Vote

- 1st- Noelle Flaherty
- 2nd- Cynthia Scribner
- All In Favor/ 0-nay/0-stays- Unanimous

Chair/Vice Chair

- Nominations
 - Chair – No nominations accepted will continue to take nominations
 - ✚ Doris McDonald- Declined Nomination
 - ✚ Betsy VanAuker- Declined Nomination
 - Vice Chair
 - ✚ Nick DeFelice – Accepted Nomination. Summary given on why he is interested in the Vice Chair Position

🇺🇸 Kara Harrer – Accepted Nomination. Summary given on why she is interested in being the Vice Chair

🇺🇸 Anita Ray- Declined Nomination

○ Review and voting in if the Vice Chair

- Votes for Nick DeFelice – 8
- Votes for Kara

❖ Nick DeFelice, has been voted in as your new LBHAC Vice Chair

- **Child and Adolescent Subcommittee-**

- Last met on January 12th, 2023.
 - Discussed upcoming events from other members, including an ongoing sneaker drive with Barstow Acres, the upcoming Health Fairs at HHS and PHS, and upcoming initiatives from CHMC including a teen eating disorder and diabetes support group, and anti-vaping/smoking cessation groups such offered by CCHD.
- Also began discussing spring sports games and established that a rotating schedule should be made for the group as well as that Friday night events would be best.
- We also continued discussing the Mental Health Fair for CCPS in May, including funding for entertainment and speakers for the Cyberbullying/Social Media Safety topic.

- **Behavioral Health Collaboration & Outreach Subcommittee-**

- Last met on January 19th
- Plan to staff the “Ask an Expert” table for the Community Resource event on March 17th
- Discussed upcoming events, including the 2 BUP events as well as the 1000-hour challenge that Calvert Health Medical Center is doing
 - Individual or department wide/groups participate
 - Flier attached
- Discussed Frontline worker project
 - Goal is to do the work to hand a document to the leaders in Calvert County that there are areas in the county that needs improvement by doing gaps analysis, etc. and looking for the ability to make some changes at the larger level.

- **Crisis Subcommittee Update**

- Last Met on January 10th
- Reviewed the ALL-Hazards Disaster Plan for the Annual Plan to ensure updated information is valid.
- Discussed upcoming CIT trainings in Feb, March, May and October.
- Discussed the need and desire to have more residential crisis beds but a lot of work needs to be done to get approval for that
- The Crisis bed registry will now be a resource guide as opposed to real time registry as it is too complex to track.

Program Updates, Including the ACT are up and running at SMCN (Southern Maryland Community Network)

Strategic Planning updates

- Andrea presented a power point and reviewed the newest updates to our strategic planning and goals

Grants Update-

- Rachel presented a power point reviewing the FY23 LBHA Financial Plan
 - No Questions, comments or concerns.

Financial Plan Approval

- Motion to approve FY23 /24 LBHA Final- Financial Plan without question, comment or concern.
 - 1st- Noelle Flaherty
 - Nick DeFelice
 - All in Favor
 - 0 – Nays 0 – Stays Unanimous

Council Member discussion & Updates-

- Candice D’Agostino –
 - Currently working with Calvert Library, Office on Aging, Dept. Social Services and Maryland Coalition of Families to sponsor the Parenting Again Workshop for those community members that are raising children that aren’t theirs, due to Behavioral Health issues with the biological parents. Being held on
 -

- Saturday 4/29/23 at Calvert Library from 10am- 1pm. Please lookout for and share the flyers with peers or clients.
- The drug take back day will be held on 4/29/23 as well, at Southern and Northeast community centers
- Project Grad fundraiser Comedy show on 4/15/23 to help raise money for the four high schools.
- Jennifer Moreland-
 - Community Resource Day 3/17/23 from 2pm-6pm at Calvert Pines Senior Center. Nearly 60 vendors scheduled. Signage and flyers going out soon. Please share flyers.
- Nick DeFelice-
 - Any training collaboration interest are welcome, please contact Nick. The Island Creek building for use is available. As well as sharing events, training etc. on FB page
- Ed Sullivan –
 - Office On Aging has Behavioral Health Therapist in house, on Tuesdays at the Southern Pines location located in the Southern Community Center and Thursdays at Calvert Pines, in Prince Frederick.
 - To new case managers to work on placement for 60 and over homeless and/or in risk of homelessness placement.

Adjourn

Motion to adjourn –

- 1st- Ed Sullivan
- 2nd- Noelle Flaherty
- All in Favor

Next LBHAC Meeting

April 12, 2023 | 12:00pm- 2:00 pm.

Respectfully Submitted,
Kristy Kidwell